

#### Your District 9 Committee

District Committee Member, Peter M  
Alternate DCM, John K  
Secretary, Malcolm C  
Treasurer, Monty C  
Public Information, Joe M  
CPC, Julie B  
Corrections Chair, Monty C  
Newsletter, Kelly H

May 2025, Issue #20

## District 9 Newsletter

## CARRYING THE AA MESSAGE



ONE  
DAY  
AT A  
TIME



#### Everyone Welcome!

The next District 9 meeting will be held at the Friendship Hall  
located at 129 Charlotte Street, Sydney NS  
**Sunday, May 18 at 2pm.**

French Speaking Members here to help  
Les Alcooliques Anonymes

*Les 12 étapes des AA sont les principes du rétablissement personnel. Les 12 traditions garantissent l'unité du mouvement AA. Dans la municipalité régionale du Cap Breton, nous avons plus de 22 groupes AA qui se réunissent 29 fois chaque semaine. Si vous êtes nouveau dans la région de Sydney et vous désirez de l'aide pour arrêter de boire. Je vous invite à communiquer avec Monty au 902-577-7348 afin d'obtenir de l'aide en français.*

#### In this issue

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- ❖ Events & Recognitions
- ❖ AA Historical Tidbits by George M
- ❖ Volunteers Needed
- ❖ Current 2025 District 9 Meeting Schedule

**AA's Responsibility Statement:** I am responsible when anyone anywhere reaches out for help, I want the hand of AA to be there and for that I am responsible.

# What's NEW?

**District Contributions** Groups can now send their district contributions by e-transfer our District Treasurer Monty C. at monty056@hotmail.com

## May Events & Recognitions

May 3, Amy 1 year, Way of Life Group  
May 9-11, NL Service Weekend, Clarendville, NFLD  
May 10, May Day, Bridgewater NS  
May 26, Iona Group Celebration 7 years  
May 30-June 1, NS Service Weekend, Truro NS

## AA History for May

Submitted by: George M. Area 82 Chair

Date		Historical Tidbit
May 4	1946	Marty Mann explained Alcoholics Anonymous and the National Committee for Education on Alcoholism on the "We the People" radio show
7	1956	The first English AA Convention was held in Cheltenham, England
8	1943	Akron AA group had its 8 <sup>th</sup> anniversary celebration with 500 present and sober
	1971	Bill Wilson was buried in a private ceremony
11	1935	From the Mayflower Hotel, Bill Wilson called Walter Tunks who referred him to Henrietta Seiberling who introduced Bill to Dr. Bob
12	1935	Mother's Day – Bill Wilson and Dr. Bob Smith met for the first time in Akron, Ohio at the home of Henrietta Seiberling
14	1998	Sybil C. the first woman to enter AA west of the Mississippi, died. Her sobriety date was Mar. 23, 1941
15	1961	Bill Wilson's mother, Emily Strobell, died
16	1941	Ruth Hock learned that Joe W., the man credited with coming up with the name 'Alcoholics Anonymous', had wet brain
17	1942	The Journal-Herald in Dayton, Ohio, ran a story on AA with photos of members in Halloween masks to protect their anonymity
18	1950	Dr. Bob told Bill "I reckon we ought to be buried like other folks" after hearing that local AAs wanted a huge memorial
19	2000	Dr. Paul Ohliger died at the age of 83; his story, "Doctor, Alcoholic, Addict" was retitled "Acceptance Was the Answer" in the 4 <sup>th</sup> edition
29	1980	"Dr. Bob and the Good Oldtimers" AAWS biography of AA cofounder and a history of early mid-west AA, was published
31	1938	Bill and other AAs began writing the Big Book
No date	1942	Richmond Walker, author of "Twenty-Four Hours a Day" had his last drink
No date	1946	The Long Form of the Twelve Traditions was published in the AA Grapevine
No date	1946	The AA Grapevine announced: AA has 6,000 members in 180 groups
No date	1951	Al-Anon was founded by Lois Wilson and Anne B.
<b>Bill Wilson Quote: You can't think your way into right action, but you can act your way into right thinking</b>		

Mark your calendars

## Nova Scotia Provincial AA Round Up

*Foundation of Freedom*

June 6-7 in Dartmouth

\$55 includes

food and activities

For more info see enclosed poster or visit [aahalifax.org](http://aahalifax.org).

## District Service Needs Your Help

**Corrections Committee** looking for male AND female volunteers to help carry the AA message into the prison. Contact Monty C for details at 250-577-7348.

**Public Information Committee** is looking for help distributing AA pamphlets throughout the CBRM. Contact Joe M for more information at (902) 317-3777 or [macjosa@gmail.com](mailto:macjosa@gmail.com)

## AA CONTACT INFORMATION

### DISTRICT 9: Cape Breton Regional Municipality

LOCAL TELEPHONE ANSWERING SERVICE: 902-562-8019

District Committee Member (DCM), Peter M. (902) 562-0008 [peter.marshe@yahoo.com](mailto:peter.marshe@yahoo.com)

Alternate DCM, John K. [johnk.macewan@gmail.com](mailto:johnk.macewan@gmail.com)

Treasurer, Monty C. (902) 577 7348 [monty056@hotmail.com](mailto:monty056@hotmail.com)

Secretary, Malcolm C. [malcolmc@gmail.com](mailto:malcolmc@gmail.com)

Public Information, Joe M. (902) 317-3777 [macjosa@gmail.com](mailto:macjosa@gmail.com)

Cooperation with the Professionals Chair, Julie B [juliebutts567@hotmail.com](mailto:juliebutts567@hotmail.com)

Corrections Chair, Monty C. (902) 577 7348 [monty056@hotmail.com](mailto:monty056@hotmail.com)

Newsletter Editor, Kelly H. (902) 322-8852 [kannhow@gmail.com](mailto:kannhow@gmail.com)

### AREA 82: Nova Scotia, Newfoundland & Labrador

Website: [www.area82aa.org](http://www.area82aa.org)

General Service Delegate (GSD), Dwayne M. [gsd@area82aa.org](mailto:gsd@area82aa.org)

Area Chair, George M [chair@area82aa.org](mailto:chair@area82aa.org)

Area Secretary/Registrar, Nicholas C, [secretary@area82aa.org](mailto:secretary@area82aa.org)

Area Treasurer, Basil MacL [treasurer@area82aa.org](mailto:treasurer@area82aa.org)

Nova Scotia Archivist, Kathy S [ns\\_archivist@area82aa.org](mailto:ns_archivist@area82aa.org) Area

82 Webmaster, Marie M [webmaster@area82aa.org](mailto:webmaster@area82aa.org)

#### **Area 82 Contributions should be mailed to:**

Basil MacLean  
33 Sprucedale Drive, St.  
John's, NL, A1H 0B9  
e-transfers:  
[treasurer@area82aa.org](mailto:treasurer@area82aa.org)

### AA World Services

For general AA information, full list of literature, group registration information and more visit [www.aa.org](http://www.aa.org).



**Al-Anon** is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help. **Alateen**, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not. By attending Alateen, teenagers meet other teenagers with similar situations. Alateen is not a religious program and there are no fees or dues to belong to it. Visit [www.al-anonmaritimes.ca](http://www.al-anonmaritimes.ca) for more information or call 902-564-5188.

#### **Looking for Chips & Medallions?**

Jerry Nicholson @  
506-292-3265 or  
[jnmedallions@gmail.com](mailto:jnmedallions@gmail.com)

or Larry @  
587-717-9049



# Alcoholics Anonymous

## NS Service Weekend ~ Area 82

**"Working Together, Increasing Trust"**

**May 30 to June 1, 2025**

Dalhousie University ~ Agricultural College

Jenkins Hall, 40 Horseshoe Crescent, Truro, NS

More specifics on registering etc. will follow next week



The NS Service Weekend is primarily meant as a three-way connection of Groups, Districts and the Area to share their service experience and discuss issues of interest presented by our various service levels. Through this process Group members become informed and, in turn, inform the Districts, the Area and GSO. Issues discussed will be in preparation for inclusion on the Fall Assembly Agenda.

**ALL AA MEMBERS ARE WELCOME**

**Service is anything that helps us reach a fellow sufferer**

**Bring a new Member and introduce them to the JOY of SERVICE**

*"I am responsible, when anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that, I am responsible"*

# **EARLY BIRD FLYER**

## **MAY DAY 2025**

***"New Freedom, New Happiness"***

**COME SHARE WITH US BRIDGEWATER MAY DAY!**

**SATURDAY, MAY 10, 2025**

**Holy Trinity Anglican Parish Hall - Home of the Action Group  
78 Alexandra Avenue  
Bridgewater, Nova Scotia**

**REGISTRATION STARTS AT 9:00 AM**

**Meetings all day starting at 9:30 AM Guest Speaker 6:30 PM**

**Lunch and Supper provided (vegetarian option available)  
Coffee, Tea & Donuts free all day  
Pop & Water for sale**

**50/50 Draw**

**Bridgewater Archives Display all day**

**Contact Persons: Barb K-H 902-293-9803  
Jody L 902-521-0877**

***Meet new friends for a great time and fellowship!  
We look forward to seeing you there!***



June 6 & 7

## FOUNDERS DAY

90<sup>th</sup>  
Anniversary

AA Nova Scotia

PROVINCIAL ROUND UP

June 6 & 7, 2025

# FOUNDATIONS OF FREEDOM!

Doors open  
Friday at 5pm  
St. James United  
Church Hall,  
181 Portland St.  
Dartmouth

Street parking  
available in  
surrounding area



Registration  
- \$20  
(includes an  
Ice cream  
social on  
Friday evening  
& coffee/tea all  
weekend)

Meals - \$10 Lunch  
(sandwich/veggies)  
\$25 - Dinner &  
Dessert  
\*meal tickets must  
be pre-ordered by  
**Mon. June 2nd**

**\$55 for everything!**

E-transfer:  
[NSPRU2025@gmail.com](mailto:NSPRU2025@gmail.com)  
Contact: Heather  
L, Chair  
902-476-7690  
Michael H –  
Registration  
[NSPRU2025@gmail.com](mailto:NSPRU2025@gmail.com)

### EARLY BIRD DRAW!

Register before  
May 6<sup>th</sup>  
you could win a  
free meal package  
and free  
registration.



Speakers, Panels,  
Fun Run/Walk,  
Play, Dinner,  
Games & More!



Special Hotel  
Rates at the  
Sandman and  
Delta Dartmouth  
Click [here](#) for  
more info

Presenting the **CANADIAN PREMIER** of

*Bill W. & Lois W.*

Their Journey Through Letters

Sat. 4:15 pm



**FRIDAY**

11:00 a.m. (CD) Friday Fellowship Group  
St Theresa's Church  
381 Whitney Ave, Sydney

8:00 p.m. (CD) Glace Bay Alano  
Rear 10 McKeen Street  
(OS) Last Friday of Month

8:00 p.m. (CD) Westside Group  
Spanish River Seniors  
1840 Kings Rd., Sydney River  
(OS) First Friday of Month

**SATURDAY**

10:30 a.m. (CBB) Big Book Study  
10 McKeen St., Glace Bay

11:00 a.m. (CD) Way of Life  
55 Inglis Street, Sydney

8:00 p.m. (OS) Arcano Group  
401 Ling St., New Waterford

**SYDNEY**

AA Help Line.....902-562-8019

**GLACE BAY AREA**

Brian P. ....902-565-2078  
Dan L. ....902-322-0448

**NEW WATERFORD**

Tommy.....902-578-2750

**ESKASONI**

Vince.....902-578-2780  
Bo .....902-919-3732

**NORTHSIDE**

Monty .....902-577-7348

**BARRACHOIS to IONA**

Joe.....902-317-3777

**FRENCH SPEAKING**

Monty .....902-577-7348

**Declaration of Unity**

This we owe to AA's future; to place our  
common welfare first; to keep our  
Fellowship united. For on AA unity  
depends our lives, and the lives of  
those to come.

You're not alone.

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**2025-26 District 9 Committee**

DCM - Peter M

Alt DCM - John K

Treasurer - Monty C

Secretary - Malcolm C

Corrections - Monty C

Public Information - Joe M

Cooperation w/ Professional Community - Julie B

**I Am Responsible...**

When anyone, anywhere, reaches out  
for help, I want the hand of A.A. always  
to be there. And for that, I am  
responsible.

**MEETING  
SCHEDULE  
DISTRICT 9**  
Cape Breton Regional  
Municipality  
May 2025



t: 902-562-8019  
e: district9@area82aa.org  
w: area82aa.org

**Legend**

**BB** Big Book Study  
**CD** Closed Discussion  
**CS** Closed Speaker  
**OD** Open Discussion  
**OS** Open Speaker

### SUNDAY

- 10:30 a.m. (CD) Beginners Meeting  
3 Kateri Street, Membertou
- 11:00 a.m. (CD) Glace Bay Alano  
10 McKeen St, Glace Bay
- 11:00 a.m. (CD) Sydney Mines Group  
55 King St, Sydney Mines  
(Behind Post Office)
- 7:00 p.m. (CD) Sydney Central Group  
Loaves & Fishes  
139 Charlotte St, Sydney
- 8:00 p.m. (CS) Glace Bay Alano  
10 McKeen St, Glace Bay  
(OS) Last Sunday of Month

### MONDAY

- 10:30 a.m. (CD) Arcano Group  
401 Ling St, New Waterford
- 7:00 p.m. (OD) Iona 12 & 12 Group  
2516 St Columbia Rd, Iona
- 8:00 p.m. (CD) Reserve Midway  
10 McKeen St, Glace Bay

### TUESDAY

- 11:00 a.m. (CD) 12+12 Group  
St. Theresa's Church (Rear)  
381 Whitney Ave, Sydney
- 7:00 p.m. Step Meeting - Bring Big Book  
10 McKeen St, Glace Bay
- 7:00 p.m. (CD) Lifeline Group  
St. Joseph's Church  
34 Archibald Ave, North Sydney
- 8:00 p.m. (OS) Dominion Sandbar Group  
14 Gatto St., Dominion

*Find a list of all Area 82*

*meetings at [area82aa.org](http://area82aa.org) or download  
AA Meeting Guide App (scan QR code)*



### WEDNESDAY

- 11:00 a.m. (CD) Glace Bay Alano  
10 McKeen St, Glace Bay
- 7:00 p.m. (CD) Boisdale Serenity  
3810 Grand Narrows Hwy,  
Boisdale (Fire Hall)
- 8:00 p.m. (CD) Arcano Group  
401 Ling St, New Waterford
- 8:00 p.m. (OS) Praying Hands Group  
Mikmaw Lodge  
70 Gabriel St., Eskasoni
- 8:00 p.m. (C BB) Back 2 Basics  
TW Curry Centre  
400 George St, Sydney

### THURSDAY

- 11:00 a.m. (CD) Friends of Bill Group  
St. Theresa's Church (Rear)  
381 Whitney Ave,  
Sydney
- 7:30 p.m. (CD) Membertou Group  
113-B Membertou St,  
Membertou Senior Centre
- 8:00 p.m. (CD) Reserve Midway Group  
ZOOM Meeting  
ID: 845 1060 2831  
Password: 040328
- 8:00 p.m. (CS) Sydney Mines Group  
55 King St, Sydney Mines  
(OS) Last Thursday of Month

**"God, grant me**

the **serenity** to accept the

things I cannot change, the

**courage** to change the things

I can, and the **wisdom** to

know the difference."

**For all meeting changes or  
to order more schedules call  
District Committee Member  
Peter at 902-562-8019**