

Committee Members:

District Committee Member (DCM): Peter M
 Alternate DCM: Noelle D
 Secretary: Malcolm C
 Treasurer: Monty C
 Public Information (PI): Joe M
 Cooperation with Professionals Chair: Joe M
 Corrections Chair: Monty C
 Newsletter: Erica H

DISTRICT 9/OCTOBER 2026
 DISTRICT9AANEWSLETTER@GMAIL.COM



OCTOBER EVENTS & RECOGNITIONS

Oct. 1	Dave K	Sydney Mines	8 years
Oct. 4	Rachel S	Sydney Mines	33 years
Oct. 12	Viola B	Glace Bay	16 years
Oct. 12	Danielle W	Glace Bay	23 years
Oct. 15	Carol H	Glace Bay	34 years
Oct. 17	Kodey M	New Waterford 8:00pm	10 years
Oct. 18	Robert MacN	Glace Bay 11:00am	35 years
Nov. 4	Kirstyn R	Boisdale 7:00pm	1 year
Nov. 4	George MacL	Boisdale 7:00pm	44 years

ALL ARE WELCOME!

The next District 9 meeting will be held at Loaves and Fishes (139 Charlotte Street, Sydney) on **Sunday October 18 at 2PM.** Followed by a **Round-Up Meeting at 3PM**

Elections for District 9 will begin at this meeting. Please ensure this message is getting out to your groups. If you wish to put your name forward and cannot attend the district meeting you will need to get someone to present your resume at the October district meeting and someone will have to nominate and second your nomination.

AA's Responsibility Statement: I am responsible when anyone anywhere reaches out for help, I want the hand of AA to be there and for that I am responsible

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French Speaking Members here to help

Les Alcooliques Anonymes

Les 12 étapes des AA sont les principes du rétablissement personnel. Les 12 traditions garantissent l'unité du mouvement AA. Dans la municipalité régionale du Cap Breton, nous avons plus de 22 groupes AA qui se réunissent 29 fois chaque semaine. Si vous êtes nouveau dans la région de Sydney et vous désirez de l'aide pour arrêter de boire. Je vous invite à communiquer avec Monty au 902-577-7348 afin d'obtenir de l'aide en français

DISTRICT CONTRIBUTIONS

Groups can send their district contributions by e-transfer to our District Treasurer Monty C. at monty056@hotmail.com

DISTRICT SERVICE NEEDS YOUR HELP

Round-Up Committee is looking for committee members & volunteers for the 2027 Round-Up (Date TBD). If you want to join the committee, please attend the Round-Up Meeting on October 18 at 3PM.	Corrections Committee looking for male AND female volunteers to help carry the AA message into the prison. Contact Monty C for details at 250-577-7348.	Public Information Committee is looking for help distributing AA pamphlets throughout the CBRM. Contact Joe M for more information at (902) 317-3777 or macjosa@gmail.com	Cooperation with Professionals Committee is seeking volunteers. For more information, contact Joe M at (902) 317-3777 or macjosa@gmail.com
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AA HISTORY FOR OCTOBER

Submitted by: George M, Area 82 Chair

DATE		HISTORICAL TIDBIT
Oct. 1	1957	"Alcoholics Anonymous Comes of Age" is published
2	1944	National Commission for Education on Alcoholism is formed
3	1945	AA Grapevine is adopted as the national publication of AA
6	1988	Lois W., Bill's wife and Co-founder of Al-Anon dies at age 97
10	1970	Lois reads "Bill's Last Message" at a dinner in New York
10	1988	Lois is buried next to Bill in Manchester, Vermont
13	1947	"The Melbourne Group" holds Australia's first meeting
13	1939	Bill gets his Driver's license
17	1935	Ebby T., Bill's sponsor, moves in with Bill and Lois
22	1963	E.M. Jellinek, Alcoholism educator and friend of AA, dies
22	1949	Florence R., AA's 1st sober woman, drinks again and takes her own life
24	1942	The LA times reports that AA groups are now in 14 Calif. cities
24	1973	AA's Trustees Archives Committee has its first meeting
28	1994	National Council on Alcoholism and Drug Dependence celebrates 50 years
No Date	1951	Lasker Award presented to AA in San Francisco
No Date	1958	Playhouse TV airs "The Days of Wine and Roses"
Bill Wilson Quote		AA is no success story in the ordinary sense of the word. It is a story of suffering transmuted, under grace, into spiritual progress.

Big Book Studies in District 9:

Tuesdays at 7PM – 12 Step Meeting - Glace Bay Alano Club Room (10 McKeen Street)

Wednesdays at 8PM – Back-2-Basics – TW Curry Community Centre (400 George Street)

Thursdays at 7PM – 12 & 12 Book Study - Glace Bay Alano Club Room (10 McKeen Street)

Saturdays at 9:30AM – Way of Life Big Book Study – Salvation Army (55 Inglis Street)

Saturdays at 10:30AM – Big Book Meeting – Glace Bay Alano Club Room (10 McKeen Street)



AA CONTACT INFORMATION DISTRICT 9:

Cape Breton Regional Municipality

LOCAL TELEPHONE ANSWERING SERVICE: 902-562-8019

District Committee Member (DCM): Peter M. (902) 562-0008 peter.marshe@yahoo.com

Alternate DCM: Noelle D (902) 292-5700 noelleduffy3@gmail.com

Treasurer: Monty C (902) 577 7348 monty056@hotmail.com

Secretary: Malcolm C malcolmc@gmail.com

Public Information: Joe M (902) 317-3777 or macjosa@gmail.com

Cooperation with Professionals: Joe M (902) 317-3777 or macjosa@gmail.com

Corrections Chair: Monty C (902) 577 7348 monty056@hotmail.com

Newsletter Editor: Erica H (902) 919-6957 district9aanewsletter@gmail.com

AREA 82: Nova Scotia, Newfoundland & Labrador

Website: www.area82aa.org

General Service Delegate (GSD): Dwayne M. gsd@area82aa.org

Area Chair: George M chair@area82aa.org

Area Secretary/Registrar: Nicholas C secretary@area82aa.org

Area Treasurer: Basil MacL treasurer@area82aa.org

Nova Scotia Archivist: Kathy S ns_archivist@area82aa.org

Newfoundland & Labrador Archivist: Jack G nl_archivist@area82aa.org

Area 82 Webmaster: Marie M webmaster@area82aa.org

AREA 82 CONTRIBUTIONS SHOULD BE MAILED & ADDRESSED TO:

Basil MacLean
33 Sprucedale Drive
St. John's, NL
A1H 0B9

e-transfers: treasurer@area82aa.org

PLEASE BE SURE TO INCLUDE VENDOR'S NAME, GROUP NAME, GROUP SERVICE NUMBER & DISTRICT NUMBER

DISTRICT CONTRIBUTIONS

Groups can send their district contributions by e-transfer to our District Treasurer Monty C. at monty056@hotmail.com

AA World Services

For general AA information, full list of literature, group registration information and more visit www.aa.org



**Al-Anon
Family Groups**

Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help. **Alateen**, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not. By attending Alateen, teenagers meet other teenagers with similar situations. Alateen is not a religious program and there are no fees or dues to belong to it. Visit www.al-anonmaritimes.ca for more information or call 902-564-5188.

Looking for Chips & Medallions?

Contact Jerry N @

506-292-3265 or
jnmedallions@gmail.com

or

Larry @ 587-717-9049



AREA 82 – NS & NL

ASSEMBLY & ROUND-UP 2026



“Humility in Action”

Hosted by: District 12

Dates: October 9th, 10th & 11th, 2026

Location: Bennett Hall
11 West Street,
Corner Brook, NL

❖ Registration

- Pre-Registration: \$40
- At the Door: \$45
- Hybrid Option: \$40

❖ Banquet Event

Held at Jennifer's Restaurant, 48-50 Broadway

- 3-Course Meal \$40
- Guest Speaker • Dance

▲ *Limited Seating – Please specify food allergies*

❖ Accommodations

- Greenwood Inn
- Reduced Rates Until Sept, 24th, 2026
- When booking ask for the A.A. Service Group Rate
- Call: 709-634-5381

❖ Event Highlights

- Area Officers & DCMs Meeting at Greenwood Inn
- Assembly: Area 82 Business Meeting (Upstairs)
- Round-Up: (Downstairs)
- Friday Night Jam & Kitchen Party
- (Bring Your Own Instruments!)
- Ice Cream Social – Friday
- Moose Burgers – Saturday (\$5)

Bennett Hall

❖ Contact & Registration ❖

- Alfred S. 709-632-8971
- E-Transfer: cbassembly@gmail.com
- For Information Email: cbassembly@gmail.com



District 4

Annual Lighthouse Round-Up 2026

AA



AA

November 6, 7 & 8

Theme "Stepping Into the Sunlight"

***Rodd Grand Hotel
Yarmouth, Nova Scotia***

Alcoholics Anonymous & Al-Anon

Banquet – Saturday All You Can Eat Turkey Buffet
Dance follows banquet with DJ

Registration
(All must register to attend)

Registration: Friday starting at 4 pm & all-day Saturday
Registration, Speakers and Dance (no meal): \$30
Banquet: \$60 Tickets must be purchased by Oct 17th

Rooms available at **Rodd Grand Hotel**, Rate \$112 (Single or Double), block held till Oct. 6th
Toll Free Phone 1-800-565-7633, Room Block #1874372

Registration Chairperson: Al Angrignon (902-247-1587)

E-transfer Payment to: lighthouseroundup@gmail.com

Cheques payable to: "Lighthouse Round-Up"

Mailing Address: 7615 Highway 1, Upper Granville, NS B0S 1A0

Return this portion with cheque:

Name (s): _____

Address/Phone: _____

THE AA SERVICE MANUAL
& 12 CONCEPTS FOR
WORLD SERVICE
By Bill W.
ONLINE ZOOM STUDY

Zoom ID: 843 8232 4556



Sundays at 5 PM AST
Beginning Sept. 13, 2026

all are welcome!

Lead Facilitators:
Gerry W. (Area 82 Past Delegate)
Dwayne MacD. (Area 82 Delegate)
Alan W. (Area 84 Past Delegate)
Hosted by Area 82

FORMAT: 1 Hour
(10-Minute Presentation
followed by
50-Minute Discussion / Q&A Session)

CERAASA/ASTECAA 2027

Area 88 - Quebec South-East

February 26-28, 2027 - Hotel Sheraton Saint-Hyacinthe, Qc

- ☐ I would like to participate in a presentation
- ☐ I would like to animate or help to organise a panel
- ☐ I would like to be a volunteer at the reception
- ☐ I would like to be a volunteer to advertising and communications
- ☐ I would like to be a volunteer at the suite "Hospitality"
- ☐ I would like to be a transports volunteer



See the 2027 Website: <https://www.ceraasa.org/>

or call toll free 1-844-351-7988 before January 26, 2027 and mention that you are with the CERAASA 2027 group.

There are rooms reserved with a large King bed or two large Queen beds at the cost of \$201./night in single or double occupancy (\$20. more for triple occupancy).

**Sheraton Saint-Hyacinthe - Entrance to the Convention Center
1325, Daniel-Johnson St. West, Saint-Hyacinthe, QC, J2S 8S4**

Current Service Commitment:

- ☐ GSR or Alt. GSR
- ☐ DCM or Alt. DCM
- ☐ District Committee
- ☐ Central Office or Intergroup
- ☐ Area Committee
- ☐ Area Officer
- ☐ Delegate or Alt. Delegate
- ☐ Other Service _____
- ☐ Observer

Past Delegate:

Area _____ Panel _____

Conference Committee

Name _____ Area _____ Phone number _____
Address _____
City _____ Prov/State _____ Postal Code _____ Email _____ (to confirm)
Registration \$50.00 _____ Ice Cream \$15.00 _____ Saturday lunch box \$45.45 _____
Buffet \$55.00 _____ Buffet for guest \$55.00 _____ Total amount _____ **VEGETARIAN MENU PLEASE** _____

Write your check to: Region 88 ASTECAA and send it with your form : ASTECAA/CERAASA 2027, 484 rue Des Forges, apt. 305, Drummondville, QC, J2B 0E4

— 47TH ANNUAL —
AA & AL-ANON
**MID WINTER
ROUND UP**



ANCHORED
— IN —
Recovery

Feb. 26-28, 2027

Delta Hotel
Dartmouth, NS

Registration \$30
Banquet \$60



“We are like the passengers
of a great liner the moment
after rescue from shipwreck
when camaraderie, joyousness
and democracy pervade the
vessel from steerage to
Captain’s table.”

— p. 17

SPEAKERS

Experience,
Strength & Hope

PANELS

Real Talk.
Real Recovery.
Real Connection.

WORKSHOPS

Tools for
Today

**SOBRIETY
COUNTDOWN**

Celebrating Every
Day That Matters

AND MORE

Fellowship,
Fun, Food &
Connection

— **RECOVERY**  **UNITY**  **SERVICE** —

— **QUESTIONS?** —

Contact: midwinterroundup.aahalifax@gmail.com

Time ▲	Meeting	Location / Group	Address	Region
Monday, 10:30 am	Arcano Group	New Waterford	401 Ling St	District 9
Monday, 7:00 pm	Iona 12 & 12 Group	Iona Parish Hall	2516 St Columba Rd	District 9
Monday, 8:00 pm	Reserve Midway	Alano club rooms	10 McKeen St	District 9
Tuesday, 11:00 am	12 & 12 Group	St. Theresa's Church	381 Whitney Ave	District 9
Tuesday, 7:00 pm	12 Step Meeting	Alano club rooms	10 McKeen St	District 9
Tuesday, 7:00 pm	Lifeline Group	St.Josephs Church	34 Archibald Ave	District 9
Tuesday, 8:00 pm	Dominion Sandbar Group	Italian Hall	14 Gatto St	District 9
Wednesday, 11:00 am	Alano Group	Alano club rooms	10 McKeen St	District 9
Wednesday, 7:00 pm	Boisdale Serenity	Fire Hall	3810 Grand Narrows Hwy	District 9
Wednesday, 8:00 pm	Praying Hands Group	Mikmaw Lodge	70 Gabriel St	District 9
Wednesday, 8:00 pm	Arcano Group	New Waterford	401 Ling St	District 9
Wednesday, 8:00 pm	Back-2-Basics	T.W. Curry Community Centre	400 George St	District 9
Thursday, 11:00 am	Friends of Bill Group	St. Theresa's Church	381 Whitney Ave	District 9
Thursday, 2:00 pm	Membertou Group	at the "Trailer"	3 Kateri St	District 9
Thursday, 7:00 pm	Thursday 12/12 Discussion	Alano club rooms	10 McKeen St	District 9
Thursday, 8:00 pm	Lean On Me Meeting	Online		District 9
Thursday, 8:00 pm	Sydney Mines Group	sydney mines	55 King St	District 9
Friday, 11:00 am	Friday Fellowship Group	St. Theresa's Church	381 Whitney Ave	District 9
Friday, 8:00 pm	Alano Group	Alano club rooms	10 McKeen St	District 9
Friday, 8:00 pm	Westside Group	Spanish River Seniors	1840 Kings Rd	District 9
Saturday, 10:30 am	Big Book Meeting	Alano club rooms	10 McKeen St	District 9
Saturday, 11:00 am	Way of Life Group	Salvation Army Community Church	55 Inglis St	District 9
Saturday, 8:00 pm	Arcano Group	New Waterford	401 Ling St	District 9
Sunday, 11:00 am	Alano Group	Alano club rooms	10 McKeen St	District 9
Sunday, 11:00 am	Sydney Mines	sydney mines	55 King St	District 9
Sunday, 7:00 pm	Beginner's Meeting	at the "Trailer"	3 Kateri St	District 9
Sunday, 8:00 pm	Alano Group	Alano club rooms	10 McKeen St	District 9