

**Committee Members:**

District Committee Member (DCM): Peter M  
 Alternate DCM: Noelle D  
 Secretary: Malcolm C  
 Treasurer: Monty C  
 Public Information (PI): Joe M  
 Cooperation with Professionals Chair: Joe M  
 Corrections Chair: Monty C  
 Newsletter: Erica H



**MARCH EVENTS & RECOGNITIONS**

Mar.4	Angie R	TW Curry 8:00pm	1 year
Mar.8	Freddie C	Glace Bay 11:00am	1 year
Mar.10	Bill MacC	Glace Bay	41 years
Mar.12	Fish Cakes & Beans, New Waterford 5:30pm, Meeting at 7pm		
Mar.13-15	ROUND-UP WEEKEND!		
Mar.16	Brandon	New Waterford	2 years
Mar.18	Natasha P	New Waterford 8:00pm (Open Speaker)	1 year
Mar.21	Francis R	New Waterford	37 years
<b>Upcoming Service Weekends:</b>			
NS Service Weekend May 15, 16, 17 – 2026			
NL Service Weekend May 29, 30, 31 – 2026			

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**ALL ARE WELCOME!**  
 The next District 9 meeting will be held at  
 Loaves and Fishes (139 Charlotte Street,  
 Sydney) on **Sunday March 22 at 2PM**

**French Speaking Members here to help**  
**Les Alcooliques Anonymes**  
*Les 12 étapes des AA sont les principes du rétablissement personnel. Les 12 traditions garantissent l'unité du mouvement AA. Dans la municipalité régionale du Cap Breton, nous avons plus de 22 groupes AA qui se réunissent 29 fois chaque semaine. Si vous êtes nouveau dans la région de Sydney et vous désirez de l'aide pour arrêter de boire. Je vous invite à communiquer avec Monty au 902-577-7348 afin d'obtenir de l'aide en Français*

 **Mark Your Calendar**

**2026**  
**Round-Up**

**District 9 2026 Round-Up is fast approaching!**  
**March 13,14,15th (flyer below)**  
**Registration: \$30**  
**Banquet: \$30**

**The committee is still seeking volunteers for:**

- **Greeter**
- **Hospitality**
- **Set-up**
- **Registration**

**To volunteer, contact Scott P (posie24@gmail.com) or Alma D ((902) 304-3099)**

## DISTRICT SERVICE NEEDS YOUR HELP

**Round-Up Committee** is looking for committee members & volunteers for the 2026 Round-Up. If you want to join the committee, please attend the Round-Up Meeting on November 16 at 3PM or contact Scott P at [posie24@gmail.com](mailto:posie24@gmail.com)

**Corrections Committee** looking for male AND female volunteers to help carry the AA message into the prison. Contact Monty C for details at 250-577-7348.

**Public Information Committee** is looking for help distributing AA pamphlets throughout the CBRM. Contact Joe M for more information at (902) 317-3777 or [macjosa@gmail.com](mailto:macjosa@gmail.com)

**Cooperation with Professionals Committee** is seeking volunteers. For more information, contact Joe M for more information at (902) 317-3777 or [macjosa@gmail.com](mailto:macjosa@gmail.com)

### AA HISTORY FOR MARCH

Submitted by: **George M, Area 82 Chair**

Date	Historical Tidbit
Mar. 1	1939 Readers Digest failed to write promised article on A.A.
	1941 Saturday Evening Post article by Jack Alexander created national sensation. In one year AA membership went from 2,000 to 8,000
Mar. 3	1947 Nell Wing, Bill's Secretary and first Archivist of AA, began her career at the Alcoholic Foundation Office
Mar. 4	1891 Lois Wilson is born
Mar. 12	1940 Ebby Thatcher, Bill's boyhood friend and sponsor, was reported sober again
Mar. 16	1940 Bill moved the Alcoholic Foundation office to 30 Vesey St. NY (this building was almost destroyed on 9-11)
Mar. 21	1881 Anne Ripley, Dr. Bob's wife, was born
Mar. 21	1966 Ebby Thatcher, Bill's sponsor, died sober
Mar. 22	1951 Dr. William Duncan Silkworth died at Towns Hospital
Mar. 23	1936 Bill and Lois visited Fitz Mayo, "Our Southern Friend" in Maryland
	1941 Cybil C., the first woman to join AA west of the Mississippi, gets sober
Mar. 25	1965 Richmond Walker, author of the "Twenty-Four Hours a Day" book, died at age 72, nearly 23 years sober
Mar. 31	1947 The first AA group is formed in London, England
	1942 First AA group form at San Quentin
	1946 The Jefferson Barracks AA Group in Missouri was formed, believed to be the first AA group ever in a military installation

**Bill Wilson Quote:** To the world, you may be one person, but to one person, you may be the world. Let us always love the best in others and never fear their worst.

### Recovery Tool of the Month: **The Grapevine**

Often called AA's "meeting in print," the AA Grapevine has shared members' experience strength and hope for decades! Today, the Grapevine is also available as a convenient mobile app bringing the "meeting in print" to your phone or tablet, with instant access to the current magazine, archive of past issues, and the popular Grapevine and La Viña podcasts. You can read and listen to personal recovery stories, explore topic collections, and even submit your own experience, strength, and hope—all from one convenient place!

Whether you're traveling, between meetings, or looking for a daily dose of inspiration, the Grapevine app makes it easy to stay connected to AA literature and voices from around the world. Available on iOS and Android. Learn more at [aagrapevine.org/app](http://aagrapevine.org/app)

IOS (iphone)

Andriod (Samsung)

**AAGRAPEVINE**  
The International Journal of Alcoholics Anonymous



## **AA CONTACT INFORMATION DISTRICT 9:**

### **Cape Breton Regional Municipality**

LOCAL TELEPHONE ANSWERING SERVICE: 902-562-8019

District Committee Member (DCM): Peter M. (902) 562-0008 [peter.marshe@yahoo.com](mailto:peter.marshe@yahoo.com)

Alternate DCM: Noelle D (902)292-5700 [noelleduffy3@gmail.com](mailto:noelleduffy3@gmail.com)

Treasurer: Monty C (902) 577 7348 [monty056@hotmail.com](mailto:monty056@hotmail.com)

Secretary: Malcolm C [malcolmc@gmail.com](mailto:malcolmc@gmail.com)

Public Information: Joe M (902) 317-3777 or [macjosa@gmail.com](mailto:macjosa@gmail.com)

Cooperation with Professionals: Joe M (902) 317-3777 or [macjosa@gmail.com](mailto:macjosa@gmail.com)

Corrections Chair: Monty C (902) 577 7348 [monty056@hotmail.com](mailto:monty056@hotmail.com)

Newsletter Editor: Erica H (902) 919-6957 [district9aanewsletter@gmail.com](mailto:district9aanewsletter@gmail.com)

### **AREA 82: Nova Scotia, Newfoundland & Labrador**

Website: [www.area82aa.org](http://www.area82aa.org)

General Service Delegate (GSD): Dwayne M. [gsd@area82aa.org](mailto:gsd@area82aa.org)

Area Chair: George M [chair@area82aa.org](mailto:chair@area82aa.org)

Area Secretary/Registrar: Nicholas C [secretary@area82aa.org](mailto:secretary@area82aa.org)

Area Treasurer: Basil MacL [treasurer@area82aa.org](mailto:treasurer@area82aa.org)

Nova Scotia Archivist: Kathy S [ns\\_archivist@area82aa.org](mailto:ns_archivist@area82aa.org)

Newfoundland & Labrador Archivist: Jack G [nl\\_archivist@area82aa.org](mailto:nl_archivist@area82aa.org)

Area 82 Webmaster: Marie M [webmaster@area82aa.org](mailto:webmaster@area82aa.org)

#### **AREA 82 CONTRIBUTIONS SHOULD BE MAILED TO:**

Basil MacLean

33 Sprucedale Drive

St. John's, NL

AIH 0B9

e-transfers: [treasurer@area82aa.org](mailto:treasurer@area82aa.org)

**PLEASE BE SURE TO INCLUDE VENDOR'S NAME, GROUP NAME, GROUP SERVICE NUMBER & DISTRICT NUMBER**

#### **DISTRICT CONTRIBUTIONS**

Groups can send their district contributions by e-transfer to our District Treasurer Monty C. at [monty056@hotmail.com](mailto:monty056@hotmail.com)

### **AA World Services**

For general AA information, full list of literature, group registration information and more visit [www.aa.org](http://www.aa.org)



Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help. **Alateen**, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not. By attending Alateen, teenagers meet other teenagers with similar situations. Alateen is not a religious program and there are no fees or dues to belong to it. Visit [www.al-anonmaritimes.ca](http://www.al-anonmaritimes.ca) for more information or call 902-564-5188.

#### **Looking for Chips & Medallions?**

Contact Jerry N @  
506-292-3265 or  
[jnmedallions@gmail.com](mailto:jnmedallions@gmail.com)  
or  
Larry @ 587-717-9049



**ALCOHOLICS ANONYMOUS**  
**District 9**  
**CAPE BRETON**  
**43<sup>rd</sup> MID-WINTER**  
**ROUND-UP**  
**March 13, 14 & 15, 2026**



***“A Design for Living”***

A.A. and Alanon Meetings All Weekend  
Coffee, Tea, Sandwiches & Sweets

Kitchen Ceilidh Friday (bring your instruments)  
Trivia Night following the banquet on Saturday

**Banquet \$30: Turkey dinner buffet tickets must be purchased by Feb.28<sup>th</sup>**  
**Registration \$30: for AA and Alanon members**

**To purchase:** Scott P. (902) 476-6089 or email: [posie24@gmail.com](mailto:posie24@gmail.com) or

Noelle D. (902) 292-5700 or email: [noelleduffy3@gmail.com](mailto:noelleduffy3@gmail.com)

“We are looking forward to seeing you here in Cape Breton for a weekend full of great fellowship, good food and wonderful memories to be made!”

Scott P  
2025 Midwinter Roundup Chairperson  
Venue:  
**Maupeltueway Kina'matno'kuom School**  
**Membertou Elementary School**  
**171 Tupsi Dr., Sydney NS**

Suggested accommodations in Sydney:

Simon Hotel - \$165    Travellodge Hotel - \$149-\$159    Holiday Inn - \$165



# **Alcoholics Anonymous**

## **NS Service Weekend ~ Area 82**

**May 15, 16, 17, 2026 "Service – The Heart of AA"**

<b>Rooms</b>	<b>Single = \$46.00 per night in Fraser House</b>	<b>Double = \$61.00 per night in Fraser House</b>	<b>Double Deluxe = \$70.00 per night in Chapman House</b>
<b>Meals</b>	<b>Breakfast = \$8.14 + tax</b>	<b>Lunch = \$14.25 +tax</b>	<b>Supper = \$18.32 + tax</b>

Overview:

Registration = \$40.00

Breakfast on Sat. = your cost

Tea and coffee breaks = included in registration fee

Lunch on Sat. = included in registration fee

Supper = your cost

Breakfast on Sun. = your cost

We would request and urge all weekend participants to have their meals in the Ag College Cafeteria as we have guaranteed a minimum number of meals for the rates and services provided.

To book your room go to <https://stay.dal.ca/>

**Be sure to use Promotional Code: Area8226**

**The Program for the Service Weekend will follow after all Agenda items are in, thanks for your patience**



*Newfoundland and  
Labrador  
Service Weekend  
May 29-31, 2026*

## *Service- The Heart of AA*

### RESPONSIBILITY PLEDGE

*I am responsible  
When anyone, anywhere  
Reaches out for help  
I want the hand of AA always to be there  
And for that,  
I am responsible*

Albatross Hotel  
Gander, NL  
Room rate : \$149.00/night  
("AA NL Service Weekend")  
Phone: 709-256-3956

Virtual  
Registration will be avail-  
able  
Details to follow

Registration: \$50.00/per person  
Pre-registration is encouraged—information re e-transfer to follow  
Registration will be available at the door  
Registration includes lunch on Saturday

*All DCMs, GSRs and members interested in  
Service are encouraged to attend*

*A Message of Hope*

**DISTRICT 6**

**MID SUMMER  
ROUND UP**



**EARLY BIRD FLYER!**

**Venue: The Best Western Truro, NS**

**Date: July 24-26/26**



**Contact: Chair Laura C 902-957-3454**

**District 17**  
**59<sup>th</sup> Annual Windsor and Area**  
**A.A. Mini Round-up**  
**August 14, 15 & 16, 2026**  
**Three Mile Plains Hall, 4478 Hwy #1**

Theme

To be determined

Registration begins Saturday at 7:30 a.m.

No pre-registration

More information call 902-791-0436 or 902-798-7470

A.A. & Al-Anon meetings, Saturday lunch buffet,  
Speakers, Kitchen Party, Sunday Morning Spiritual Sing-Along,  
Spiritual Speakers and Sobriety Countdown.

Friday night meeting at the hall at 7:00

There will be designated RV parking and "rough camping" spots available.  
Please confirm with us prior to your arrival if you intend to use either of these  
options. Please do not leave your pets unattended. The SMOKING AREA will be  
located outside the back door of the hall. Seating will be available there.








Time ▲	Meeting	Location / Group	Address	Region
Monday, 10:30 am	<a href="#">Arcano Group</a>	New Waterford	401 Ling St	District 9
Monday, 7:00 pm	<a href="#">Iona 12 &amp; 12 Group</a>	Iona Parish Hall	2516 St Columba Rd	District 9
Monday, 8:00 pm	<a href="#">Reserve Midway</a>	Alano club rooms	10 McKeen St	District 9
Tuesday, 11:00 am	<a href="#">12 &amp; 12 Group</a>	St. Theresa's Church	381 Whitney Ave	District 9
Tuesday, 7:00 pm	<a href="#">12 Step Meeting</a>	Alano club rooms	10 McKeen St	District 9
Tuesday, 7:00 pm	<a href="#">Lifeline Group</a>	St. Josephs Church	34 Archibald Ave	District 9
Tuesday, 8:00 pm	<a href="#">Dominion Sandbar Group</a>	Italian Hall	14 Gatto St	District 9
Wednesday, 11:00 am	<a href="#">Alano Group</a>	Alano club rooms	10 McKeen St	District 9
Wednesday, 7:00 pm	<a href="#">Boisdale Serenity</a>	Fire Hall	3810 Grand Narrows Hwy	District 9
Wednesday, 8:00 pm	<a href="#">Praying Hands Group</a>	Mikmaw Lodge	70 Gabriel St	District 9
Wednesday, 8:00 pm	<a href="#">Arcano Group</a>	New Waterford	401 Ling St	District 9
Wednesday, 8:00 pm	<a href="#">Back-2-Basics</a>	T.W. Curry Community Centre	400 George St	District 9
Thursday, 11:00 am	<a href="#">Friends of Bill Group</a>	St. Theresa's Church	381 Whitney Ave	District 9
Thursday, 7:00 pm	<a href="#">Thursday 12/12 Discussion</a>	Alano club rooms	10 McKeen St	District 9
Thursday, 7:30 pm	<a href="#">Membertou Group</a>		113 B Membertou St	District 9
Thursday, 8:00 pm	<a href="#">Lean On Me Meeting</a>	Online		District 9
Thursday, 8:00 pm	<a href="#">Sydney Mines Group</a>	sydney mines	55 King St	District 9
Friday, 11:00 am	<a href="#">Friday Fellowship Group</a>	St. Theresa's Church	381 Whitney Ave	District 9
Friday, 8:00 pm	<a href="#">Alano Group</a>	Alano club rooms	10 McKeen St	District 9
Friday, 8:00 pm	<a href="#">Westside Group</a>	Spanish River Seniors	1840 Kings Rd	District 9
Saturday, 10:30 am	<a href="#">Big Book Meeting</a>	Alano club rooms	10 McKeen St	District 9
Saturday, 11:00 am	<a href="#">Way of Life Group</a>	Salvation Army Community Church	55 Inglis St	District 9
Saturday, 8:00 pm	<a href="#">Arcano Group</a>	New Waterford	401 Ling St	District 9
Sunday, 11:00 am	<a href="#">Alano Group</a>	Alano club rooms	10 McKeen St	District 9
Sunday, 11:00 am	<a href="#">Sydney Mines</a>	sydney mines	55 King St	District 9
Sunday, 7:00 pm	<a href="#">Beginner's Meeting</a>	at the "Trailer"	3 Kateri St	District 9
Sunday, 8:00 pm	<a href="#">Alano Group</a>	Alano club rooms	10 McKeen St	District 9