

Committee Members:

District Committee Member (DCM): Peter M
 Alternate DCM: Noelle D
 Secretary: Malcolm C
 Treasurer: Monty C
 Public Information (PI): Joe M
 Cooperation with Professionals Chair: Joe M
 Corrections Chair: Monty C
 Newsletter: Erica H



APRIL EVENTS & RECOGNITIONS

Apr. 4	Yvonne S	5 years	Way of Life Group 11AM
Apr. 8	Vince L	1 year	New Waterford 8PM Open Speaker
Apr. 9	Allan N	37 years	Glace Bay
Apr. 11	Reggie C	25 years	New Waterford 8PM
Apr. 12	Dawn	19 years	Reserve Midway
Apr. 24	Bob M	25 years	St. Theresa's 11AM
Apr. 29	Joe MacL	50 years	Boisdale 7PM
Apr. 30	Sydney Mines Group	77 years	Sydney Mines 8PM

Upcoming Service Weekends:

NS Service Weekend May 15, 16, 17 – 2026

NL Service Weekend May 29, 30, 31 – 2026

ALL ARE WELCOME!

The next District 9 meeting will be held at Loaves and Fishes (139 Charlotte Street, Sydney) on **Sunday APRIL 19 at 2PM**

DISTRICT SERVICE NEEDS YOUR HELP

Corrections Committee looking for male AND female volunteers to help carry the AA message into the prison. Contact Monty C for details at 250-577-7348

Public Information Committee is looking for help distributing AA pamphlets throughout the CBRM. Contact Joe M for more information at (902) 317-3777 or macjosa@gmail.com

Cooperation with Professionals Committee is seeking volunteers. For more information, contact Joe M for more information at (902) 317-3777 or macjosa@gmail.com

French Speaking Members here to help

Les Alcooiques Anonymes

Les 12 étapes des AA sont les principes du rétablissement personnel. Les 12 traditions garantissent l'unité du mouvement AA. Dans la municipalité régionale du Cap Breton, nous avons plus de 22 groupes AA qui se réunissent 29 fois chaque semaine. Si vous êtes nouveau dans la région de Sydney et vous désirez de l'aide pour arrêter de boire. Je vous invite à communiquer avec Monty au 902-577-7348 afin d'obtenir de l'aide en Français

Recovery Tool of the Month: Al-Anon



This month's recovery tool is **Al-Anon Family Groups**. Al-Anon is a fellowship for people who have been affected by someone else's drinking, offering support, shared experience, and tools for focusing on their own well-being. If alcoholism has impacted your family or relationships, Al-Anon meetings are available and may be a helpful resource for you or your loved ones.

To find meetings nearby, visit: [Al-Anon Meetings in Nova Scotia](#)

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AA HISTORY FOR APRIL

Submitted by: George M, Area 82 Chair

Date		Historical Tidbit
Apr. 1	1939	<i>Alcoholics Anonymous</i> , the Big Book was published
	1966	Sr. Ignatia died at age 77. She worked with Dr. Bob treating many early AA members at St. Thomas Hospital in Akron, OH
3	1941	The first Florida AA meeting took place
4	1960	The Chicago Daily News reported that Fr. Edward Dowling, Jesuit Priest who helped start the first AA group in St. Louis, died at age 62
7	1941	Ruth Hock reported that there were 1,500 letters asking for help, as a result of the Jack Alexander article in the Saturday Evening Post
10	1939	The first ten copies of the Big Book arrived in Bill's office
11	1938	The Alcoholic Foundation held its first meeting
	1939	Marty Mann attended her first meeting in Bill and Lois' home
	1941	Bill and Lois moved into their new home at Stepping Stones
12	1942	The Windsor daily Star in Ontario, reported that over 400 AAs attended a testimonial dinner for Dr. Bob
	1973	Dr. Jack Norris, Chairman of the AA General Service Board, presented President Richard Nixon with the one millionth copy of the Big Book at the White House
23	1940	Dr. Bob wrote the Trustees to refuse Big Book royalties, but Bill Wilson insisted on them for Dr. Bob and Anne
24	1989	Dr. Leonard Strong died, he was Bill W's brother-in-law and an AA Trustee
25	1951	AA's first General Service Conference was held
30	1989	The film, My Name is Bill W. a Hallmark Hall of Fame presentation, was broadcast on ABC TV
No Date	1958	The word "honest" was dropped from "an honest desire to stop drinking" in the 3 rd Tradition
No Date	1960	Bill Wilson refused to be on the cover of Time magazine

Bill Wilson Quote:

Honesty with ourselves & others gets us sober, but it is tolerance that keeps us that way.

AA CONTACT INFORMATION DISTRICT 9:

Cape Breton Regional Municipality

LOCAL TELEPHONE ANSWERING SERVICE: 902-562-8019

District Committee Member (DCM): Peter M. (902) 562-0008 peter.marshe@yahoo.com

Alternate DCM: Noelle D (902)292-5700 noelleduffy3@gmail.com

Treasurer: Monty C (902) 577 7348 monty056@hotmail.com

Secretary: Malcolm C malcolmc@gmail.com

Public Information: Joe M (902) 317-3777 or macjosa@gmail.com

Cooperation with Professionals: Joe M (902) 317-3777 or macjosa@gmail.com

Corrections Chair: Monty C (902) 577 7348 monty056@hotmail.com

Newsletter Editor: Erica H (902) 919-6957 district9aanewsletter@gmail.com

AREA 82: Nova Scotia, Newfoundland & Labrador

Website: www.area82aa.org

General Service Delegate (GSD): Dwayne M. gsd@area82aa.org

Area Chair: George M chair@area82aa.org

Area Secretary/Registrar: Nicholas C secretary@area82aa.org

Area Treasurer: Basil MacL treasurer@area82aa.org

Nova Scotia Archivist: Kathy S ns_archivist@area82aa.org

Newfoundland & Labrador Archivist: Jack G nl_archivist@area82aa.org

Area 82 Webmaster: Marie M webmaster@area82aa.org

AREA 82 CONTRIBUTIONS SHOULD BE MAILED TO:

Basil MacLean

33 Sprucedale Drive

St. John's, NL

AIH 0B9

e-transfers: treasurer@area82aa.org


**PLEASE BE SURE TO INCLUDE VENDOR'S NAME,
GROUP NAME, GROUP SERVICE NUMBER &
DISTRICT NUMBER**

DISTRICT CONTRIBUTIONS

Groups can send their district contributions by e-transfer to our District Treasurer Monty C. at monty056@hotmail.com

AA World Services

For general AA information, full list of literature, group registration information and more visit www.aa.org



Al-Anon Family Groups

Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help. **Alateen**, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not. By attending Alateen, teenagers meet other teenagers with similar situations. Alateen is not a religious program and there are no fees or dues to belong to it. Visit www.al-anonmaritimes.ca for more information or call 902-564-5188.

Looking for Chips & Medallions?

Contact Jerry N @
506-292-3265 or
jnmedallions@gmail.com
or
Larry @ 587-717-9049



Alcoholics Anonymous

NS Service Weekend ~ Area 82

May 15, 16, 17, 2026 "Service – The Heart of AA"

Rooms	Single = \$46.00 per night in Fraser House	Double = \$61.00 per night in Fraser House	Double Deluxe = \$70.00 per night in Chapman House
Meals	Breakfast = \$8.14 + tax	Lunch = \$14.25 +tax	Supper = \$18.32 + tax

Overview:

Registration = \$40.00

Breakfast on Sat. = your cost

Tea and coffee breaks = included in registration fee

Lunch on Sat. = included in registration fee

Supper = your cost

Breakfast on Sun. = your cost

We would request and urge all weekend participants to have their meals in the Ag College Cafeteria as we have guaranteed a minimum number of meals for the rates and services provided.

To book your room go to <https://stay.dal.ca/>

Be sure to use Promotional Code: Area8226

The Program for the Service Weekend will follow after all Agenda items are in, thanks for your patience



*Newfoundland and
Labrador
Service Weekend
May 29-31, 2026*

Service- The Heart of AA

RESPONSIBILITY PLEDGE

*I am responsible
When anyone, anywhere
Reaches out for help
I want the hand of AA always to be there
And for that,
I am responsible*

Albatross Hotel
Gander, NL
Room rate : \$149.00/night
("AA NL Service Weekend")
Phone: 709-256-3956

Virtual
Registration will be avail-
able
Details to follow

Registration: \$50.00/per person
Pre-registration is encouraged—information re e-transfer to follow
Registration will be available at the door
Registration includes lunch on Saturday

*All DCMs, GSRs and members interested in
Service are encouraged to attend*

A Message of Hope

DISTRICT 6

**MID SUMMER
ROUND UP**



EARLY BIRD FLYER!

Venue: The Best Western Truro, NS

Date: July 24-26/26



Contact: Chair Laura C 902-957-3454

District 17
59th Annual Windsor and Area
A.A. Mini Round-up
August 14, 15 & 16, 2026
Three Mile Plains Hall, 4478 Hwy #1

Theme

To be determined

Registration begins Saturday at 7:30 a.m.

No pre-registration

More information call 902-791-0436 or 902-798-7470

A.A. & Al-Anon meetings, Saturday lunch buffet,
Speakers, Kitchen Party, Sunday Morning Spiritual Sing-Along,
Spiritual Speakers and Sobriety Countdown.

Friday night meeting at the hall at 7:00

There will be designated RV parking and "rough camping" spots available.
Please confirm with us prior to your arrival if you intend to use either of these
options. Please do not leave your pets unattended. The SMOKING AREA will be
located outside the back door of the hall. Seating will be available there.



Time ▲	Meeting	Location / Group	Address	Region
Monday, 10:30 am	Arcano Group	New Waterford	401 Ling St	District 9
Monday, 7:00 pm	Iona 12 & 12 Group	Iona Parish Hall	2516 St Columba Rd	District 9
Monday, 8:00 pm	Reserve Midway	Alano club rooms	10 McKeen St	District 9
Tuesday, 11:00 am	12 & 12 Group	St. Theresa's Church	381 Whitney Ave	District 9
Tuesday, 7:00 pm	12 Step Meeting	Alano club rooms	10 McKeen St	District 9
Tuesday, 7:00 pm	Lifeline Group	St. Josephs Church	34 Archibald Ave	District 9
Tuesday, 8:00 pm	Dominion Sandbar Group	Italian Hall	14 Gatto St	District 9
Wednesday, 11:00 am	Alano Group	Alano club rooms	10 McKeen St	District 9
Wednesday, 7:00 pm	Boisdale Serenity	Fire Hall	3810 Grand Narrows Hwy	District 9
Wednesday, 8:00 pm	Praying Hands Group	Mikmaw Lodge	70 Gabriel St	District 9
Wednesday, 8:00 pm	Arcano Group	New Waterford	401 Ling St	District 9
Wednesday, 8:00 pm	Back-2-Basics	T.W. Curry Community Centre	400 George St	District 9
Thursday, 11:00 am	Friends of Bill Group	St. Theresa's Church	381 Whitney Ave	District 9
Thursday, 7:00 pm	Thursday 12/12 Discussion	Alano club rooms	10 McKeen St	District 9
Thursday, 7:30 pm	Membertou Group		113 B Membertou St	District 9
Thursday, 8:00 pm	Lean On Me Meeting	Online		District 9
Thursday, 8:00 pm	Sydney Mines Group	sydney mines	55 King St	District 9
Friday, 11:00 am	Friday Fellowship Group	St. Theresa's Church	381 Whitney Ave	District 9
Friday, 8:00 pm	Alano Group	Alano club rooms	10 McKeen St	District 9
Friday, 8:00 pm	Westside Group	Spanish River Seniors	1840 Kings Rd	District 9
Saturday, 10:30 am	Big Book Meeting	Alano club rooms	10 McKeen St	District 9
Saturday, 11:00 am	Way of Life Group	Salvation Army Community Church	55 Inglis St	District 9
Saturday, 8:00 pm	Arcano Group	New Waterford	401 Ling St	District 9
Sunday, 11:00 am	Alano Group	Alano club rooms	10 McKeen St	District 9
Sunday, 11:00 am	Sydney Mines	sydney mines	55 King St	District 9
Sunday, 7:00 pm	Beginner's Meeting	at the "Trailer"	3 Kateri St	District 9
Sunday, 8:00 pm	Alano Group	Alano club rooms	10 McKeen St	District 9