

District 4 Newsletter

April, 2026

Digby / Yarmouth Counties

District 4 - In-person meetings:

12 Step Group – Beacon Church, Beacon Street, Yarmouth.

Monday, Wednesday and Saturday nights - Closed Discussion. Meeting times 7:00 PM

24 Hour-A-Day Group - Meteghan Library (basement door), Meteghan.

Thursday night - Closed Discussion. Meeting time 7:00 PM.

Acadian Group - Amiraults Hill Fire Hall, Amiraults Hill.

Sunday morning - Closed Discussion. Meeting time 10:15 AM.

Annapolis Group – 1st Baptist Church, Annapolis Royal.

Wednesday night – Closed Discussion. Meeting time 8:00 PM.

Candlelight A.A. Meeting – Upper Clements Hall, Upper Clements.

Sunday night – Closed Discussion. Meeting time 8:00 PM.

One day at a Time Group - Digby Hospital in the boardroom, Digby.

Monday and Friday nights - Closed Discussion. Meeting time 7:00 PM.

The Nova Group – Temple Church Rectory, Yarmouth.

Sunday night - Step Study Group. Meeting time 7:00 PM.

Tuesday night - Big Book Discussion Group. Meeting time 8:00 PM.

Afternoon meeting (No name), St. Mary's Bay Community Center, Meteghan Center

Wednesday afternoon – As Bill Sees It. Meeting time 2:00 PM (use back basement door)

District 4 - Zoom Meetings:

Digby – One Day at a Time

Monday – Sunday evenings. Closed Discussion. Meeting time 7:00 PM.

Meeting ID: 646 368 284

Password: 841895

District 4 committee members:

DCM:	Al G .	Alt DCM:	Shannon C	Secretary:	Shannon C.
Treasurer:	Rob S.	Literature:	Barrie M.	Wellness:	Vacant
Institutions:	Vacant	Newsletter:	Al G.		

Group GSR's:

12 Step Group - Yarmouth: Gayle 24 Hr a Day Group - Meteghan: Dawn C.

Acadian Group - Amiraaults Hill: Shawn M. Annapolis Group – Annapolis: Roy W.

Nova Group - Yarmouth: Ted M. One Day at a Time Group-Digby: Rob S.

For 2026 think about volunteering for a position on your District 4 Committee. We sure could use some the help and new faces.

The General Service Representatives, District Committee Members and Area Officers have the opportunity to share, discuss and receive valuable insight that will be of assistance to local groups.

The Twelve Step message is the primary reason for our deliberations.

District 4 Roundup and GSR Meeting:

We started planning for the 2026 Lighthouse Roundup. The meeting is held at 1:00 PM in the Meteghan Library on the last Sunday of the month, Apr. 26th, 2026. We are still looking for volunteers to help plan the 2026 Lighthouse Roundup. This meeting is followed by the District 4 meeting of the GSR's at **1:30 P.M.** Again, all are welcome, come out and see what we do.

Service works ...if you work it.

Group's Birthdays for April, 2026

12 Step Group - Yarmouth: Second Monday of the month, Apr. 13th. Open speaker meeting.

No birthdays to Report.

24 Hour A Day Group - Meteghan: Last Thursday of the month, Apr. 23rd. Open speaker meeting.

Seth C. - 1 yrs.

Acadian Group – Amiraults Hill: Last Sunday of the month Apr. 26th. Meeting at 10:15 A.M.

Bob M. – 45 yrs.

Veras S. – 24 yrs.

Annapolis Group – Annapolis Royal: Last Wednesday of the month, Apr. 29th. Open speaker meeting.

Mark P. – 2 yrs. (from the March birthday)

Digby Group -One Day at a Time: Last Friday of the month, Apr. 24th. Open speaker meeting.

No birthdays to Report.

Nova Group - Yarmouth: First Sunday of the month, Apr. 5th Open speaker meeting.

Gladys W. – 9 yrs.

Other Information.

NS Service Weekend May 15, 16, 17 – 2026

“Service – The Heart of AA”

Agricultural Campus, Truro, NS

When registering please include your name, your Group and your District

NS Provincial Roundup Jun 12-14 – 2026

Hosted by District 7
The Home Group: Heartbeat of AA
Stellarton, N.S.

All the above and more can be seen on the Area 82 web site under events.

We have also been asked to chair a meeting at 3:00 PM on Saturday. I said I would ask me groups to see if anyone was planning on going to this event. If we can get 3-5 folks then I will say yes to chairing the meeting. Please let me know.

District 4 is bringing AA meetings to the Southwest Correctional Facility in Yarmouth. The meeting time is approx. 8:15 PM on Tuesday evenings. It would be great to have members from the Yarmouth area to help out.

Steph Nickerson, who is the Education/Program Liaison Officer and her number is 902-774-1683. It's pretty easy, you call her and give here your name and other information.

This fall will be election year for group, District and Area. The Area is sending out a quick questionnaire for former or present GSR's, DCM's or any other position that you may have held.

What knowledge, skill and attitudes do you deem necessary to be informed and ready to assume a new position in Area, District and Group.

What I know now about service and the position I hold that I wish I had known prior to being elected.

If you have any information please feel free to write me an email and I will send all answers along to District. We are trying to get this information in by April 20.

Thanks

Any ideas or suggestion as to what should be in our newsletter, please let me know.

Yours in service,

Al G.

Cell # - 403-560-8301

District 4, Cell Phone: 902-308-5806