

Committee Members:

District Committee Member (DCM): Peter M
Alternate DCM: Noelle D
Secretary: Malcolm C
Treasurer: Monty C
Public Information (PI): Joe M
Cooperation with Professionals Chair: Joe M
Corrections Chair: Monty C
Newsletter: Erica H



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MAY EVENTS & RECOGNITIONS

May 2	Melissa A	1 year	Margaree
May 6	Angie S	1 year	New Waterford 8PM Open Speaker
May 10	Isle Madame group will be visiting the Glace Bay Alano group and putting on the IIAM meeting on Mother's Day		
May 17	Charlie R	26 years	Sydney Mines
May 17	Erica H	2 years	Glace Bay
May 18	Iona Group	9 years	Iona 7PM
May 21	Larry	12 years	St. Theresa's
May 22	Angus	35 years	Dominion
Upcoming Service Weekends: NS Service Weekend May 15, 16, 17 – 2026 NL Service Weekend May 29, 30, 31 – 2026			
ALL ARE WELCOME! The next District 9 meeting will be held at Loaves and Fishes (139 Charlotte Street, Sydney) on Sunday MAY 24 at 2PM			

DISTRICT SERVICE NEEDS YOUR HELP

Corrections Committee looking for male AND female volunteers to help carry the AA message into the prison. Contact Monty C for details at 250-577-7348

Public Information Committee is looking for help distributing AA pamphlets throughout the CBRM. Contact Joe M for more information at (902) 317-3777 or macjosa@gmail.com

Cooperation with Professionals Committee is seeking volunteers. For more information, contact Joe M for more information at (902) 317-3777 or macjosa@gmail.com

**French Speaking Members here to help
Les Alcooliques Anonymes**

Les 12 étapes des AA sont les principes du rétablissement personnel. Les 12 traditions garantissent l'unité du mouvement AA. Dans la municipalité régionale du Cap Breton, nous avons plus de 22 groupes AA qui se réunissent 29 fois chaque semaine. Si vous êtes nouveau dans la région de Sydney et vous désirez de l'aide pour arrêter de boire. Je vous invite à communiquer avec Monty au 902-577-7348 afin d'obtenir de l'aide en Français

AA HISTORY FOR APRIL

Submitted by: George M, Area 82 Chair

Date		Historical Tidbit
May 4	1946	Marty Mann explained Alcoholics Anonymous and the National Committee for Education on Alcoholism on the "We the People" radio show
7	1956	The first English AA Convention was held in Cheltenham, England
8	1943	Akron AA group had its 8th anniversary celebration with 500 present and sober
	1971	Bill Wilson was buried in a private ceremony
11	1935	From the Mayflower Hotel, Bill Wilson called Walter Tunks who referred him to Henrietta Seiberling who introduced Bill to Dr. Bob
12	1935	Mother's Day – Bill Wilson and Dr. Bob Smith met for the first time in Akron, Ohio at the home of Henrietta Seiberling
14	1998	Sybil C. the first woman to enter AA west of the Mississippi, died. Her sobriety date was Mar. 23, 1941
15	1961	Bill Wilson's mother, Emily Strobell, died
16	1941	Ruth Hock learned that Joe W., the man credited with coming up with the name 'Alcoholics Anonymous', had wet brain
17	1942	The Journal-Herald in Dayton, Ohio, ran a story on AA with photos of members in Halloween masks to protect their anonymity
18	1950	Dr. Bob told Bill "I reckon we ought to be buried like other folks" after hearing that local AAs wanted a huge memorial
19	2000	Dr. Paul Ohliger died at the age of 83; his story, "Doctor, Alcoholic, Addict" was retitled "Acceptance Was the Answer" in the 4th edition
29	1980	"Dr. Bob and the Good Oldtimers" AAWS biography of AA cofounder and a history of early mid-west AA, was published
31	1938	Bill and other AAs began writing the Big Book
No date	1942	Richmond Walker, author of "Twenty-Four Hours a Day" had his last drink
No date	1946	The Long Form of the Twelve Traditions was published in the AA Grapevine
No date	1946	The AA Grapevine announced: AA has 6,000 members in 180 groups
No date	1951	Al-Anon was founded by Lois Wilson and Anne B.
Bill Wilson Quote: You can't think your way into right action, but you can act your way into right thinking		

AA CONTACT INFORMATION DISTRICT 9:

Cape Breton Regional Municipality

LOCAL TELEPHONE ANSWERING SERVICE: 902-562-8019

District Committee Member (DCM): Peter M. (902) 562-0008 peter.marshe@yahoo.com

Alternate DCM: Noelle D (902)292-5700 noelleduffy3@gmail.com

Treasurer: Monty C (902) 577 7348 monty056@hotmail.com

Secretary: Malcolm C malcolmc@gmail.com

Public Information: Joe M (902) 317-3777 or macjosa@gmail.com

Cooperation with Professionals: Joe M (902) 317-3777 or macjosa@gmail.com

Corrections Chair: Monty C (902) 577 7348 monty056@hotmail.com

Newsletter Editor: Erica H (902) 919-6957 district9aanewsletter@gmail.com

AREA 82: Nova Scotia, Newfoundland & Labrador

Website: www.area82aa.org

General Service Delegate (GSD): Dwayne M. gsd@area82aa.org

Area Chair: George M chair@area82aa.org

Area Secretary/Registrar: Nicholas C secretary@area82aa.org

Area Treasurer: Basil MacL treasurer@area82aa.org

Nova Scotia Archivist: Kathy S ns_archivist@area82aa.org

Newfoundland & Labrador Archivist: Jack G nl_archivist@area82aa.org

Area 82 Webmaster: Marie M webmaster@area82aa.org

AREA 82 CONTRIBUTIONS SHOULD BE MAILED TO:

Basil MacLean

33 Sprucedale Drive

St. John's, NL

AIH 0B9

e-transfers: treasurer@area82aa.org


**PLEASE BE SURE TO INCLUDE VENDOR'S NAME,
GROUP NAME, GROUP SERVICE NUMBER &
DISTRICT NUMBER**

DISTRICT CONTRIBUTIONS

Groups can send their district contributions by e-transfer to our District Treasurer Monty C. at monty056@hotmail.com

AA World Services

For general AA information, full list of literature, group registration information and more visit www.aa.org



Al-Anon Family Groups

Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help. **Alateen**, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not. By attending Alateen, teenagers meet other teenagers with similar situations. Alateen is not a religious program and there are no fees or dues to belong to it. Visit www.al-anonmaritimes.ca for more information or call 902-564-5188.

Looking for Chips & Medallions?

Contact Jerry N @
506-292-3265 or
jnmedallions@gmail.com
or
Larry @ 587-717-9049



Alcoholics Anonymous

NS Service Weekend ~ Area 82

May 15, 16, 17, 2026 "Service – The Heart of AA"

Rooms	Single = \$46.00 per night in Fraser House	Double = \$61.00 per night in Fraser House	Double Deluxe = \$70.00 per night in Chapman House
Meals	Breakfast = \$8.14 + tax	Lunch = \$14.25 +tax	Supper = \$18.32 + tax

Overview:

Registration = \$40.00

Breakfast on Sat. = your cost

Tea and coffee breaks = included in registration fee

Lunch on Sat. = included in registration fee

Supper = your cost

Breakfast on Sun. = your cost

We would request and urge all weekend participants to have their meals in the Ag College Cafeteria as we have guaranteed a minimum number of meals for the rates and services provided.

To book your room go to <https://stay.dal.ca/>

Be sure to use Promotional Code: Area8226

The Program for the Service Weekend will follow after all Agenda items are in, thanks for your patience



*Newfoundland and
Labrador
Service Weekend
May 29-31, 2026*

Service- The Heart of AA

RESPONSIBILITY PLEDGE

*I am responsible
When anyone, anywhere
Reaches out for help
I want the hand of AA always to be there
And for that,
I am responsible*

Albatross Hotel
Gander, NL
Room rate : \$149.00/night
("AA NL Service Weekend")
Phone: 709-256-3956

Virtual
Registration will be avail-
able
Details to follow

Registration: \$50.00/per person
Pre-registration is encouraged—information re e-transfer to follow
Registration will be available at the door
Registration includes lunch on Saturday

*All DCMs, GSRs and members interested in
Service are encouraged to attend*

A Message of Hope

DISTRICT 6

**MID SUMMER
ROUND UP**



EARLY BIRD FLYER!

Venue: The Best Western Truro, NS

Date: July 24-26/26



Contact: Chair Laura C 902-957-3454

District 17
59th Annual Windsor and Area
A.A. Mini Round-up
August 14, 15 & 16, 2026
Three Mile Plains Hall, 4478 Hwy #1

Theme

To be determined

Registration begins Saturday at 7:30 a.m.

No pre-registration

More information call 902-791-0436 or 902-798-7470

A.A. & Al-Anon meetings, Saturday lunch buffet,
Speakers, Kitchen Party, Sunday Morning Spiritual Sing-Along,
Spiritual Speakers and Sobriety Countdown.

Friday night meeting at the hall at 7:00

There will be designated RV parking and "rough camping" spots available.
Please confirm with us prior to your arrival if you intend to use either of these
options. Please do not leave your pets unattended. The SMOKING AREA will be
located outside the back door of the hall. Seating will be available there.



Time ▲	Meeting	Location / Group	Address	Region
Monday, 10:30 am	Arcano Group	New Waterford	401 Ling St	District 9
Monday, 7:00 pm	Iona 12 & 12 Group	Iona Parish Hall	2516 St Columba Rd	District 9
Monday, 8:00 pm	Reserve Midway	Alano club rooms	10 McKeen St	District 9
Tuesday, 11:00 am	12 & 12 Group	St. Theresa's Church	381 Whitney Ave	District 9
Tuesday, 7:00 pm	12 Step Meeting	Alano club rooms	10 McKeen St	District 9
Tuesday, 7:00 pm	Lifeline Group	St. Josephs Church	34 Archibald Ave	District 9
Tuesday, 8:00 pm	Dominion Sandbar Group	Italian Hall	14 Gatto St	District 9
Wednesday, 11:00 am	Alano Group	Alano club rooms	10 McKeen St	District 9
Wednesday, 7:00 pm	Boisdale Serenity	Fire Hall	3810 Grand Narrows Hwy	District 9
Wednesday, 8:00 pm	Praying Hands Group	Mikmaw Lodge	70 Gabriel St	District 9
Wednesday, 8:00 pm	Arcano Group	New Waterford	401 Ling St	District 9
Wednesday, 8:00 pm	Back-2-Basics	T.W. Curry Community Centre	400 George St	District 9
Thursday, 11:00 am	Friends of Bill Group	St. Theresa's Church	381 Whitney Ave	District 9
Thursday, 7:00 pm	Thursday 12/12 Discussion	Alano club rooms	10 McKeen St	District 9
Thursday, 7:30 pm	Membertou Group		113 B Membertou St	District 9
Thursday, 8:00 pm	Lean On Me Meeting	Online		District 9
Thursday, 8:00 pm	Sydney Mines Group	sydney mines	55 King St	District 9
Friday, 11:00 am	Friday Fellowship Group	St. Theresa's Church	381 Whitney Ave	District 9
Friday, 8:00 pm	Alano Group	Alano club rooms	10 McKeen St	District 9
Friday, 8:00 pm	Westside Group	Spanish River Seniors	1840 Kings Rd	District 9
Saturday, 10:30 am	Big Book Meeting	Alano club rooms	10 McKeen St	District 9
Saturday, 11:00 am	Way of Life Group	Salvation Army Community Church	55 Inglis St	District 9
Saturday, 8:00 pm	Arcano Group	New Waterford	401 Ling St	District 9
Sunday, 11:00 am	Alano Group	Alano club rooms	10 McKeen St	District 9
Sunday, 11:00 am	Sydney Mines	sydney mines	55 King St	District 9
Sunday, 7:00 pm	Beginner's Meeting	at the "Trailer"	3 Kateri St	District 9
Sunday, 8:00 pm	Alano Group	Alano club rooms	10 McKeen St	District 9