

District 4 Newsletter

October, 2026

Digby / Yarmouth Counties

District 4 - In-person meetings:

12 Step Group – Beacon Church, Beacon Street, Yarmouth.

Monday, Wednesday and Saturday nights - Closed Discussion. Meeting times 7:00 PM

24 Hour-A-Day Group - Meteghan Library (basement door), Meteghan.

Thursday night - Closed Discussion. Meeting time 7:00 PM.

Acadian Group - Amiraults Hill Fire Hall, Amiraults Hill.

Sunday morning - Closed Discussion. Meeting time 10:15 AM.

Annapolis Group – 1st Baptist Church, Annapolis Royal.

Wednesday night – Closed Discussion. Meeting time 8:00 PM.

Candlelight A.A. Meeting – Upper Clements Hall, Upper Clements.

Sunday night – Closed Discussion. Meeting time 8:00 PM.

One day at a Time Group - Digby Hospital in the boardroom, Digby.

Monday and Friday nights - Closed Discussion. Meeting time 7:00 PM.

The Nova Group – Temple Church Rectory, Yarmouth.

Sunday night - Step Study Group. Meeting time 7:00 PM.

District 4 - Zoom Meetings:

Digby – One Day at a Time

Monday – Sunday evenings. Open meetings. Meeting time 7:00 PM.

Friday – Tuesday – Open Discussion

Wednesday – Plain Language Big Book reading with open discussion

Thursday – Joe and Charlie tapes with open discussion

Meeting ID: 646 368 284

Password: 841895

District 4 committee members:

DCM:	Al G .	Alt DCM:	Shannon C	Secretary:	Shannon C.
Treasurer:	Rob S.	Literature:	Barrie M.	Wellness:	Vacant
Institutions:	Vacant	Newsletter:	Al G.		

Group GSR's:

<u>12 Step Group - Yarmouth:</u>	Gayle	<u>24 Hr a Day Group - Meteghan:</u>	Dawn C.
<u>Acadian Group - Amiraaults Hill:</u>	Shawn M.	<u>Annapolis Group – Annapolis:</u>	Roy W.
<u>Nova Group - Yarmouth:</u>	Ted M.	<u>One Day at a Time Group-Digby:</u>	Rob S.

Get yourself a Service Sponsor who can show you the ropes of service. 2026 is a great time to volunteer for a position on your District 4 Committee. We sure could use some the help and new faces.

The General Service Representatives, District Committee Members and Area Officers have the opportunity to share, discuss and receive valuable insight that will be of assistance to local groups.

The Twelve Step message is the primary reason for our deliberations.

District 4 Roundup and GSR Meeting:

The final planning committee meeting for the 2026 Lighthouse Roundup will be held at the Meteghan Library at 1:30 PM on the last Sunday of the month October 25th. This meeting will be followed by the monthly District 4 meeting of the GSR's. Just a reminder to all groups that this is a voting year so groups should be looking for new GSR's, etc. Again, all are welcome, come out and see what we do.

Service works ...if you work it.

Group's Birthdays for October, 2026

12 Step Group - Yarmouth: Second Monday of the month, October 12th. Open speaker.

Selena A. – 7 yrs.

24 Hour A Day Group - Meteghan: Last Thursday of the month, October 29th Open speaker meeting.

No birthdays to report.

Acadian Group – Amiraults Hill: Last Sunday of the month October 25th. Meeting at 10:15 A.M. (They do not celebrate)

No birthdays to report.

Annapolis Group – Annapolis Royal: Last Wednesday of the month, October 28th. Open speaker meeting.

No birthdays to report.

Digby Group -One Day at a Time: Last Friday of the month, October 30th. Open speaker meeting.

Becky W. - 16 yrs.

Gil J. – 3 yrs.

Mathew V. – 3 yrs.

Nova Group - Yarmouth: Last Sunday of the month, October 25th. Open speaker meeting.

Elaine C – 34 yrs.

Dan G. – 19 yrs.

District 4 Zoom meeting: Celebrated October 01. Open discussion meeting.

Jeff – 4 yrs.

Jason – 2 yrs.

Area 82 Assembly and Round-up – Oct 9-11, 2026

Corner Brook, NL “Humility in Action”

<https://area82aa.org/events/>

District 4 Annual Lighthouse Round-Up 2026

November 6-8

Theme: "Stepping into the Light"

<https://area82aa.org/events/>

The flyer for the 2026 Lighthouse Roundup in Yarmouth is now on the web site.

All the above and a few more can be seen on the Area 82 web site under events. <https://area82aa.org/events/>

District 4 is bringing AA meetings to the Southwest Correctional Facility in Yarmouth. The meeting time is approx. 8:15 PM on Tuesday evenings. Anyone interested in volunteering please let me know. It would be great to have members from the Yarmouth area to help out.

The person in charge of getting clearance is Steph Nickerson, who is the Education/Program Liaison Officer. Her number is 902-774-1683. It's pretty easy, you call her up and give her your name and other information.

This fall is an election year for Group, District and Area service positions.

If you have any information please feel free to write me an email and I will send all answers along to District.

Any ideas or suggestion as to what should be in our newsletter, please let me know.

Looking for someone to take over the newsletter. If interested please let me know. I can help with birthdays and information.

Yours in service,

Al G.

Cell # - 403-560-8301

District 4, Cell Phone: 902-308-5806