Committee Members:
District Committee Member (DCM): Peter M
Alternate DCM: Noelle D
Secretary: Malcolm C
Treasurer: Monty C
Public Information (PI): Joe M
Cooperation with Professionals Chair: Joe M
Corrections Chair: Monty C
Newsletter: Erica H



DISTRICT 9/NOVEMBER 2026
DISTRICT9AANEWSLETTER@GMAIL.COM

NOVEMBER EVENTS & RECOGNITIONS

Nov.2	Phil R	Iona 7:00pm	3 years
Nov. 4	Kirstyn R	Boisdale 7:00pm	1 year
Nov. 4	George MacL	Boisdale 7:00pm	44 years
Nov.16	Colin A	Glace Bay	2 years
Nov.24	Peter	St. Theresa's	4 years
Nov.24	Monty C	Lifeline Group North Sydney 7:00PM	30 years
Nov.22	Mike C	Sydney Mines	16 years
Nov.29	Allan O	Glace Bay	42 years

IN THIS ISSUE

- November Events & Recognitions
- District Contributions
- District Services Needs Your Help
- AA History by George M
- Contact Information
- Current Meeting Schedule

ALL ARE WELCOME!

The next District 9 meeting will be held at Loaves and Fishes (139 Charlotte Street, Sydney) on **Sunday November 15 at 2PM**. Followed by a **Round-Up Meeting at 3PM**

Elections will be held for various service positions in District 9 at the November District 9 Meeting.

Positions:

- **Alternate DCM**
- **District Secretary**
- **District Treasurer**
- **PI/CPC Chairperson**
- **Corrections Chairperson**
- **Newsletter Editor**

Please note: If anyone wishes to stand for a position and cannot attend the district meeting have someone present their resume at the district meeting and if nominated, they may stand for the position

French Speaking Members here to help
Les Alcooliques Anonymes

Les 12 étapes des AA sont les principes du rétablissement personnel. Les 12 traditions garantissent l'unité du mouvement AA. Dans la municipalité régionale du Cap Breton, nous avons plus de 22 groupes AA qui se réunissent 29 fois chaque semaine. Si vous êtes nouveau dans la région de Sydney et vous désirez de l'aide pour arrêter de boire. Je vous invite à communiquer avec Monty au 902-577-7348 afin d'obtenir de l'aide en Français

DISTRICT CONTRIBUTIONS

Groups can send their district contributions by e-transfer to our District Treasurer Monty C. at monty056@hotmail.com

AA's Responsibility Statement: I am responsible when anyone anywhere reaches out for help, I want the hand of AA to be there and for that I am responsible

DISTRICT SERVICE NEEDS YOUR HELP

Round-Up Committee is looking for committee members & volunteers for the 2027 Round-Up (Date TBD). If you want to join the committee, please attend the Round-Up Meeting on November 15 at 3PM	**Corrections Committee** looking for male AND female volunteers to help carry the AA message into the prison. Contact Monty C for details at 250-577-7348.	**Public Information Committee** is looking for help distributing AA pamphlets throughout the CBRM. Contact Joe M for more information at (902) 317-3777 or macjosa@gmail.com	**Cooperation with Professionals Committee** is seeking volunteers. For more information, contact Joe M for more information at (902) 317-3777 or macjosa@gmail.com

AA HISTORY FOR NOVEMBER

Submitted by: George M, Area 82 Chair

DATE	HISTORICAL TIDBIT	
Nov. 1	1947	First group in Alaska
	1963	Rev. Sam Shoemaker dies
3	2001	J. P. Miller, who wrote the screenplay for "The Days of Wine and Roses", dies
9	1966	President Johnson appoints Mary M. to the 1st National Advisory Committee on Alcoholism
10	2001	The first of 400,000 4th Edition Big Books arrives in the mail
11	1934	Bill W's final drunk begins on Veterans Day and lasts about a month
12	1940	The first AA meeting is held in Boston
13	1939	After establishing AA with Dr. Bob, Bill W. wants to go back to work but the drunks in New York urge him to stay on as the head of the movement
14	1940	The Alcoholic Foundation publishes the first AA Bulletin
16	1950	Dr. Bob dies in Akron, Ohio
21	1939	Aas in San Francisco hold the first meeting in Calif. At the Clift Hotel
21	1952	Willard Richardson, past Treasurer and Chairman of the Alcoholic Foundation, dies
26	1895	William Griffith Wilson is born in East Dorset, Vermont
26	1939	Hank P. writes to Bill advocating autonomy for all AA Groups
No date	1941	The first mass AA meeting in Oklahoma City, there were 8 present, one of them was drunk
No Date	1986	The Big Book is first published in paper back
Bill Wilson Quote	***Because of our kinship in suffering, our channels of contact have always been charged with the language of the heart.***	

AA CONTACT INFORMATION DISTRICT 9:

Cape Breton Regional Municipality
LOCAL TELEPHONE ANSWERING SERVICE: 902-562-8019
District Committee Member (DCM): Peter M. (902) 562-0008 peter.marshe@yahoo.com
Alternate DCM: Noelle D (902)292-5700 noelleduffy3@gmail.com
Treasurer: Monty C (902) 577 7348 monty056@hotmail.com
Secretary: Malcolm C malcolmc@gmail.com
Public Information: Joe M (902) 317-3777 or macjosa@gmail.com
Cooperation with Professionals: Joe M (902) 317-3777 or macjosa@gmail.com
Corrections Chair: Monty C (902) 577 7348 monty056@hotmail.com
Newsletter Editor: Erica H (902) 919-6957 district9aanewsletter@gmail.com

AREA 82: Nova Scotia, Newfoundland & Labrador

Website: www.area82aa.org
General Service Delegate (GSD): Dwayne M. gsd@area82aa.org
Area Chair: George M chair@area82aa.org
Area Secretary/Registrar: Nicholas C secretary@area82aa.org
Area Treasurer: Basil MacL treasurer@area82aa.org
Nova Scotia Archivist: Kathy S ns_archivist@area82aa.org
Newfoundland & Labrador Archivist: Jack G nl_archivist@area82aa.org
Area 82 Webmaster: Marie M webmaster@area82aa.org

AREA 82 CONTRIBUTIONS SHOULD BE MAILED & ADRESSED TO:
Basil MacLean
33 Sprucedale Drive
St. John's, NL
AIH 0B9
e-transfers: treasurer@area82aa.org
PLEASE BE SURE TO INCLUDE VENDOR'S NAME, GROUP NAME,GROUP SERVICE NUMBER & DISTRICT NUMBER

DISTRICT CONTRIBUTIONS
Groups can send their district contributions by e-transfer to our District Treasurer Monty C. at monty056@hotmail.com

AA World Services

For general AA information, full list of literature, group registration information and more visit www.aa.org

Al-Anon Family Groups

Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help. **Alateen**, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not. By attending Alateen, teenagers meet other teenagers with similar situations. Alateen is not a religious program and there are no fees or dues to belong to it. Visit www.al-anonmaritimes.ca for more information or call 902-564-5188.

Looking for Chips & Medallions?

Contact Jerry N @

506-292-3265 or
jnmedallions@gmail.com

or

Larry @ 587-717-9049

THE AA SERVICE MANUAL

& 12 CONCEPTS FOR WORLD SERVICE

By Bill W.

ONLINE ZOOM STUDY

Zoom ID: 843 8232 4556

Sundays at 5 PM AST
Beginning Sept. 13, 2026

all are welcome!

Lead Facilitators:
Gerry W. (Area 82 Past Delegate)
Dwayne MacD. (Area 82 Delegate)
Alan W. (Area 84 Past Delegate)
Hosted by Area 82

FORMAT: 1 Hour
(10-Minute Presentation
followed by
50-Minute Discussion / Q&A Sessio

District 4

Annual Lighthouse Round-Up 2026

AA



AA

November 6, 7 & 8

Theme " Stepping Into the Sunlight"

Rodd Grand Hotel
Yarmouth, Nova Scotia

Alcoholics Anonymous & Al-Anon

Banquet – Saturday All You Can Eat Turkey Buffet
Dance follows banquet with DJ

Registration
(All must register to attend)

Registration: Friday starting at 4 pm & all-day Saturday
Registration, Speakers and Dance (no meal): $30
Banquet: $60 Tickets must be purchased by Oct 17th

Rooms available at Rodd Grand Hotel, Rate $112 (Single or Double), block held till Oct. 6th
Toll Free Phone 1-800-565-7633, Room Block #1874372

Registration Chairperson: Al Angrignon (902-247-1587)

E-transfer Payment to: lighthouseroundup@gmail.com

Cheques payable to: " Lighthouse Round-Up"

Mailing Address: 7615 Highway 1, Upper Granville, NS B0S 1A0

Return this portion with cheque:

Name (s): _____

Address/Phone: _____

ALCOHOLICS ANONYMOUS

One Voice, One Message, Many Communities



Remote Communities Forum

Geographically • Linguistically • Culturally Unique.

Sunday, 13 December 2026

1:00 PM Eastern

JOIN ON ZOOM

Click here to join the forum

Meeting ID: 889 0729 6194

Passcode: 241514

Scan to join

— 47TH ANNUAL —

AA & AL-ANON MID WINTER ROUND UP

— ANCHORED IN — Recovery

Feb. 26-28, 2027

Delta Hotel
Dartmouth, NS

Registration $30
Banquet $60



"We are like the passengers of a great liner the moment after rescue from shipwreck when camaraderie, joyousness and democracy pervade the vessel from steerage to Captain's table."

— *p. 17*

SPEAKERS
Experience, Strength & Hope

PANELS
Real Talk. Real Recovery. Real Connection.

WORKSHOPS
Tools for Today

SOBRIETY COUNTDOWN
Celebrating Every Day That Matters

AND MORE
Fellowship, Fun, Food & Connection

RECOVERY ⚓ UNITY ⚓ SERVICE

QUESTIONS?

Contact: midwinterroundup.aahalifax@gmail.com

Time ▲	Meeting	Location / Group	Address	Region
Sunday, 11:00 am	Alano Group	Alano club rooms	10 McKeen St	District 9
Sunday, 11:00 am	Sydney Mines	sydney mines	55 King St	District 9
Sunday, 7:00 pm	Beginner's Meeting	at the "Trailer"	3 Kateri St	District 9
Sunday, 8:00 pm	Alano Group	Alano club rooms	10 McKeen St	District 9
Monday, 10:30 am	Arcano Group	New Waterford	401 Ling St	District 9
Monday, 7:00 pm	Iona 12 & 12 Group	Iona Parish Hall	2516 St Columba Rd	District 9
Monday, 8:00 pm	Reserve Midway	Alano club rooms	10 McKeen St	District 9
Tuesday, 11:00 am	12 & 12 Group	St. Theresa's Church	381 Whitney Ave	District 9
Tuesday, 7:00 pm	12 Step Meeting	Alano club rooms	10 McKeen St	District 9
Tuesday, 7:00 pm	Lifeline Group	St.Josephs Church	34 Archibald Ave	District 9
Tuesday, 8:00 pm	Dominion Sandbar Group	Italian Hall	14 Gatto St	District 9
Wednesday, 11:00 am	Alano Group	Alano club rooms	10 McKeen St	District 9
Wednesday, 7:00 pm	Boisdale Serenity	Fire Hall	3810 Grand Narrows Hwy	District 9
Wednesday, 8:00 pm	Praying Hands Group	Mikmaw Lodge	70 Gabriel St	District 9
Wednesday, 8:00 pm	Arcano Group	New Waterford	401 Ling St	District 9
Wednesday, 8:00 pm	Back-2-Basics	T.W. Curry Community Centre	400 George St	District 9
Thursday, 11:00 am	Friends of Bill Group	St. Theresa's Church	381 Whitney Ave	District 9
Thursday, 7:00 pm	Thursday 12/12 Discussion	Alano club rooms	10 McKeen St	District 9
Tuesday, 7:00 pm	Lifeline Group	St.Josephs Church	34 Archibald Ave	District 9
Tuesday, 8:00 pm	Dominion Sandbar Group	Italian Hall	14 Gatto St	District 9
Wednesday, 11:00 am	Alano Group	Alano club rooms	10 McKeen St	District 9
Wednesday, 7:00 pm	Boisdale Serenity	Fire Hall	3810 Grand Narrows Hwy	District 9
Wednesday, 8:00 pm	Praying Hands Group	Mikmaw Lodge	70 Gabriel St	District 9
Wednesday, 8:00 pm	Arcano Group	New Waterford	401 Ling St	District 9
Wednesday, 8:00 pm	Back-2-Basics	T.W. Curry Community Centre	400 George St	District 9
Thursday, 11:00 am	Friends of Bill Group	St. Theresa's Church	381 Whitney Ave	District 9
Thursday, 7:00 pm	Thursday 12/12 Discussion	Alano club rooms	10 McKeen St	District 9
Thursday, 8:00 pm	Lean On Me Meeting	Online		District 9
Thursday, 8:00 pm	Sydney Mines Group	sydney mines	55 King St	District 9
Friday, 11:00 am	Friday Fellowship Group	St. Theresa's Church	381 Whitney Ave	District 9
Friday, 8:00 pm	Alano Group	Alano club rooms	10 McKeen St	District 9
Friday, 8:00 pm	Westside Group	Spanish River Seniors	1840 Kings Rd	District 9
Saturday, 10:30 am	Big Book Meeting	Alano club rooms	10 McKeen St	District 9
Saturday, 11:00 am	Way of Life Group	Salvation Army Community Church	55 Inglis St	District 9
Saturday, 8:00 pm	Arcano Group	New Waterford	401 Ling St	District 9