Committee Members:
District Committee Member (DCM): Peter M
Alternate DCM: Noelle D
Secretary: Malcolm C
Treasurer: Monty C
Public Information (PI): Joe M
Cooperation with Professionals Chair: Joe M
Corrections Chair: Monty C
Newsletter: Erica H

DISTRICT 9/JULY 2026
DISTRICT9AANEWSLETTER@GMAIL.COM

JULY

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JULY EVENTS & RECOGNITIONS

July 11	Lorna T	1 year	Way of Life Salvation Army 11AM
July 11	Norm	22 years	New Waterford
July 16	Les B	19 years	Glace Bay
July 16	Noelle S	5 years	Sydney Mines 8PM
July 17	Glayan W	10 years	Glace Bay
July 18	Margaree Days,10AM Captain Allen School, 88 Coady Road		
July 24	Pete McI	3 years	Glace Bay
July 25	Louie F	23 years	New Waterford

THERE WILL BE NO DISTRICT MEETINGS DURING THE SUMMER MONTHS (JULY & AUGUST)

THE NEXT DISTRICT MEETING WILL BE HELD ON SEPTEMBER 20, 2026 at 2PM AT LOAVES & FISHES – ALL ARE WELCOME!

DISTRICT SERVICE NEEDS YOUR HELP

Corrections Committee looking for male **AND female** volunteers to help carry the AA message into the prison. Contact Monty C for details at 250-577-7348

Public Information Committee is looking for help distributing AA pamphlets throughout the CBRM. Contact Joe M for more information at (902) 317-3777 or macjosa@gmail.com

Cooperation with Professionals Committee is seeking volunteers. For more information, contact Joe M for more information at (902) 317-3777 or macjosa@gmail.com

AA History for July

Submitted by George M. Area 82 Chair

Date		Historical Tidbit
July 2	1960	Fr. Ed Dowling dies
	1965	The 'Best of Bill' and 'Pocket Size 12 and 12' was first sold
	1965	La Vigne, Canadian French Grapevine first published
	1993	50 years of AA celebrated in Canada
	2000	20 millionth Big Book given to Al-Anon in Minneapolis
2-3	1955	Bill W. turns "the fellowship over to the fellowship" as 5,000 attend the 20th anniversary at St. Louis Convention
2-4	1965	10,000 attend 30th anniversary of AA in Toronto. Reg B. from Halifax (Bill W. was his sponsor) introduced the Responsibility Declaration
3-5	1970	10,900 attend 35th anniversary in Miami; Bill W. gave his last talk to AA
3-6	1980	22,500 attend 45th anniversary in New Orleans
4-6	1975	19,800 attend 40th anniversary in Denver; world's largest coffee server serves ½ million cups a day
5	1985	AA gives Ruth Hock the 5,000,000th Big Book during the 50th AA Anniversary in Montreal, CA
5	1990	AA gives Nell Wing the 10,000,000th Big Book during the 55th anniversary in Seattle, WA
3-6	1980	Gay AAs have their own program at 40th anniversary in New Orleans
5-7	1985	45,000 attend 50th anniversary in Montreal. House of Seagrams flew their flag at half-mast for 3 days
7	1940	Bill W. attends Summer Session at School of Alcohol Studies at Yale University
5-8	1990	48,000 attend 55th anniversary in Seattle; 75 countries were represented as the former Soviet Union members attend for the first time
22	1877	William Duncan Silkworth is born in Brooklyn, NY
28-30	1950	The 1st AA Convention celebrates the 15th anniversary of AA in Cleveland
31	1972	Rollie H. dies sober in Washington, DC

Bill Wilson Quote: Almost without exception alcoholics are tortured by loneliness.

French Speaking Members here to help
Les Alcooliques Anonymes

Les 12 étapes des AA sont les principes du rétablissement personnel. Les 12 traditions garantissent l'unité du mouvement AA. Dans la municipalité régionale du Cap Breton, nous avons plus de 22 groupes AA qui se réunissent 29 fois chaque semaine. Si vous êtes nouveau dans la région de Sydney et vous désirez de l'aide pour arrêter de boire. Je vous invite à communiquer avec Monty au 902-577-7348 afin d'obtenir de l'aide en

Français

AA CONTACT INFORMATION DISTRICT 9:

Cape Breton Regional Municipality
LOCAL TELEPHONE ANSWERING SERVICE: 902-562-8019
District Committee Member (DCM): Peter M. (902) 562-0008 peter.marshe@yahoo.com
Alternate DCM: Noelle D (902)292-5700 noelleduffy3@gmail.com
Treasurer: Monty C (902) 577 7348 monty056@hotmail.com
Secretary: Malcolm C malcolmc@gmail.com
Public Information: Joe M (902) 317-3777 or macjosa@gmail.com
Cooperation with Professionals: Joe M (902) 317-3777 or macjosa@gmail.com
Corrections Chair: Monty C (902) 577 7348 monty056@hotmail.com
Newsletter Editor: Erica H (902) 919-6957 district9aanewsletter@gmail.com

AREA 82: Nova Scotia, Newfoundland & Labrador
Website: www.area82aa.org
General Service Delegate (GSD): Dwayne M. gsd@area82aa.org
Area Chair: George M chair@area82aa.org
Area Secretary/Registrar: Nicholas C secretary@area82aa.org
Area Treasurer: Basil MacL treasurer@area82aa.org
Nova Scotia Archivist: Kathy S ns_archivist@area82aa.org
Newfoundland & Labrador Archivist: Jack G nl_archivist@area82aa.org
Area 82 Webmaster: Marie M webmaster@area82aa.org

AREA 82 CONTRIBUTIONS SHOULD BE MAILED & ADRESSED TO:
Basil MacLean
33 Sprucedale Drive
St. John's, NL
AIH 0B9
e-transfers: treasurer@area82aa.org
PLEASE BE SURE TO INCLUDE VENDOR'S NAME, GROUP NAME,GROUP SERVICE NUMBER & DISTRICT NUMBER

DISTRICT CONTRIBUTIONS
Groups can send their district contributions by e-transfer to our District Treasurer Monty C. at monty056@hotmail.com

AA World Services
For general AA information, full list of literature, group registration information and more visit www.aa.org

Al-Anon Family Groups

Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help. **Alateen**, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not. By attending Alateen, teenagers meet other teenagers with similar situations. Alateen is not a religious program and there are no fees or dues to belong to it. Visit www.al-anonmaritimes.ca for more information or call 902-564-5188.

Looking for Chips & Medallions?
Contact Jerry N @
506-292-3265 or
jnmedallions@gmail.com
or
Larry @ 587-717-9049

MARGAREE XII STEP GROUP

AA DAYS!!!

Saturday July 18, 2026
Captain Allen School, 88 Coady Road

ONE DAY AT A TIME

Just off Rte 19 at Southwest Margaree—turn at the bridge.
WATCH for the signs.

10 AM Welcome Mtg….Cheticamp, Baddeck and Port Hood Groups.

11:15 AM…..Glendale and Skye Glen Groups

12:15 PM….. BBQ lunch

1:30 PM,,,, District 7 Groups

2:45 PM….. Alcathon Group, from Sydney

4:00 PM…..Disrict 9 Groups

5 PM…..Supper

6 PM….Discussion meeting

As well, starting at about 5:30 in the lunchroom, enjoy an Olde Tyme Cape Breton Kitchen Party. Bring your instruments and voices and join in the celebration

8 PM… Margaee XII Step Group 57-year anniversary meeting. Inverness and Margaree Groups.

7th tradition, $20

COME AND BRING A FRIEND, SPONSOR OR SPONSEE

SEE YOU IN MARGAREE

A Message of Hope

DISTRICT 6

MID SUMMER ROUND UP

EARLY BIRD FLYER!

Venue: The Best Western Truro, NS

Date: July 24-26/26

Contact: Chair Laura C 902-957-3454

District 17

59th Annual Windsor and Area

A.A. Mini Round-up

August 14, 15 & 16, 2026

Three Mile Plains Hall, 4478 Hwy #1

Theme

To be determined

Registration begins Saturday at 7:30 a.m.

No pre-registration

More information call 902-791-0436 or 902-798-7470

A.A. & Al-Anon meetings, Saturday lunch buffet,
Speakers, Kitchen Party, Sunday Morning Spiritual Sing-Along,
Spiritual Speakers and Sobriety Countdown.

Friday night meeting at the hall at 7:00

There will be designated RV parking and "rough camping" spots available. Please confirm with us prior to your arrival if you intend to use either of these options. Please do not leave your pets unattended. The SMOKING AREA will be located outside the back door of the hall. Seating will be available there.

Time ▲	Meeting	Location / Group	Address	Region
Sunday, 11:00 am	Alano Group	Alano club rooms	10 McKeen St	District 9
Sunday, 11:00 am	Sydney Mines	sydney mines	55 King St	District 9
Sunday, 7:00 pm	Beginner's Meeting	at the "Trailer"	3 Kateri St	District 9
Sunday, 8:00 pm	Alano Group	Alano club rooms	10 McKeen St	District 9
Monday, 10:30 am	Arcano Group	New Waterford	401 Ling St	District 9
Monday, 7:00 pm	Iona 12 & 12 Group	Iona Parish Hall	2516 St Columba Rd	District 9
Monday, 8:00 pm	Reserve Midway	Alano club rooms	10 McKeen St	District 9
Tuesday, 11:00 am	12 & 12 Group	St. Theresa's Church	381 Whitney Ave	District 9
Tuesday, 7:00 pm	12 Step Meeting	Alano club rooms	10 McKeen St	District 9
Tuesday, 7:00 pm	Lifeline Group	St.Josephs Church	34 Archibald Ave	District 9
Tuesday, 8:00 pm	Dominion Sandbar Group	Italian Hall	14 Gatto St	District 9
Wednesday, 11:00 am	Alano Group	Alano club rooms	10 McKeen St	District 9
Wednesday, 7:00 pm	Boisdale Serenity	Fire Hall	3810 Grand Narrows Hwy	District 9
Wednesday, 8:00 pm	Praying Hands Group	Mikmaw Lodge	70 Gabriel St	District 9
Wednesday, 8:00 pm	Arcano Group	New Waterford	401 Ling St	District 9
Wednesday, 8:00 pm	Back-2-Basics	T.W. Curry Community Centre	400 George St	District 9
Thursday, 11:00 am	Friends of Bill Group	St. Theresa's Church	381 Whitney Ave	District 9
Thursday, 7:00 pm	Thursday 12/12 Discussion	Alano club rooms	10 McKeen St	District 9
Thursday, 7:30 pm	Membertou Group	undefined	113 B Membertou St	District 9
Thursday, 8:00 pm	Lean On Me Meeting	Online		District 9
Thursday, 8:00 pm	Sydney Mines Group	sydney mines	55 King St	District 9
Friday, 11:00 am	Friday Fellowship Group	St. Theresa's Church	381 Whitney Ave	District 9
Friday, 8:00 pm	Alano Group	Alano club rooms	10 McKeen St	District 9
Friday, 8:00 pm	Westside Group	Spanish River Seniors	1840 Kings Rd	District 9
Saturday, 10:30 am	Big Book Meeting	Alano club rooms	10 McKeen St	District 9
Saturday, 11:00 am	Way of Life Group	Salvation Army Community Church	55 Inglis St	District 9
Saturday, 8:00 pm	Arcano Group	New Waterford	401 Ling St	District 9