

UNITY

SERVICE

District 3
AA NEWSLETTER
July 2024



RECOVERY

The District 3 Newsletter is published every month. If you want to subscribe to the mailing list, or submit an item for publication, please email aadistrict3newsletter@gmail.com by the 25th of the month.

Birthdays and Group Announcements!

Cambridge Group
Richard S. 46 years
Celebrating Thursday July 25th 8pm open speaker meeting

Meadowview Group
Danny Y. 25 years
Celebrating Thursday July 4th 8pm.

Kingston Group
Audrina D. 2 years
Celebrating Saturday June 15th 7pm open meeting

Aylesford Group
June S. 6 years
Celebrating Sunday July 28th 7pm open meeting.
Come and help us celebrate and share in our fellowship and there might be cake 🍰.

Gaspereau Candlelight Group
Meeting's are back at Gaspereau Elementary School – 2781 Greenfield Rd. Wolfville.
Sunday nights at 7pm
July Birthday
Jim R. - 21 years – celebration to be announced at a later date.

Berwick Meeting
Temporary relocation of Friday night Berwick meeting to Millville Hall (659 Victoria Rd) South of Aylesford.
This is for meetings on June 28th, July 5th and July 12th

Kingston Group
Ed K. - 42 years
Chris M. - 39 years
Racheal D. - 14 years
Celebrating Saturday July 20th 7pm open meeting

Step 7, Tradition 7 and Concept 7

Step 7

Step 7 of AA is a step that involves humility and reliance on a higher power. It is part of the AA program for recovery from alcoholism. In this step, individuals in recovery ask the higher power to remove their shortcomings and give them strength and self-control. They also learn to practice honesty, tolerance, and true love of man and God¹. This step helps them to change their perspective from a self-centered one to a humble, selfless one.

Tradition 7

Tradition 7 of Alcoholics Anonymous is about being fully self-supporting and declining outside contributions. This means that only AA members can donate money to AA, and there is a limit on how much they can give. The money collected is used for group expenses and for carrying the message of AA on a world wide basis. This tradition reflects the principle that each member is responsible for his or her own recovery.

Concept 7

Concept 7 is one of the Twelve Concepts of Alcoholics Anonymous. It states that the Charter and the Bylaws of the General Service Board are legal instruments, and that the Trustees are fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. Step 7 of AA's 12 steps for recovery encourages people to practice humility by asking a higher power to remove shortcomings and replace them with spiritual practices. Tradition 7 of AA says that every group ought to be fully self-supporting, declining outside contributions.

Event	Date	Location
Margaree AA Days	July 20th	Captain Allen School, Margaree
Rainbow of Recovery Round-Up	August 10th	Woodlawn United Church, Dartmouth
Windsor Mini Round- Up	August 17th-Aug 18th	Three Mile Plains Hall
Picnic in the Park	August 23-25th	Smiley's Provincial Park

Please note at the end of June 2024, the Wednesday Kentville meeting will no longer be in operation.

For additional details and information for the above events, please visit area82aa.org.

District 3 TRUSTED SERVANTS

DCM	Mark Z - elizabethraye@hotmail.com 902-847-3419
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Detox	Jamie M - hallsharbour@hotmail.com 902-670-6339
Bridging The Gap	Kevin S - kevins.may11@gmail.com 902-670-0892

ADDITIONAL CONTACT INFORMATION

AA Help Line, 902-691-2825
 Middleton Detox, 902-825-6828, ext 2854 8:30am-4:30pm
 Detox Central Registry 866-340-6700

[Link to AREA82Website \(MEETINGS\)](#)

Crosby Meeting Schedule

Tuesday, July 2, 2024	Brooklyn group	district 17
Tuesday, July 9, 2024	Cambridge group	district 3
Tuesday, July 16, 2024	Windsor group	district 17
Tuesday, July 23, 2024	Gaspereau group	district 3
Tuesday, July 30, 2024	St. Croix group	district 17
Tuesday, Aug 6, 2024	Kingston 12 step group	district 3
Tuesday, Aug 13, 2024	Hantsport group	district 17
Tuesday, Aug 20, 2024	Aylesford group	district 3
Tuesday, Aug 27, 2024	Brooklyn group	district 17
Tuesday Sept 3, 2024	Cambridge group	district 3
Tuesday Sept 10, 2024	Windsor group	district 17
Tuesday Sept 17, 2024	Gaspereau group	district 3
Tuesday Sept 24, 2024	St. Croix group	district 17

Information Sessions

Will continue Sept 2024

Held at the MACS
2080 Bishop Mtn. Road
Kingston

District Meetings

***Every third Sunday
1:00 pm for July and Aug
2024***

Held at the MACS
2080 Bishop Mtn. Road Kingston
Load up the car with your group
members and share the joy of
AA service.