

UNITY		RECOVERY	
District 3 AA NEWSLETTER March 2026			
SERVICE			

The district Newsletter is published monthly. To subscribe to the mailing list , mention birthday's or add any important information, please email: aadistrict3newsletter@gmail.com

Thank you, Mary B

BIRTHDAY ANNOUNCEMENTS

<u>GROUP NAME</u>	<u>DATE AND TIME</u>	<u>CELEBRANTS</u>
Language of the Heart	No birthdays	
Aylesford	No birthdays	
Kingston	Open speaker meeting Tuesday, Mar 31st - 8pm	Shane F – 4 years
Kentville	Open speaker meeting Monday, Mar 9 th – 8pm (carried over from last month)	Bob W – 2 years
	No information on any other birthdays	
Gaspereau Candlelight	Open speaker meeting Sunday, Mar 15 th – 7pm	Malcolm M – 41 years Billy C – 38 years
Cambridge	Open meeting, no speaker Thursday, Mar 26 th – 8pm	Flora D – 13 years Sean M – 5 years
Berwick	No birthdays	
Fundy	No birthdays	
Women In Recovery	No information	
Saturday Women's Zoom meeting	No information	

UPCOMING EVENTS

EVENT	DATE	LOCATION
Cape Breton 43rd Mid-winter Round-up – “A Design for Living”. AA and Al-anon meetings all weekend. Membertou Elementary School (Maupeltueway Kina'matno'kuom School). 171 Tupsi Drive. Contact: Scott P 902-476-6089 or Noelle D – 902-292-5700. See Flyer on Area 82 events for more information.	Mar 13 th – 15 th	Sydney, NS
Area 82 NS Service Weekend - “Service – the Hear of AA” Held at the Dalhousie Agricultural Campus in Truro	May 15 th - 17 th	Truro, NS
Bridgewater Mayday - “A New Way of Living” - AA and Al-Anon – Holy Trinity Anglican Parish – 78 Alexandra Ave – Bridgewater. Contact: Nancy G – 902-354-0089 or Lise P-H - 613-257-9796	Saturday, May 23 rd	Bridgewater, NS
District 6 Mid-Summer Roundup - “A Message of Hope”. To be held at the Best Western in Truro, NS	July 24 th - 26 th	Truro, NS
District 17 - 59th Annual Windsor and Area AA Mini Round-up (Theme to be determined). Held at the Three Mile Plains Hall – 4478 Hwy 1	Aug 14 th - 16 th	Three Mile Plains , NS
ZOOM STUDY EVENT – “ <i>The AA Service Manual combined with Twelve Concepts for World Service</i> ”. Zoom link: 824 1286 8436 Pswd: 275042	Weekly – Tuesday evenings 6:00pm	ZOOM

For more detailed information and event flyers, please visit: area82aa.org/events and/or see the flyer posted on your groups' bulletin board.

“Grapevine and Inspirational Quotes”

1. “There is among us AA's the ever present need for further spiritual growth.”
2. “Putting principles before personalities, both inside and outside the Fellowship, does not always endear me to everyone, but I would rather be disliked for what I am than liked for what I am not.”

In Memorial

George Leroy Stevens
June 5, 1950 – Feb 13, 2026
From Kentville NS

2025 CROSBIE HOUSE MEETING SCHEDULE
(Meetings held at 7pm)

DATE	GROUP
Tuesday, Mar 3 rd	Kingston – District 3
Tuesday, Mar 10 th	Brooklyn – District 17
Tuesday, Mar 17 th	Cambridge – District 3
Tuesday, Mar 24 th	Wolfville – District 17
Tuesday, Mar 31 st	Windsor – Sat night Group – District 17
Tuesday, Apr 7 th	Gaspereau – District 3
Tuesday, Apr 14 th	St Croix – District 17
Tuesday, Apr 21 st	Kingston – District 3
Tuesday, Apr 28 th	Hantsport – District 12
Tuesday, May 5 th	Aylesford – District 3
Tuesday, May 12 th	Brooklyn – District 17
Tuesday, May 19 th	Cambridge – District 3
Tuesday, May 26 th	Wolfville – District 17

DISTRICT 3 TRUSTED SERVANTS – 2025 - 2026

DCM – Mark R – mrutherford@eastlink.ca - 902-824-2558

Alt DCM – Jay C - jcondie.a@gmail.com - 902-414-9490

Secretary – Joclyn B - burkejoc58@gmail.com - 902-844-0761

Treasurer – John W - jtw444@icloud.com - 506-870-0189

Literature/Grapevine – Dale V - 902-765-8709

CPC/PI – Mark Z - elizabethraye@hotmail.com - 902-840-3807

Newsletter – Mary B - aadistrict3newsletter@gmail.com - 902-824-6184

Information Sessions - Jennifer B – jenifl@me.com - 902-542-0121

Institutions

- **Crosbie House** - Ron M – rmaplebeck@eastlink.ca - 902-670-1761
- **Middleton Detox** – Jamie M – hallsharbour@hotmail.com - 902-670-6339
- **Bridging The Gap** – Danny Y – dryoofting@hotmail.com - 902-680-0263

ADDITIONAL CONTACT INFORMATION

AA Help Line - 902-691-2825

Detox Central Registry - 1-866-640-6700

RECOVERY
(Step 3, Tradition 3, Concept 3)

Step 3

“Made a decision to turn our will and our lives over to the care of God as we understood Him.”

Step Three is like opening of a locked door. How shall we let God into our lives? Willingness is the key. Dependence as a means to independence. Dangers of self-sufficiency. Turning our will over to Higher Power. Misuse of will power. Sustained and personal exertion necessary to conform to God’s will.

Tradition 3

The only requirement for A.A. membership is a desire to stop drinking.

Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation.

Concept 3

“To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.”

As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the A.A. General Service Board and its several service corporations, staffs, committees and executives, and of thus insuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional “Right of Decision.”

District 17
59th Annual Windsor and Area
A.A. Mini Round-up
August 14, 15 & 16, 2026
Three Mile Plains Hall, 4478 Hwy #1

Theme

To be determined

Registration begins Saturday at 7:30 a.m.

No pre-registration

More information call 902-791-0436 or 902-798-7470

A.A. & Al-Anon meetings, Saturday lunch buffet,
Speakers, Kitchen Party, Sunday Morning Spiritual Sing-Along,
Spiritual Speakers and Sobriety Countdown.

Friday night meeting at the hall at 7:00

There will be designated RV parking and "rough camping" spots available.
Please confirm with us prior to your arrival if you intend to use either of these
options. Please do not leave your pets unattended. The SMOKING AREA will be
located outside the back door of the hall. Seating will be available there.

A Message of Hope

DISTRICT 6

**MID SUMMER
ROUND UP**



EARLY BIRD FLYER!

Venue: The Best Western Truro, NS

Date: July 24-26/26



Contact: Chair Laura C 902-957-3454



**EARLY BIRD FLYER
BRIDGEWATER MAY DAY**

"A New Way of Living"

COME SHARE WITH US AA & AL-ANON!

SATURDAY, MAY 23, 2026

**Holy Trinity Anglican Parish Hall - Home of the Action Group
78 Alexandra Avenue
Bridgewater, Nova Scotia**

**AA, Al-Anon & Friends - \$20.00 Alateen - \$10.00
Price includes Registration, Lunch, Supper & Fellowship**

REGISTRATION STARTS AT 9:00 AM

**Meetings all day starting at 9:30 AM
AA & Alanon Guest Speakers 6:30 PM - 8 PM**

**Lunch & Supper provided (vegetarian/gluten-free option available)
Coffee & Tea free all day - Donuts free while they last
Pop & Water for sale**

**50/50 Draw
Bridgewater Archives Display**

**Contact : Nancy G 902-354-0089
Lise P-H 613-257-9796**

*Meet new friends for a great time and fellowship!
We look forward to seeing you there!*



Alcoholics Anonymous

NS Service Weekend ~ Area 82

AT THE DALHOUSIE AGRICULTURAL CAMPUS -
TRYRO, NS.

May 15, 16, 17, 2026 "Service - The Heart of AA"

Rooms	Single = \$46.00 per night in Fraser House	Double = \$61.00 per night in Fraser House	Double Deluxe = \$70.00 per night in Chapman House
Meals	Breakfast = \$8.14 + tax	Lunch = \$14.25 + tax	Supper = \$18.32 + tax

Overview:

Registration = \$40.00

Breakfast on Sat. = your cost

Tea and coffee breaks = included in registration fee

Lunch on Sat. = included in registration fee

Supper = your cost

Breakfast on Sun. = your cost

We would request and urge all weekend participants to have their meals in the Ag College Cafeteria as we have guaranteed a minimum number of meals for the rates and services provided.

To book your room go to <https://stay.dal.ca/>

Be sure to use Promotional Code: Area8226

The Program for the Service Weekend will follow after all Agenda items are in, thanks for your patience