

## Your District 9 Committee

District Committee Member, Peter M  
Alternate DCM, John K  
Secretary, Malcolm C  
Treasurer, Monty C  
Public Information, Joe M  
CPC, Julie B  
Corrections Chair, Monty C  
Newsletter, Kelly H  
Round Up Chair - Scott P

March 2025, Issue #18



# District 9 Newsletter

## CARRYING THE AA MESSAGE

ONE  
DAY  
AT A  
TIME



### Everyone Welcome!

The next District 9 meeting will be held at the Friendship Hall  
located at 129 Charlotte Street, Sydney NS  
**Sunday, March 16th, 2pm.**

French Speaking Members here to help  
Les Alcooliques Anonymes

*Les 12 étapes des AA sont les principes du rétablissement personnel. Les 12 traditions garantissent l'unité du mouvement AA. Dans la municipalité régionale du Cap Breton, nous avons plus de 22 groupes AA qui se réunissent 29 fois chaque semaine. Si vous êtes nouveau dans la région de Sydney et vous désirez de l'aide pour arrêter de boire. Je vous invite à communiquer avec Monty au 902-577-7348 afin d'obtenir de l'aide en français.*

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**AA's Responsibility Statement:** I am responsible when anyone anywhere reaches out for help, I want the hand of AA to be there and for that I am responsible.

# What's NEW?

## AA Literature & Medallion Sale

Now is the time to stock up on your personal or group's inventory! AA friends from Yarmouth will have a table set up at the Cape Breton Round Up with a good stock of medallions, Big Books and other AA approved literature. **\$ Bring cash \$.**

## March Events & Recognitions

- ❖ March 6, Tracy, 2 years recognition
- ❖ March 6, 5:30pm Fish & Beans Night, @ New Waterford. Hosted by Nfld Members.
- ❖ March 7-9, Cape Breton Mid-Winter Round Up Poster inside for details.
- ❖ March 28 Ron, 38 years, St Theresa's Church
- ❖ March 30 Bill, 40 Years, Glace Bay Alano

## AA History for March

Submitted by: George M. Area 82 Chair

Date		Historical Tidbit
Mar. 1	1939	Readers Digest failed to write promised article on A.A.
	1941	Saturday Evening Post article by Jack Alexander created national sensation. In one year AA membership went from 2,000 to 8,000
Mar. 3	1947	Nell Wing, Bill's Secretary and first Archivist of AA, began her career at the Alcoholic Foundation Office
Mar. 4	1891	Lois Wilson is born
Mar. 12	1940	Ebby Thatcher, Bill's boyhood friend and sponsor, was reported sober again
Mar. 16	1940	Bill moved the Alcoholic Foundation office to 30 Vesey St. NY (this building was almost destroyed on 9-11)
Mar. 21	1881	Anne Ripley, Dr. Bob's wife, was born
Mar. 21	1966	Ebby Thatcher, Bill's sponsor, died sober
Mar. 22	1951	Dr. William Duncan Silkworth died at Towns Hospital
Mar. 23	1936	Bill and Lois visited Fitz Mayo, "Our Southern Friend" in Maryland
	1941	Cybil C., the first woman to join AA west of the Mississippi, gets sober
Mar. 25	1965	Richmond Walker, author of the "Twenty-Four Hours a Day" book, died at age 72, nearly 23 years sober
Mar. 31	1947	The first AA group is formed in London, England
No date	1942	First AA group form at San Quentin
No date	1946	The Jefferson Barracks AA Group in Missouri was formed, believed to be the first AA group ever in a military installation

### Bill Wilson Quote:

**To the world, you may be one person, but to one person, you may be the world. Let us always love the best in others, and never fear their worst.**

## Cape Breton Mid-Winter Round Up Update:

- ❖ Final Round Up meeting Sunday March 2 at 5pm at Friendship Centre, Sydney.
- ❖ Volunteers still needed for short shifts at registration and dinner tables.
- ❖ Schedule of events will be emailed to GSRs the week leading up to Round Up with your meeting's time slot.
- ❖ Call Scott for more info @ 902-476-6089

## CORRECTIONS VOLUNTEERS NEEDED

Corrections Committee looking for male AND female volunteers to help carry the AA message into the prison. Contact Monty C for details at 250-577-7348.

## AA CONTACT INFORMATION

### DISTRICT 9: Cape Breton Regional Municipality

LOCAL TELEPHONE ANSWERING SERVICE: 902-562-8019  
District Committee Member (DCM), Peter M. (902) 562-0008 [peter.marshe@yahoo.com](mailto:peter.marshe@yahoo.com)  
Alternate DCM, John K. [johnk.macewan@gmail.com](mailto:johnk.macewan@gmail.com)  
Treasurer, Monty C. (902) 577 7348 [monty056@hotmail.com](mailto:monty056@hotmail.com)  
Secretary, Malcolm C. [malcolmc@gmail.com](mailto:malcolmc@gmail.com)  
Public Information, Joe M. (902) 317-3777 [maciosa@gmail.com](mailto:maciosa@gmail.com)  
Cooperation with the Professionals Chair, Julie B [juliebutts567@hotmail.com](mailto:juliebutts567@hotmail.com)  
Corrections Chair, Monty C. (902) 577 7348 [monty056@hotmail.com](mailto:monty056@hotmail.com)  
Newsletter Editor, Kelly H. (902) 322-8852 [kannahow@gmail.com](mailto:kannahow@gmail.com)

### AREA 82: Nova Scotia, Newfoundland & Labrador

Website: [www.area82aa.org](http://www.area82aa.org)  
General Service Delegate (GSD), Dwayne M. [gsd@area82aa.org](mailto:gsd@area82aa.org)  
Area Chair, George M [chair@area82aa.org](mailto:chair@area82aa.org)  
Area Secretary/Registrar, Nicholas C, [secretary@area82aa.org](mailto:secretary@area82aa.org)  
Area Treasurer, Basil MacL [treasurer@area82aa.org](mailto:treasurer@area82aa.org)  
Nova Scotia Archivist, Kathy S [ns\\_archivist@area82aa.org](mailto:ns_archivist@area82aa.org)  
Area 82 Webmaster, Marie M [webmaster@area82aa.org](mailto:webmaster@area82aa.org)

**Area 82 Contributions  
should be mailed to:**  
Basil MacLean  
33 Sprucedale Drive, St.  
John's, NL, A1H 0B9  
e-transfers:  
[treasurer@area82aa.org](mailto:treasurer@area82aa.org)

### AA World Services

For general AA information, full list of literature, group registration information and more visit [www.aa.org](http://www.aa.org).



**Al-Anon** is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help. **Alateen**, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not. By attending Alateen, teenagers meet other teenagers with similar situations. Alateen is not a religious program and there are no fees or dues to belong to it. Visit [www.al-anonmaritimes.ca](http://www.al-anonmaritimes.ca) for more information or call 902-564-5188.

### Looking for Chips & Medallions?

Jerry Nicholson @  
506-292-3265 or  
[jnmedallions@gmail.com](mailto:jnmedallions@gmail.com)

or Larry @  
587-717-9049

Cape Breton Regional District Area 82, District 9

Alcoholics Anonymous

Mid-Winter Round-Up

2025 hosted in Sydney, NS



March 7, 8, 9, 2025

*“Keep it Simple”*

Maupeltuewey Kina'matno'kuom School  
171 Tupsi Drive, Sydney NS

Join us for a weekend of recovery & fellowship with A.A. & Al-Anon speakers, open meetings, workshops, Friday night 'sing & jam session', and a Saturday night dance included with your admission. Dinner ticket purchased separately. Everyone welcome!

**Registration starts**

Friday March 7 @ 5pm

**3-Day Admission \$25**

includes coffee, tea, sandwiches & sweets

**Saturday Dinner ticket \$30**

Available for purchase before March 1st.

For more information or to purchase tickets  
contact Chair, Scott P 902-476-6089 or [posie24@gmail.com](mailto:posie24@gmail.com)

**FRIDAY**

**SYDNEY**

11:00 a.m. (CD) Friday Fellowship Group  
St Theresa's Church  
381 Whitney Ave, Sydney

AA Help Line..... 902-562-8019  
Bernie ..... 902-202-4084

**GLACE BAY AREA**

8:00 p.m. (CD) Glace Bay Alano  
Rear 10 McKeen Street  
(OS) Last Friday of Month

Brian P. .... 902-565-2078  
Dan L. .... 902-322-0448

**NEW WATERFORD**

8:00 p.m. (CD) Westside Group  
Spanish River Seniors

Tommy..... 902-578-2750

**ESKASONI**

1840 Kings Rd., Sydney River  
(OS) First Friday of Month

Vince..... 902-578-2780  
Bo ..... 902-919-3732

**NORTHSIDE**

Monty ..... 902-577-7348

**BARRACHOIS to IONA**

10:30 a.m. (CBB) Big Book Study

Joe..... 902-317-3777

**FRENCH SPEAKING**

10 McKeen St., Glace Bay

Monty ..... 902-577-7348

11:00 a.m. (CD) Way of Life

55 Inglis Street, Sydney

8:00 p.m. (OS) Arcano Group  
401 Ling St., New Waterford

**Declaration of Unity**

This we owe to AA's future: to place our  
common welfare first; to keep our  
Fellowship united. For on AA unity  
depends our lives, and the lives of  
those to come.

**I Am Responsible...**

When anyone, anywhere, reaches out  
for help, I want the hand of A.A. always  
to be there. And for that, I am  
responsible.

You're not alone.

**MEETING  
SCHEDULE  
DISTRICT 9**  
Cape Breton Regional  
Municipality

January 2025



t: 902-562-8019  
e: [district9@area82aa.org](mailto:district9@area82aa.org)  
w: [area82aa.org](http://area82aa.org)

**Legend**

- BB** Big Book Study
- CD** Closed Discussion
- CS** Closed Speaker
- OD** Open Discussion
- OS** Open Speaker

**SUNDAY**

- 11:00 a.m. (CD) Glace Bay Alano  
10 McKeen St, Glace Bay
- 11:00 a.m. (CD) Sydney Mines Group  
55 King St, Sydney Mines  
(Behind Post Office)
- 7:00 p.m. (CD) Sydney Central Group  
Loaves & Fishes  
139 Charlotte St, Sydney
- 8:00 p.m. (CS) Glace Bay Alano  
10 McKeen St, Glace Bay  
(OS) Last Sunday of Month

**TUESDAY**

- 11:00 a.m. (CD) 12+12 Group  
St. Theresa's Church (Rear)  
381 Whitney Ave, Sydney
- 7:00 p.m. Step Meeting - Bring Big Book  
10 McKeen St, Glace Bay
- 7:00 p.m. (CD) Lifeline Group  
St. Joseph's Church  
34 Archibald Ave, North Sydney
- 8:00 p.m. (OS) Dominion Sandbar Group  
14 Gatto St., Dominion

**WEDNESDAY**

- 11:00 a.m. (CD) Glace Bay Alano  
10 McKeen St, Glace Bay
- 7:00 p.m. (CD) Boisdale Serenity  
3810 Grand Narrows Hwy,  
Boisdale (Fire Hall)
- 8:00 p.m. (CD) Arcano Group  
401 Ling St, New Waterford
- 8:00 p.m. (OS) Praying Hands Group  
Mikmaw Lodge  
70 Gabriel St., Eskasoni
- 8:00 p.m. (C BB) Back 2 Basics  
TW Curry Centre  
400 George St, Sydney

**THURSDAY**

- 11:00 a.m. (CD) Friends of Bill Group  
St. Theresa's Church (Rear)  
381 Whitney Ave,  
Sydney
- 7:00 p.m. (CD) 12x12 Discussion  
Glace Bay Alano  
10 McKeen St, Glace Bay
- 7:30 p.m. (CD) Membertou Group  
113-B Membertou St,  
Membertou Senior Centre
- 8:00 p.m. (CD) Reserve Midway Group  
ZOOM Meeting  
ID: 845 1060 2831  
Password: 040328
- 8:00 p.m. (CS) Sydney Mines Group  
55 King St, Sydney Mines  
(OS) Last Thursday of Month

**MONDAY**

- 10:30 a.m. (CD) Arcano Group  
401 Ling St, New Waterford
- 7:00 p.m. (OD) Iona 12 & 12 Group  
2516 St Columbia Rd, Iona
- 8:00 p.m. (CD) Reserve Midway  
10 McKeen St, Glace Bay

*Find a list of all Area 82  
meetings at [area82aa.org](http://area82aa.org) or download  
AA Meeting Guide App (scan QR code)*



**"God, grant me**

**the serenity** to accept the  
things I cannot change, the  
**courage** to change the things  
I can, and the **wisdom** to  
know the difference."

**For all meeting changes or  
to order more schedules call  
District Committee Member  
Peter at 902-562-8019**