

UNITY		RECOVERY
District 3 AA NEWSLETTER September 2026		
SERVICE		

The district Newsletter is published monthly. To subscribe to the mailing list , mention birthday's or add any important information, please email: aadistrict3newsletter@gmail.com

Thank you, Mary B

BIRTHDAY ANNOUNCEMENTS

<u>GROUP NAME</u>	<u>DATE AND TIME</u>	<u>CELEBRANTS</u>
Language of the Heart	Open meeting Wednesday, Sept 2 nd at 8pm As of Sept 2 nd , meetings will resume at the Kentville Rec Centre	Reg Y – 43 years
Aylesford	No birthdays but open meeting downstairs	
Kingston	Open speaker meeting Tuesday, Sept 29 th at 8pm	Dave H – 43 years David M – 31 years Joe F – 28 years Gen C – 26 years Austin G – 4 years
Kentville	Open speaker meeting Monday, Sept 28 th at 8pm	Rick K – 2 years
Gaspereau Candlelight	Open speaker meeting Sunday, Sept 20 th at 7pm (Also 40 years for the group)	Jim R – 33 years Larry L – 16 years
Cambridge	No information	
Berwick	Open speaker meeting Friday, Sept 25 th at 8pm	John W – 8 years
Fundy	No birthdays. Meetings will now be permanently held at Unit 1 – 362 Main St in Kentville	
Women's AA In Recovery	No information	

UPCOMING EVENTS

EVENT	DATE	LOCATION
District 5 One Day Roundup (AA and Al-anon welcome). Held at Christ Church Parish Hall	Sat, Sept 12 th	Amherst, NS
Area 82 Fall Assembly. Meetings held at the Bennett Hall. Contact and Registration: Alfred S. 709-632-8981. Email: cbassembly@gmail.com	Oct 9 th - 11 th	Cornerbrook, NL
District 4 Annual Lighthouse Round-Up 2026. “Stepping Into the Sunlight”. Rodd Grand Hotel – Yarmouth. AA and Al-Anon. Registration Chair – Al Angrignon – 902-247-1587	Nov 6 th - 8 th	Yarmouth, NS
ZOOM STUDY EVENT – “ <i>The AA Service Manual combined with Twelve Concepts for World Service</i> ”. Zoom link: 824 1286 8436 Pswd: 275042	Weekly – Tuesday evenings 6:00pm	ZOOM

For more detailed information and event flyers, please visit: area82aa.org/events and/or see the flyer posted on your groups' bulletin board.

“Grapevine and Inspirational Quotes”

1. “Through our failures and trials we get the opportunity to soundly test our merits and virtues.”
2. “Turn toward that power and ask for help whenever you feel disturbed or afraid, the way a plant turns toward the light.”
3. “Whether it was pouring coffee in my home group, or going on a Twelfth-Step call, I entered a new pattern of thinking: I thought not only about myself, but about others.”

INFORMATION SESSIONS and DISTRICT MEETINGS

WHEN: Sunday, September 20th

TIMES: Info session - 1pm

District Meeting – 2pm

WHERE: MAC Centre – 2080 Bishop Mtn Rd – Kingston NS

ALL ARE WELCOME – Please join us.

2025 CROSBIE HOUSE MEETING SCHEDULE
(Meetings held at 7pm)

DATE	GROUP
Tuesday, Sept 1 st	Hantsport – District 12
Tuesday, Sept 8 th	Aylesford – District 3
Tuesday, Sept 15 th	Brooklyn – District 17
Tuesday, Sept 22 nd	Cambridge – District 3
Tuesday, Sept 29 th	Wolfville – District 17
Tuesday, Oct 6 th	Windsor Saturday Night Group – District 17
Tuesday, Oct 13 th	Gaspereau – District 3
Tuesday, Oct 20 th	St Croix – District 17
Tuesday, Oct 27 th	Kingston – District 3
Tuesday, Nov 3 rd	Hantsport – District 12
Tuesday, Nov 10 th	Aylesford – District 10
Tuesday, Nov 17 th	Brooklyn – District 17
Tuesday, Nov 24 th	Cambridge – District 3

DISTRICT 3 TRUSTED SERVANTS – 2025 - 2026

DCM – Mark R – ofc_krupke@hotmail.com - 902-824-2558

Alt DCM – Jay C - jcondie.a@gmail.com - 902-414-9490

Secretary – Joclyn B - burkejoc58@gmail.com - 902-844-0761

Treasurer – John W - jtw444@icloud.com - 506-870-0189

Literature/Grapevine – Dale V - 902-765-8709

CPC/PI – Mark Z - elizabethraye@hotmail.com - 902-840-3807

Newsletter – Mary B - aadistrict3newsletter@gmail.com - 902-824-6184

Information Sessions - Jennifer B – jenifl@me.com - 902-542-0121

Institutions

- **Crosbie House** - Ron M – rmaplebeck@eastlink.ca - 902-670-1761
- **Middleton Detox** – Jamie M – hallsharbour@hotmail.com - 902-670-6339
- **Bridging The Gap** – Danny Y – dryoofting@hotmail.com - 902-680-0263

ADDITIONAL CONTACT INFORMATION

AA Help Line - 902-691-2825

Detox Central Registry - 1-866-640-6700

RECOVERY
(Step 9 , Tradition 9, Concept 9)

Step 9

“Made direct amends to such people wherever possible, except when to do so would injure them or others.”

A tranquil mind is the first requisite for good judgment. Good timing is important in making amends. What is courage? Prudence means taking calculated chances. Amends begin when we join A.A. Peace of mind cannot be bought at the expense of others. Need for discretion. Readiness to take consequences of our past and to take responsibility for well-being of others is spirit of Step Nine.

Tradition 9

“A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.”

Each A.A. group needs the least possible organization. Rotating leadership is the best. The small group may elect its secretary, the large group its rotating committee, and the groups of a large metropolitan area their central or inter-group committee, which often employs a full-time secretary. The trustees of the General Service Board are, in effect, our A.A. General Service Committee. They are the custodians of our A.A. Tradition and the receivers of voluntary A.A. contributions by which we maintain our A.A. General Service Office at New York. They are authorized by the groups to handle our over-all public relations and they guarantee the integrity of our principle newspaper, the A.A. Grapevine. All such representatives are to be guided in the spirit of service, for true leaders in A.A. are but trusted and experienced servants of the whole. They derive no real authority from their titles; they do not govern. Universal respect is the key to their usefulness.

Concept 9

“Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.”

Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous.