



RECOVERY

The District 3 Newsletter is published every month. If you want to subscribe to the mailing list, or submit an item for publication, please email aadistrict3newsletter@gmail.com by the 25th of the month.

Birthday's and Group Announcements

New Women's Meeting

Wednesday 7pm MACS Centre

Contact Rachael D. 250-221-3777

Meadowview Group (now called Language of the Heart)

Meeting moved to Wednesday nights at 8pm at Kentville Rec Centre

Aylesford Group

Sunday December 29th at 7pm upstairs.

Carleton G. 32 years

Kingston Group

Birthday meetings have moved to the last Tuesday of every month.

Tuesday Dec 31st open speaker meeting 8pm

Mary B. 3 years

Gerry M. 3 years

Gaspereau Candlelight Group – Gaspereau Elementary School

Celebrating Sunday Dec 29th at 7pm

Jean R. 20 years (actual birthday Dec 25th)

Middleton Group

Celebrating Monday Dec 16th

Mark R. 32 years

Fiona 21 years



RECOVERY

Step 12, Tradition 12, and Concept 12

Step 12

Step 12 of Alcoholics Anonymous (AA) involves carrying the message of recovery from alcohol addiction to others and practicing the principles of AA in your daily life. It emphasizes helping fellow people struggling with alcohol addiction achieve sobriety, fostering a sense of community, and maintaining spiritual growth. The key phrase is: “Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs”.

Tradition 12

“And finally, we of Alcoholics Anonymous believe that the principle of anonymity has an immense spiritual significance. It reminds us that we are to place principles before personalities; that we are actually to practice a genuine humility. This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all.”

Concept 12

The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action.

UNITY
DISTRICT 3
AA NEWSLETTER DECEMBER 2024

SERVICE



RECOVERY

Event	Date	Location
Alkathon	Dec 24 th , 25 th 26, 31 st , and Jan 1 st	208p Bishop Mountain Rd., Kingston (MACS)

Alkathon: Donations of food are appreciated. See flyer attached!

For additional details and information for the above events, please visit area82aa.org.

District 3 TRUSTED SERVANTS

DCM	Mark Z – elizabethraye@hotmail.com 902 847 3419
Alt DCM	Mark R – ofc_krupke@hotmail.com 902 825 1588
Secretary	Mike D – jmdixon@eastlink.ca 902 844 2710
Treasurer	Sandy P – slpenny2015@gmail.com
Literature/Grapevine	Dale V – 902 765 8709
CPC/PI	John W – jtw444@icloud.com 506 870 0189
Newsletter	Courtney M - Aadistrict3newsletter@gmail.com 782 232 5085
Information Sessions	Jennifer B – jenifl@me.com 902 542 0121
Crosbie House	Ron M. mappleback@eastlink.ca 902 670 1761
Detox	Jamie M. hallsharbour@hotmail.com 902 670 6339
Bridging The Gap	Kevin S – kevins.may11@gmail.com 902 670 0892

ADDITIONAL CONTACT INFORMATION

AA Help Line – 902 691 2825

Middleton Detox – 902 825 6828 ext 2854 830am-430pm

Detox Central Registry 866 340 6700

<https://area82aa.org/>



RECOVERY
Crosby Meeting Schedule
All meetings at 7pm

Date	Group	District
Tuesday Dec 3, 2024	Kingston	District 3
Tuesday Dec 10, 2024	Hantsport	District 17
Tuesday Dec 17, 2024	Aylesford	District 3
Tuesday Dec 24, 2024	Brooklyn	District 17
Tuesday Dec 31, 2024	Cambridge	District 3
Tuesday Jan 7, 2025	Wolfville	District 17
Tuesday Jan 14, 2025	Windsor	District 17
Tuesday Jan 21, 2025	Gaspereau	District 3
Tuesday Jan 28, 2025	St. Croix	District 17
Tuesday Feb 4, 2025	Kingston	District 3
Tuesday Feb 11, 2025	Hantsport	District 17
Tuesday Feb 18, 2025	Aylesford	District 3
Tuesday Feb 25, 2025	Brooklyn	District 17

INFORMATION SESSIONS

1PM before District Meeting
 Held at the MACS
 2080 Bishop Mtn. Road
 Kingston, NS

District Meetings

Every third Sunday at 2pm.
 Held at the MACS.
 2080 Bishop Mtn. Road
 Kingston, NS
 Load up the car with your group
 members and share the joy of AA
 Service.