

Committee Members:

District Committee Member (DCM): Peter M
 Alternate DCM: Noelle D
 Secretary: Malcolm C
 Treasurer: Monty C
 Public Information (PI): Joe M
 Cooperation with Professionals Chair: Joe M
 Corrections Chair: Monty C
 Newsletter: Erica H

DISTRICT 9/AUGUST 2026
 DISTRICT9AA Newsletter@GMAIL.COM

**IN THIS ISSUE**

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- District Services Needs Your Help
- AA History by George M
- Contact Information
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AUGUST EVENTS & RECOGNITIONS

Aug 2	Rick M	21 years	Glac Bay
Aug 5	Gerard B	29 years	Glac Bay
Aug 10	Pat H	30 years	
Aug 11	Robert R	20 years	Dominion 8 PM
Aug 12	Lorna M	1 year	New Waterford 8PM
Aug 13	Herb R	15 years	Reserve Midway
Aug 14	Bernie M	14 years	Friends of Bill group
Aug 15	Terry F	10 years	New Waterford 8PM
Aug 17	Scott P	5 years	Iona 7PM
Aug 22	New Waterford Group	77 years	New Waterford 8PM
Aug 24	Cat A	3 Years	Iona
Aug 25	Francis M	3 Years	North Sydney
Aug 27	John K	15 years	Membertou Seniors Centre 7:30PM
Aug 29	Karen	24 years	Glac Bay

THE NEXT DISTRICT MEETING WILL BE HELD ON
 SEPTEMBER 20, 2026 at 2PM AT LOAVES & FISHES -
 ALL ARE WELCOME!

**AA History for August**

Submitted by George M. Area 82 Chair

Date		Historical Tidbit
Aug 3	1954	Brinkley S. gets sober at Towns Hospital after his 50th detox
8	1879	Dr. Bob is born in St. Johnsbury, Vermont
11	1965	Akron and New York members begin writing stories for the Big Book
15	1993	E.M. Jellinek is born, he is the author of "The Disease Concept of Alcoholism" and the 'Jellinek Curve'
16	2000	Dr. Bob and Sister Ignatia admit the first alcoholic to St. Thomas Hospital, Akron, Ohio for treatment
18	1955	The 1st Canadian National AA Convention in Halifax, Nova Scotia
25	1965	An AA group donates the Big Book to the public library in Quincy, Mass.
26	1970	Bill W. writes to Dr. Bob to tell him that Works Publishing has been incorporated
28	1980	'24 Hours a Day' is published by Richmond W.
No date		Sales of the Big Book passes 3,000,000

Bill Wilson Quote: It must never be forgotten that the purpose of Alcoholics Anonymous is to sober up alcoholics. There is no religious or spiritual requirement for membership. No demands are made on anyone. An experience is offered which members may accept or reject. That is up to them.

French Speaking Members here to help**Les Alcooliques Anonymes**

Les 12 étapes des AA sont les principes du rétablissement personnel. Les 12 traditions garantissent l'unité du mouvement AA. Dans la municipalité régionale du Cap Breton, nous avons plus de 22 groupes AA qui se réunissent 29 fois chaque semaine. Si vous êtes nouveau dans la région de Sydney et vous désirez de l'aide pour arrêter de boire. Je vous invite à communiquer avec Monty au 902-577-7348 afin d'obtenir de l'aide en

Français

DISTRICT SERVICE NEEDS YOUR HELP

Corrections Committee looking for male **AND female** volunteers to help carry the AA message into the prison.
 Contact Monty C for details at 250-577-7348

Public Information Committee is looking for help distributing AA pamphlets throughout the CBRM. Contact Joe M for more information at (902) 317-3777 or macjosa@gmail.com

Cooperation with Professionals Committee is seeking volunteers. For more information, contact Joe M for more information at (902) 317-3777 or macjosa@gmail.com

AA CONTACT INFORMATION DISTRICT 9:

Cape Breton Regional Municipality

LOCAL TELEPHONE ANSWERING SERVICE: 902-562-8019

District Committee Member (DCM): Peter M. (902) 562-0008 peter.marshe@yahoo.com

Alternate DCM: Noelle D (902) 292-5700 noelleduffy3@gmail.com

Treasurer: Monty C (902) 577 7348 monty056@hotmail.com

Secretary: Malcolm C malcolmc@gmail.com

Public Information: Joe M (902) 317-3777 or macjosa@gmail.com

Cooperation with Professionals: Joe M (902) 317-3777 or macjosa@gmail.com

Corrections Chair: Monty C (902) 577 7348 monty056@hotmail.com

Newsletter Editor: Erica H (902) 919-6957 district9aanewsletter@gmail.com

AREA 82: Nova Scotia, Newfoundland & Labrador

Website: www.area82aa.org

General Service Delegate (GSD): Dwayne M. gsd@area82aa.org

Area Chair: George M chair@area82aa.org

Area Secretary/Registrar: Nicholas C secretary@area82aa.org

Area Treasurer: Basil MacL treasurer@area82aa.org

Nova Scotia Archivist: Kathy S ns_archivist@area82aa.org

Newfoundland & Labrador Archivist: Jack G nl_archivist@area82aa.org

Area 82 Webmaster: Marie M webmaster@area82aa.org

AREA 82 CONTRIBUTIONS SHOULD BE MAILED & ADRESSED TO:

Basil MacLean

33 Sprucedale Drive

St. John's, NL

AIH 0B9

e-transfers: treasurer@area82aa.org

**PLEASE BE SURE TO INCLUDE VENDOR'S NAME,
GROUP NAME, GROUP SERVICE NUMBER &
DISTRICT NUMBER**

DISTRICT CONTRIBUTIONS

Groups can send their district contributions by e-transfer to our District Treasurer Monty C. at monty056@hotmail.com

AA World Services

For general AA information, full list of literature, group registration information and more visit www.aa.org



**Al-Anon
Family Groups**

Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help. **Alateen**, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not. By attending Alateen, teenagers meet other teenagers with similar situations. Alateen is not a religious program and there are no fees or dues to belong to it. Visit www.al-anonmaritimes.ca for more information or call 902-564-5188.

Looking for Chips & Medallions?

Contact Jerry N @
506-292-3265 or
jnmedallions@gmail.com
or
Larry @ 587-717-9049

Windsor and Area

59th Mini Roundup

Aug. 14-16, 2026



Unified in Love and Service

THREE MILE PLAINS HALL

4474 HWY 1, WEST HANTS, NS B0N 2T0



WITH AL-ANON MEETINGS ALL WEEKEND
BASKET RAFFLE ON SUNDAY



REGISTRATION IS \$20 AT THE DOOR. OPEN TO ALL.

INCLUDES: FRIDAY GRATITUDE MEETING 6:00 FOLLOWED BY A JAM SESSION. COFFEE, TEA, FINGER SNACKS AND A LIGHT LUNCH ON SATURDAY, HOT DOGS AND SALADS WITH MOVIE NIGHT FOLLOWED BY A DANCE! SUNDAY SPIRITUAL SPEAKERS AND SOBRIETY COUNTDOWN. CAMPING IS PERMITTED ON THE PREMISES, BRING YOUR TENTS (THERE ARE NO HOOKUPS OR SERVICES FOR TRAILERS) 🌞 PORT-A-POTTIE FOR OUR CAMPERS!

More info? [Lyndy M \(902\)791-0436](tel:9027910436) or [Jim H \(902\)790-3802](tel:9027903802)



District 5



One Day Roundup

AA and Alanon Welcome

When: Saturday, September 12, 2026

Where: Christ Church Parish Hall – Amherst, NS Parish Hall
(ample parking off LaPlanche Street)

Cost: \$15 (includes registration, lunch, meetings, and snacks/coffee/tea)

\$35 (includes registration, lunch, meetings, banquet and snacks/coffee/tea)

For further information or questions please contact:

AA: Sheri K 902-297-2934 or Alanon: Verna 902-660-5563

Etransfer: District5area82@gmail.com

Suggested security question: what's the founders first name?

Suggested password: bill

Itinerary

Time	Event
08:00 – 09:00 am	Registration
09:00 – 12:30 am	meetings
12:30 – 1:30 pm	Lunch (included in registration)
1:45 – 5:00 pm	meetings
5:00 – 6:30 pm	Banquet
7:00 – 7:45 pm	AA speaker meeting
8:00 – 11:00 pm	Fellowship

**** Only 75 Banquet tickets available ****



AREA 82 – NS & NL

ASSEMBLY & ROUND-UP 2026



“Humility in Action”

Hosted by: District 12

Dates: October 9th, 10th & 11th, 2026

Location: Bennett Hall
11 West Street,
Corner Brook, NL

❖ Registration

- Pre-Registration: \$40
- At the Door: \$45
- Hybrid Option: \$40

❖ Banquet Event

Held at Jennifer's Restaurant, 48-50 Broadway

- 3-Course Meal \$40
- Guest Speaker • Dance

▲ *Limited Seating – Please specify food allergies*

❖ Accommodations

- Greenwood Inn
- Reduced Rates Until Sept, 24th, 2026
- When booking ask for the A.A. Service Group Rate
- Call: 709-634-5381

❖ Event Highlights

- Area Officers & DCMs Meeting at Greenwood Inn
- Assembly: Area 82 Business Meeting (Upstairs)
- Round-Up: (Downstairs)
- Friday Night Jam & Kitchen Party
- (Bring Your Own Instruments!)
- Ice Cream Social – Friday
- Moose Burgers – Saturday (\$5)

Bennett Hall

❖ Contact & Registration ❖

- Alfred S. 709-632-8971
- E-Transfer: cbassembly@gmail.com
- For Information Email: cbassembly@gmail.com



District 4

Annual Lighthouse Round-Up 2026

AA



AA

November 6, 7 & 8

Theme "Stepping Into the Sunlight"

***Rodd Grand Hotel
Yarmouth, Nova Scotia***

Alcoholics Anonymous & Al-Anon

Banquet – Saturday All You Can Eat Turkey Buffet
Dance follows banquet with DJ

Registration
(All must register to attend)

Registration: Friday starting at 4 pm & all-day Saturday
Registration, Speakers and Dance (no meal): \$30
Banquet: \$60 Tickets must be purchased by Oct 17th

Rooms available at **Rodd Grand Hotel**, Rate \$112 (Single or Double), block held till Oct. 6th
Toll Free Phone 1-800-565-7633, Room Block #1874372

Registration Chairperson: Al Angrignon (902-247-1587)

E-transfer Payment to: lighthouseroundup@gmail.com

Cheques payable to: "Lighthouse Round-Up"

Mailing Address: 7615 Highway 1, Upper Granville, NS B0S 1A0

Return this portion with cheque:

Name (s): _____

Address/Phone: _____

**You are invited to accompany us
On our Journey as we start a study of**

THE A.A. SERVICE MANUAL

combined with

TWELVE CONCEPTS FOR WORLD SERVICE

**Starting November 18th
at 6:30 NL time, 6:00 NS time**

by Bill W.



Zoom Link: 824 1286 8436

PW: 275042



Sessions will initially be led by the current GSD for Area 82, Dwayne MacD and Panel 73 Delegate Gerry W . Our hope is to involve any Past Delegates who are interested to help lead our sessions. Our overall goal is to expand our knowledge of the Service Manual and our Twelve Concepts

None of us are experts, our intent is to grow and learn as we study
the material together

All are Welcome

We will be using the

**2024-2026 Edition
REVISED AND UPDATED**

Time ▲	Meeting	Location / Group	Address	Region
Sunday, 11:00 am	Alano Group	Alano club rooms	10 McKeen St	District 9
Sunday, 11:00 am	Sydney Mines	sydney mines	55 King St	District 9
Sunday, 7:00 pm	Beginner's Meeting	at the "Trailer"	3 Kateri St	District 9
Sunday, 8:00 pm	Alano Group	Alano club rooms	10 McKeen St	District 9
Monday, 10:30 am	Arcano Group	New Waterford	401 Ling St	District 9
Monday, 7:00 pm	Iona 12 & 12 Group	Iona Parish Hall	2516 St Columba Rd	District 9
Monday, 8:00 pm	Reserve Midway	Alano club rooms	10 McKeen St	District 9
Tuesday, 11:00 am	12 & 12 Group	St. Theresa's Church	381 Whitney Ave	District 9
Tuesday, 7:00 pm	12 Step Meeting	Alano club rooms	10 McKeen St	District 9
Tuesday, 7:00 pm	Lifeline Group	St.Josephs Church	34 Archibald Ave	District 9
Tuesday, 8:00 pm	Dominion Sandbar Group	Italian Hall	14 Gatto St	District 9
Wednesday, 11:00 am	Alano Group	Alano club rooms	10 McKeen St	District 9
Wednesday, 7:00 pm	Boisdale Serenity	Fire Hall	3810 Grand Narrows Hwy	District 9
Wednesday, 8:00 pm	Praying Hands Group	Mikmaw Lodge	70 Gabriel St	District 9
Wednesday, 8:00 pm	Arcano Group	New Waterford	401 Ling St	District 9
Wednesday, 8:00 pm	Back-2-Basics	T.W. Curry Community Centre	400 George St	District 9
Thursday, 11:00 am	Friends of Bill Group	St. Theresa's Church	381 Whitney Ave	District 9
Thursday, 7:00 pm	Thursday 12/12 Discussion	Alano club rooms	10 McKeen St	District 9
Thursday, 7:30 pm	Membertou Group	undefined	113 B Membertou St	District 9
Thursday, 8:00 pm	Lean On Me Meeting	Online		District 9
Thursday, 8:00 pm	Sydney Mines Group	sydney mines	55 King St	District 9
Friday, 11:00 am	Friday Fellowship Group	St. Theresa's Church	381 Whitney Ave	District 9
Friday, 8:00 pm	Alano Group	Alano club rooms	10 McKeen St	District 9
Friday, 8:00 pm	Westside Group	Spanish River Seniors	1840 Kings Rd	District 9
Saturday, 10:30 am	Big Book Meeting	Alano club rooms	10 McKeen St	District 9
Saturday, 11:00 am	Way of Life Group	Salvation Army Community Church	55 Inglis St	District 9
Saturday, 8:00 pm	Arcano Group	New Waterford	401 Ling St	District 9