

**UNITY**

**RECOVERY**

**District 3  
AA NEWSLETTER  
June 2025**



***SERVICE***

The district Newsletter is published monthly. To subscribe to the mailing list , mention birthday's or add any important information, please email: [aadistrict3newsletter@gmail.com](mailto:aadistrict3newsletter@gmail.com)

*Thank you, Mary B*

**Birthday Announcements**

**Language of the Heart**

No June Birthdays

**Aylesford Group**

Sunday, June 29<sup>th</sup> - 7pm - No birthdays but there is an open speaker meeting

**Kingston Group.**

Tuesday, June 24<sup>th</sup> at 8pm. Open speaker meeting.  
Audrina D – 3 years

**Kentville Group**

Monday, June 30<sup>th</sup> – 8pm. Open speaker meeting  
Steve S – 44 years  
David B – 4 years  
Corey J – 3 years

**Gaspereau Candlelight Group**

No June birthdays.

**Berwick Group**

Friday, June 27<sup>th</sup> at 8pm. Open speaker meeting  
Richard V – 36 years

**Cambridge Group**

Thursday, June 26<sup>th</sup> – 8pm – Open speaker meeting.  
Richard S – 47 years  
Brian O – 8 years  
Cecil K – 7 years

**Women’s AA Meeting – *Women in Recovery***

Wednesdays 7pm at the MAC Centre – Kingston  
Contact: Rachael D. 250-221-3777 or Joclyn B. 902-844-0761

**Saturday Women's Zoom Meeting**

9:30am – Access Code: 936-657-566 Pswd: 765 717  
Contact Jennifer B - 902-542-0121

**Note: Anyone who may be interested in starting a LGBTQQ2 meeting group, please contact Mark R at 902-824-2558 (phone call or text message) for further information.**

**Thank you, Mark R**

### **MIDDLETON HOSPITAL AA MEETINGS**

**HERE'S SOME GOOD NEWS!** - Middleton Hospital has decided to have AA meetings on Wednesdays again. We are aiming for these to start in July, 2025. We're soon hoping to confirm the time for the meetings. We of course are looking for groups that would like to host meetings there. Please contact Mark Z. at 902-847-3419 or Jamie M. at 902-670-6339. Thank you. - *Jamie M*

### **INFORMATION SESSIONS and DISTRICT MEETINGS**

**WHEN:** The 3<sup>rd</sup> Sunday of every month.

**WHERE:** MAC Centre – 2080 Bishop Mtn Rd – Kingston NS

**TIMES:** Info session - 1pm  
District Meeting – 2pm

**ALL ARE WELCOME – Please join us.**

### **UPCOMING EVENTS**

<b>EVENT</b>	<b>DATE</b>	<b>LOCATION</b>
<b>NS Provincial Roundup - “Foundations of Freedom”. St. James United Church Hall.</b> For more information or to register, please visit: <a href="http://aahalifax.org">aahalifax.org</a>	June 6 <sup>th</sup> – June 7 <sup>th</sup> , 2025	Dartmouth, NS
<b>Vancouver International Convention</b> For more information and to register please visit: <a href="http://AA.org/International-Convention">AA.org/International-Convention</a> .	July 3 <sup>rd</sup> – July 6 <sup>th</sup> , 2025	Vancouver BC
<b>Margaree Day "The Joy in Sobriety" - Captain Allen School – 88 Coady Rd – S.W. Margaree</b>	July 19 <sup>th</sup> , 2025	S.W. Margaree (Cape Breton)
<b>Truro Area Summer Roundup - “The Promises Do Come True”</b> 130 Ventura Dr Debert, NS For questions please contact: <a href="mailto:district6roundup@gmail.com">district6roundup@gmail.com</a>	Aug 1 <sup>st</sup> – 3 <sup>rd</sup> , 2025	Debert, NS
<b>58<sup>th</sup> Windsor and Area Mini Roundup - “I Can't, We Can”.</b> Three Mile Plains Hall. For more information please call: Cyril L 902-790-3226 or Jim H 902-790-3802	Aug 15 <sup>th</sup> – 17 <sup>th</sup> , 2025	West Hants, NS
<b>District 5 - Amherst – AA and Al-Anon one day roundup,</b> Christ Church Parish Hall. For more information please visit: <a href="mailto:district5area82@gmail.com">district5area82@gmail.com</a>	Sept 5 <sup>th</sup> , 2025	Amherst, NS

**For more detailed information please visit: [area82aa.org](http://area82aa.org)**

## 2025 CROSBIE HOUSE MEETING SCHEDULE

(Meetings held at 7pm)

DATE	GROUP
Tuesday, June 3 <sup>rd</sup>	St. Croix – District 17
Tuesday, June 10 <sup>th</sup>	Kingston – District 3
Tuesday, June 17 <sup>th</sup>	Hantsport – District 17
Tuesday, June 24 <sup>th</sup>	Aylesford – District 3
Tuesday, July 1 <sup>st</sup>	Brooklyn – District 17
Tuesday, July 8 <sup>th</sup>	Cambridge – District 3
Tuesday, July 15 <sup>th</sup>	Wolfville – District 17
Tuesday, July 22 <sup>nd</sup>	Windsor (Saturday Group) – District 17
Tuesday, July 29 <sup>th</sup>	Gaspereau – District 3
Tuesday, Aug 5 <sup>st</sup>	St Croix – District 17
Tuesday, Aug 12 <sup>th</sup>	Kingston – District 3
Tuesday, Aug 19 <sup>th</sup>	Hantsport – District 17
Tuesday, Aug 26 <sup>th</sup>	Aylesford – District 3

### DISTRICT 3 TRUSTED SERVANTS – 2025 - 2026

**DCM** – Mark R – [dragon9262@icloud.com](mailto:dragon9262@icloud.com) - 902-824-2558

**Alt DCM** – Jay C - [jcondie.a@gmail.com](mailto:jcondie.a@gmail.com) - 902-414-9490

**Secretary** – Joclyn B - [burkejoc58@gmail.com](mailto:burkejoc58@gmail.com) - 902-844-0761

**Treasurer** – John W - [jtw444@icloud.com](mailto:jtw444@icloud.com) - 506-870-0189

**Literature/Grapevine** – Dale V - 902-765-8709

**CPC/PI** – Mark Z - [elizabethraye@hotmail.com](mailto:elizabethraye@hotmail.com) - 902-840-3807

**Newsletter** – Mary B - [aadistrict3newsletter@gmail.com](mailto:aadistrict3newsletter@gmail.com) - 902-824-6184

**Information Sessions** - Jennifer B – [jenifl@me.com](mailto:jenifl@me.com) - 902-542-0121

#### **Institutions**

- **Crosbie House** - Ron M – [rmapplebeck@eastlink.ca](mailto:rmapplebeck@eastlink.ca) - 902-670-1761
- **Middleton Detox** -
- **Bridging The Gap** – Danny Y – [dryoofting@hotmail.com](mailto:dryoofting@hotmail.com) - 902-680-0263

### ADDITIONAL CONTACT INFORMATION

**AA Help Line** - 902-691-2825

**Detox Central Registry** - 1-866-640-6700

## IN MEMORIAM

Remembering with love:

Russell H – April 10, 1949 – May 15, 2025

Home Group: Kingston

### Inspirational Quote – from Grapevine

“Over the years I've gone to different types of groups to meet different needs in my life or to share experience, strength, and hope about a particular problem I was struggling with. Some days I've been part of the solution for another suffering alcoholic; other days I've been the one who was suffering. “Thanks to our Fifth Tradition, no matter what my needs or my location I can find an AA group where I can talk about -- and listen to -- not drinking one day at a time, practising the principles in all of my affairs, and being happily and usefully whole.”

**RECOVERY**  
***(Step 6, Tradition 6, Concept 6)***

**Step 6**

***“Were entirely ready to have God remove all these defects of character”***

Step Six necessary to spiritual growth. The beginning of a lifetime job. Recognition of difference between striving for objective—and perfection. Why we must keep trying. “Being ready” is all-important. Necessity of taking action. Delay is dangerous. Rebellion may be fatal. Point at which we abandon limited objectives and move toward God’s will for us.

**Tradition 6**

***“An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose”.***

Problems of money, property, and authority may easily divert us from our primary spiritual aim. We think, therefore, that any considerable property of genuine use to A.A. should be separately incorporated and managed, thus dividing the material from the spiritual. An A.A. group, as such, should never go into business. Secondary aids to A.A., such as clubs or hospitals which require much property or administration, ought to be incorporated and so set apart that, if necessary, they can be freely discarded by the groups. Hence such facilities ought not to use the A.A. name. Their management should be the sole responsibility of those people who financially support them. For clubs, A.A. managers are usually preferred. But hospitals, as well as other places of recuperation, ought to be well outside A.A.- and medically supervised. While an A.A. group may cooperate with anyone, such cooperation ought never go so far as affiliation or endorsement, actual or implied. An A.A. group can bind itself to no one.

**Concept 6**

***“The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board”.***

On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous.



# **DISTRICT FIVE ONE DAY ROUNDUP**

## **AA and Al-Anon Welcome**

- When:** Saturday 06 September 2025 – from 8am to 8pm
- Where:** Christ Church Parish Hall, 5 Lawrence Street, Amherst NS  
Please use the parking lot behind church on Laplanche St
- What:** AA and Al-Anon Meetings and Fellowship  
Registration \$10 – starts at 8:00 am - includes meetings, lunch, snacks, tea and coffee  
Banquet Ticket \$30 includes registration and banquet which is your choice of fried or roast chicken along with salads and dessert (only 100 tickets available)  
Pop and Water will be available for sale along with 50/50 and Al-Anon Gift Basket Draw  
Meetings begin at 9:00am  
Al-Anon Guest Speaker at 4:15pm  
AA Guest Speaker at 7:00pm
- How:** Purchase at the door or by e-transfer at  
[districtfivearea82@gmail.com](mailto:districtfivearea82@gmail.com)
- Contacts:** Theresa F. (902) 397-0721 or Sheri-Lynn K. (902) 297-2934

See Map on Reverse: