

District 4 Newsletter

Jun, 2025

Digby / Yarmouth Counties

District 4 - In-person meetings:

12 Step Group – Beacon Church, Beacon Street, Yarmouth.

Monday, Wednesday and Saturday nights. Closed Discussion. Meeting times 7:00 PM

24 Hour-A-Day Group - Meteghan Library (basement door), Meteghan.

Thursday night. Closed Discussion. Meeting time 8:00 PM.

Acadian Group - Amiraaults Hill Fire Hall, Amiraaults Hill.

Sunday morning. Closed Discussion. Meeting time 10:15 AM.

Annapolis Group – 1st Baptist Church, Annapolis Royal.

Wednesday night – Closed Discussion. Meeting time 8:00 PM.

Candlelight A.A. Meeting – Upper Clements Hall, Upper Clements.

Sunday night – Closed Discussion. Meeting time 8:00 PM.

Digby Nor'easter Group - Wesley Church (basement door), Digby.

Thursday night – Closed Discussion. Meeting time 7:00 PM.

One day at a Time Group - Digby Hospital in the boardroom, Digby.

Monday and Friday nights. Closed Discussion. Meeting time 7:00 PM.

The Nova Group – Temple Church Rectory, Yarmouth.

Sunday night. Step Study Group. Meeting time 7:00 PM.

NEW: Tuesday night. Big Book Open Discussion Group. Meeting time 8:00 PM.

District 4 - Zoom Meetings:

Digby – One Day at a Time

Monday – Sunday evenings. Closed Discussion. Meeting time 7:00 PM.

Meeting ID: 646 368 284

Password: 841895

District 4 committee members:

DCM:	Al G .	Alt DCM:	Shannon C	Secretary:	Shannon C.
Treasurer:	Rob S.	Literature:	Barrie M.	Wellness:	Vacant
Institutions:	Vacant	Newsletter:	Al G.		

Group GSR's:

<u>12 Step Group - Yarmouth:</u>	Carmen H.	<u>24 Hr a Day Group - Meteghan:</u>	Dawn C.
<u>Acadian Group - Amiraaults Hill:</u>	Shawn M.	<u>Annapolis Group – Annapolis:</u>	Roy W.
<u>Digby Nor'easter Group - Digby:</u>	Graham G.	<u>Nova Group - Yarmouth:</u>	Ted M.
<u>One Day at a Time Group-Digby:</u>	Steve S.		

Still have a few positions open for the District 4 Committee, hurry before they are all gone.

The General Service Representatives, District Committee Members and Area Officers have the opportunity to share, discuss and receive valuable insight that will be of assistance to local groups.

The Twelve Step message is the primary reason for our deliberations.

District 4 Round-up and GSR Meeting:

Al A. was able to print out new flyers for the 2025 Lighthouse Roundup in Yarmouth Oct 31-Nov 02, 2025. We are trying to finalize our speakers and then we will get the agenda for the different groups on times and types of meetings. The next meeting will be held at 1:00 PM at the Meteghan Library on the last Sunday of the month, Jun 25, 2025. This meeting is followed by the District 4 meeting of the GSR's at 2:00P.M. Again, all are welcome, come out and see what we do. This will be the last meeting before summer break.

Service works ...if you work it.

Group's Birthdays for June, 2025

I want to acknowledge these achievements in sobriety. So, if you are thinking of these people...what a great time to call them or text them.

12 Step Group - Yarmouth: Second Monday of the month, Jun. 09th. Open speaker meeting.

No Birthdays to Report.

24 Hour A Day Group - Meteghan: Last Thursday of the month, Jun. 26th. Open speaker meeting.

Elie D. – 42 yrs.

John Marc L. – 9 yrs.

Acadian Group – Amiraults Hill: Not celebrating birthdays at this time.

No Birthdays to Report.

Annapolis Group – Annapolis Royal: Last Wednesday of the month, Jun. 25th. Open speaker meeting.

Ray M. – 26 yrs.

Digby Group -One Day at a Time: Last Friday of the month, Jun 27th. Open speaker meeting.

Christa F. - 38 yrs. (Unable to celebrate in May)

Digby Nor'easter Group -Digby: Thursday Closed Big Book Discussion Group.

No Birthdays to Report.

Nova Group - Yarmouth: Last Sunday of the month, Jun 29th. Open speaker meeting.

No Birthdays to Report.

<http://www.area82aa.org/events>

NS Provincial Roundup – Foundations of Freedom flyer

- **When:** Fri June 6 and Sat June 7, 2025
- **Where:** St. James United Church Hall, 181 Portland St, Dartmouth
- **Cost: \$55 for everything!** (*you can pick and choose too*)
- **Includes:** *Ice Cream social, games, speakers, panels, lunch, dinner, dance & play!*

All details about the event and how to register can be found on aahalifax.org or on the Area 82/events website.

International Convention, Vancouver BC 2025

July 3-6, 2025

All information can be found on the Area82/Events website

There are a number of Roundup's throughout the province this summer. Keep an eye out at the above web site.

Other Information.

Pat J. and myself have both received our clearance for the Southwest Correctional Facility in Yarmouth to put on AA meetings. The person in charge of the of getting clearance is Steph Nickerson, who is the Education/Program Liaison Officer at the South West Correctional Facility in Yarmouth. Her number is 902-774-1683. The meetings are on Tuesday evening at 8:15 PM. I would like to see a few more people especially someone from Yarmouth, that way we have someone closer if any issues come up. If Pat or I don't go there is no meeting. It's pretty easy, you call her up and give here your name and other information, she does most of the paper work. When it comes back you are required to go to RCMP to get a criminal check (at no cost as you are a volunteer) then you bring it down to her, she does an orientation with you and just like that you are now able to help put on a meeting at the facility. If she does not answer leave a message, she will get back to you.

I have purchased 10 copies of the "The Plain Language Big Book" so if you want some let me know.

Any ideas or suggestion as to what should be in our newsletter, please let me know.

In the spirit of rotation, anyone who would like to take over as Newsletter person you can call me and we can arrange something.

Dan M says the Nova Group has reopened their Tuesday night meeting. It is a Big Book discussion group. Please note this meeting is at 8:00 PM.

Any stories or experiences are welcome.

Yours in service,

Al G.

Personal Cell Phone: 403-560-8301

District 4 Cell Phone: 902-308-5806