

District 9 Newsletter

October 2024
Issue #14

CARRYING THE AA MESSAGE

Your District 9 Committee

District Committee Member
(DCM), Monty C.
Alternate DCM, Peter M.
Treasurer, Susan R.
Secretary, Chelsea M.
Public Information/CPC, Joe M.
Corrections, Joe M.
Newsletter, Kelly H.

DISTRICT 9 TELEPHONE
ANSWERING SERVICE
902-562-8019



ONE
DAY
AT A
TIME

Editor's Note:

*The next District 9 meeting will be in Sydney at the Friendship Hall (129 Charlotte Street) on **Sunday, November 17th at 2pm.**

*Anyone looking to be on the Corrections Committee, please contact Joe M (902) 317-3777 macjosa@gmail.com

[I am responsible when anyone anywhere reaches out for help, I want the hand of AA to be there and for that I am responsible.](#)



French Speaking Members here to help - Les Alcooliques Anonymes

Les 12 étapes des AA sont les principes du rétablissement personnel. Les 12 traditions garantissent l'unité du mouvement AA. Dans la municipalité régionale du Cap Breton, nous avons plus de 22 groupes AA qui se réunissent 29 fois chaque semaine. Si vous êtes nouveau dans la région de Sydney et vous désirez de l'aide pour arrêter de boire. Je vous invite à communiquer avec Monty au 902-577-7348 afin d'obtenir de l'aide en français.



Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help.

Alateen, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not. By attending Alateen, teenagers meet other teenagers with similar situations. Alateen is not a religious program and there are no fees or dues to belong to it.

For more information on Al-Anon Family Groups visit www.al-anonmaritimes.ca/district9.htm or **902-564-5188**

WHAT'S NEW?

District 9 Elections are being held November 17 at 2pm. District 9 is asking for members to bring fresh ideas to the district, help us strengthen AA in Cape Breton and reach more people who need us. Up for election are:

- District Committee Member (DCM)
- Alternate DCM
- Secretary
- Treasurer

If you have questions about these roles or any other service opportunities like Public Information, Corrections, Treatment, Literature, Archives and more, contact one of the current district service members listed at the back of the newsletter or come the elections November 17th. There is a place for you!

AA CONTACT INFORMATION

DISTRICT 9: Cape Breton Regional Municipality

LOCAL TELEPHONE ANSWERING SERVICE: 902-562-8019

District Committee Member (DCM), Monty C. (902) 577 7348 monty056@hotmail.com

Alternate DCM, Peter M. (902) 562-0008 peter.marshe@yahoo.com

Treasurer, Susan R. (902) 578-0371 susanroberts40@hotmail.com

Secretary, contact DCM, Monty C.

Public Information/CPC Chair, Joe M. (902) 317-3777 macjosa@gmail.com

Corrections Contact, Joe M. (above)

Newsletter Editor, Kelly H. (902) 322-8852 kannhow@gmail.com

AREA 82: Nova Scotia, Newfoundland & Labrador

Website: www.area82aa.org

General Service Delegate (GSD), Wayne M.

Area Chair, Anne B. (902) 890-6274 chair@area82aa.org

Area Secretary/Registrar, Debbi C. (902) 623-0828 secretary@area82aa.org

Area Treasurer, Basil M.

Newfoundland & Labrador Archivist alt_gsd@area82aa.org

Nova Scotia Archivist ns_archivist@area82aa.org

Area 82 Webmaster, (902) 293-3117 webmaster@area82aa.org

AA World Services

For general AA information, full list of literature, group registration information and more visit www.aa.org.

UPDATE - MEETING SCHEDULE

In this issue, we've included the District 9 meeting schedule that is distributed into the community and made available to hand out in meetings. Please review carefully and let us know of any corrections as soon as possible. We will be making another order soon. Try out the new QR code! It links to the AA Meeting Guide App page at aa.org, for easy app downloads. This app is a must have for any road-trip.

FRIDAY

8:00 p.m. (CD) Glace Bay Alano
Rear 10 McKeen Street
(OS) Last Friday of Month

8:00 p.m. (CD) Westside Group
Spanish River Seniors
1840 Kings Rd., Sydney River
(OS) First Friday of Month

SATURDAY

10:30 a.m. Big Book Study
10 McKeen St., Glace Bay

11:00 a.m. (CD) Way of Life
Salvation Army
55 Inglis Street, Sydney

8:00 p.m. (CS) Arcano Group
401 Ling St., New Waterford
(OS) Last Saturday of Month

HELP LINE

SYDNEY

AA Help Line..... 902-562-8019
Bernie..... 902-202-4084

GLACE BAY AREA

Brian P..... 902-565-2078
Dan L..... 902-322-0448

NEW WATERFORD

Tom..... 902-578-2750
Tammy..... 902-561-6600

ESKASONI

Vince..... 902-578-2780
Bo..... 902-919-3732

NORTHSIDE

Monty..... 902-577-7348

BARRACHOIS to IONA

Joe..... 902-317-3777

FRENCH SPEAKING

Monty..... 902-577-7348

DISTRICT INFORMATION

DCM, Monty C..... 902-577-7348
ADCM, Peter M..... 902-562-0008
Secretary, Chelsea N..... 902-304-7311
Treasurer, Susan R..... 902-578-0371

COMMITTEES

Corrections:
Monty C..... 902-577-7348
Public Information and
Professional Community:
Joe Mac L..... 902-317-3777

Contact Monty C. if any changes to
your meetings:..... 902-577-7348

AL-ANON

Contact: 902-564-5188

**MEETING
SCHEDULE
DISTRICT 9**



www.area82aa.org
(Industrial Cape Breton Area)

October 2024

TELEPHONE ANSWERING

SERVICE

902-562-8019

SYMBOLS

- BB Big Book
- CD Closed Discussion
- CS Closed Speaker
- OD Open Discussion
- OS Open Speaker

The Serenity Prayer

God grant me the serenity
to accept the things I cannot change;
courage to change the things I can;
and wisdom to know the difference.

I Am Responsible...

When anyone, anywhere, reaches out for
help, I want the hand of A.A. always to be
there. And for that, I am responsible.

A Declaration of Unity

This we owe to A.A.'s future: to place
our common welfare first; to keep our
Fellowship united. For on A.A. unity
depend our lives, and the lives of those
to come.

SUNDAY

11:00 a.m. (CD) Glace Bay Alano
Rear 10 McKeen Street

11:00 a.m. (CD) Sydney Mines Group
55 King St., Sydney Mines
(Behind Post Office)

7:00 p.m. (CD) Sydney Central Group
Loaves & Fishes
139 Charlotte St., Sydney

8:00 p.m. (CS) Glace Bay Alano
Rear 10 McKeen Street
(OS) Last Sunday of Month

TUESDAY

11:00 a.m. (CD) 12+12 Group
St. Theresa's Church (Rear)
381 Whitney Ave., Ashby, Sydney

7:00 p.m. Step Meeting - Bring Big Book
10 McKeen St., Glace Bay

7:00 p.m. (CD) Iona Group
Parish Hall
2516 St. Columba Rd.

7:00 p.m. (CD) Lifeline Group,
St. Joseph's Church
34 Archibald Ave., North Sydney

8:00 p.m. (CD) Ashby Group
St. Theresa's Church (Rear)
381 Whitney Ave., Ashby, Sydney

8:00 p.m. (CD) Louisbourg Group
United Church Hall
7532 Main St., Louisbourg

8:00 p.m. (OS) Dominion Sandbar Group
14 Gatto St., Dominion

WEDNESDAY

7:00 p.m. (CD) Boisdale Serenity
Fire Hall, Boisdale

8:00 p.m. (CD) Arcano Group
401 Ling Street
New Waterford

8:00 p.m. (OS) Praying Hands Group
Mikmaw Lodge
70 Gabriel St., Eskasoni

THURSDAY

11:00 a.m. (CD) Friends of Bill Group
St. Theresa's Church (Rear)
381 Whitney Ave., Ashby
Sydney

7:00 p.m. (CD) Sydney Central Group
Loaves & Fishes
139 Charlotte St., Sydney

7:30 p.m. (CD) Membertou Group
3 Kateri St., Membertou

8:00 p.m. (CD) Reserve Midway Group
Zoom
Meeting I.D.: 3613327593
Password: 968601

8:00 p.m. (CS) Sydney Mines Group
55 King St., Sydney Mines
(Behind Post Office)
(OS) Last Thursday of Month

FRIDAY

11:00 a.m. (CD) Fellowship Group
St. Theresa's Church
381 Whitney, Ave.
Ashby, Sydney

For Other Districts'
Meeting Schedule and
Updates Visit
www.aa82aa.org
or download the
AA Meeting Guide App
(scan QR code for info)

