

<i>UNITY</i>		<i>RECOVERY</i>	
District 3 AA NEWSLETTER July 2026			
<i>SERVICE</i>			

The district Newsletter is published monthly. To subscribe to the mailing list , mention birthday's or add any important information, please email: aadistrict3newsletter@gmail.com

Thank you, Mary B

BIRTHDAY ANNOUNCEMENTS

<u>GROUP NAME</u>	<u>DATE AND TIME</u>	<u>CELEBRANTS</u>
Language of the Heart	Open speaker meeting – Wednesday, July 1 st at 8pm (Kentville Rec Centre). Also due to renovations as of July 7 th , meetings will be held at the UNIFOR office 362 Main St until further notice	Danny Y – 28 years
Aylesford	Open speaker meeting – Sunday, July 26 th at 8pm Meeting held upstairs.	June S – 5 years
Kingston	Open speaker meeting Tuesday, July 28th at 8pm	Ed K – 44 years
Kentville	No birthdays	
Gaspereau Candlelight	No birthdays	
Cambridge	Open speaker meeting Thursday, July 30 th at 8pm	Richard S – 48 years
Berwick	No birtthdays	
Fundy	No birthday information. Due to renovations, Sunday 11am meetings will be held at the UNIFOR office 362 Main St. in Kentville from mid-June until the end of August.	
Women's AA In Recovery	Open speaker meeting Wednesday, July 29 th at 7pm	Rachael D – 16 years

UPCOMING EVENTS

EVENT	DATE	LOCATION
District 6 Mid-Summer Roundup - “A Message of Hope”. To be held at the Best Western in Truro, NS	July 24 th - 26 th	Truro, NS
District 17 - 59th Annual Windsor and Area AA Mini Round-up - “Unified in Love and Service”. Held at the Three Mile Plains Hall – 4478 Hwy 1	Aug 14 th - 16 th	Three Mile Plains , NS
District 5 One Day Roundup (AA and Al-anon welcome). Held at Christ Church Parish Hall	Sat, Sept 12 th	Amherst, NS
Area 82 Fall Assembly. Meetings held at the Bennett Hall. Contact and Registration: Alfred S. 709-632-8981. Email: cbassembly@gmail.com	Oct 9 th - 11 th	Cornerbrook, NL
ZOOM STUDY EVENT – “The AA Service Manual combined with Twelve Concepts for World Service”. Zoom link: 824 1286 8436 Pswd: 275042	Weekly – Tuesday evenings 6:00pm	ZOOM

For more detailed information and event flyers, please visit: area82aa.org/events and/or see the flyer posted on your groups' bulletin board.

“Grapevine and Inspirational Quotes”

1. “When you’ve been lost, lonely, forgotten, rejected, it’s the most important thing in the world to have somebody shake your hand.”
2. “The most important factor in eliminating resentments is to know you have them. You can’t fix something if you don’t know what’s wrong.”
3. “Neither God nor AA can help us if we are not open to help.”

INFORMATION SESSIONS and DISTRICT MEETINGS

WHEN: The 3rd Sunday of every month.

WHERE: MAC Centre – 2080 Bishop Mtn Rd – Kingston NS

TIMES: District Meeting – 1pm (for July and August)

NOTE: There will be no information sessions for July and August

ALL ARE WELCOME – Please join us.

2025 CROSBIE HOUSE MEETING SCHEDULE
(Meetings held at 7pm)

DATE	GROUP
Tuesday, July 7 th	Aylesford – District 3
Tuesday, July 14 th	Brooklyn – District 17
Tuesday, July 21 st	Cambridge – District 3
Tuesday, July 28 th	Wolfville – District 17
Tuesday, Aug 4 th	Windsor Saturday Night Group – District 17
Tuesday, Aug 11 th	Gaspereau – District 3
Tuesday, Aug 18 th	St Croix – District 17
Tuesday, Aug 25 th	Kingston – District 3
Tuesday, Sept 1 st	Hantsport – District 12
Tuesday, Sept 8 th	Aylesford – District 3
Tuesday, Sept 15 th	Brooklyn – District 17
Tuesday, Sept 22 nd	Cambridge – District 3
Tuesday, Sept 29 th	Wolfville – District 17

DISTRICT 3 TRUSTED SERVANTS – 2025 - 2026

DCM – Mark R – ofc_krupke@hotmail.com - 902-824-2558

Alt DCM – Jay C - jcondie.a@gmail.com - 902-414-9490

Secretary – Joclyn B - burkejoc58@gmail.com - 902-844-0761

Treasurer – John W - jtw444@icloud.com - 506-870-0189

Literature/Grapevine – Dale V - 902-765-8709

CPC/PI – Mark Z - elizabethraye@hotmail.com - 902-840-3807

Newsletter – Mary B - aadistrict3newsletter@gmail.com - 902-824-6184

Information Sessions - Jennifer B – jenifl@me.com - 902-542-0121

Institutions

- **Crosbie House** - Ron M – rmapplebeck@eastlink.ca - 902-670-1761
- **Middleton Detox** – Jamie M – hallsharbour@hotmail.com - 902-670-6339
- **Bridging The Gap** – Danny Y – dryoofig@hotmail.com - 902-680-0263

ADDITIONAL CONTACT INFORMATION

AA Help Line - 902-691-2825

Detox Central Registry - 1-866-640-6700

RECOVERY
(Step 7, Tradition 7, Concept 7)

Step 7

“Humbly asked Him to remove our shortcomings.”

What is humility? What can it mean to us? The avenue to true freedom of the human spirit. Necessary aid to survival. Value of ego-puncturing. Failure and misery transformed by humility. Strength from weakness. Pain is the admission price to new life. Self-centered fear chief activator of defects. Step Seven is change in attitude which permits us to move out of ourselves toward God.

Tradition 7

“Every A.A. group ought to be fully self-supporting, declining outside contributions.”

The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals, or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose.

Concept 7

“The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.”

The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purse for its final effectiveness.