Area 82 Active Committees Meeting

November 29th, 2021

Meeting opened at 6:00 pm NS time

Chaired by Gerry W. Area 82 NS/NL A-GSD

In attendance.

Gerry W. Area 82 Alt-GSD

Mark Z. (District 3 PI/CPC) Area 82 NS PI Co-Chair

Boyd B. (District 15 PI) Area 82 NL PI Co-Chair (Report in absentia)

Paul W (District 6) PI Chair

Angela W (District 6) Observer

Darlene (H) (District 6) Corrections

Gerry opened the meeting with a moment of silence followed by the Serenity Prayer.

Gerry explained that the meeting was being recorded for the purpose of better minutes and asked if anyone had any objections. No-one did.

Gerry reviewed the minutes from the October meeting by displaying the location of the minutes on the Area 82 Website at https://area82aa.org/area-docs/ and discussing them briefly. No errors or omissions were noted.

• Mark Z. (District 3 PI/CPC) Area 82 NS PI Co-Chair

Good evening, folks, Mark, alcoholic. During the past week, we were invited to the District 17 Service meeting to conduct a CPC – PI workshop. This appeared to go over very well.

We are scheduled for mid December, to provide a presentation to the Municipality of the County of Kings. This meeting will include all county counselors. It was a major achievement to be included on their agenda. It is important to talk to those people because every time we try to do something in the public, or we try to initiate a project, we run across municipal guidelines. It will be nice to talk to the counselors, just to introduce ourselves and to share with them the projects that we've initiated. They can provide us, up front, with the ground rules and stipulations governing our activities. When they hear the name of Alcoholics Anonymous and hear that we are trying to do something in the public, they will be aware of what our goals are, and perhaps can assist us. Because our Traditions warn us to avoid public controversy, we want to do everything by the book.

• From Boyd B. (District 15 Pl and Area 82 Pl Co-Chair)

Boyd had difficulty with his Zoom connection and sent his report and asked that it be included in the minutes.

District 15 Public Information Committee Report for November 9, 2021

Business Arising from Minutes:

- 1. Literature distribution in public places Ongoing (all). Reminder whenever we are in public places (e.g. hospitals, doctor's offices, pharmacies, supermarkets, etc.) we should all be checking to see what literature (pamphlets, cards, meeting lists, posters, etc.) may be displayed, always keep in mind and update as required. With the easing of co-vid restrictions, we are able to get back into some places, e.g. doctors' offices. Chair had a request from FACT (Flexible Assertive Community Treatment), a new initiative of Eastern Health, for some Big Books and some pamphlets. All present in agreement.
- 2. PSAs, ads, letters to professionals, associations, labour unions, EAP/EFAPs We will be maintaining our advertising with The Telegram, per last year; We will also continue with Business Post publications (e.g. Shoreline) per last year. Cost unclear, Lesley to check.
- 3. Recruitment for PI Committee Required Committee members have attempted to reach out to some members by e-mail, but no success so far. Recruitment efforts should be ongoing as more participation is needed.
- 4. Digital advertising We will go with the usual XMAS campaign with VOCM. A new digital campaign will be considered for the new year.

<u>New Business</u> – see above re Eastern Health FACT program. Particulars of this new initiative can be found on Eastern Health's website.

Reports

<u>Intergroup</u> – Intergroup approved second installment of \$2,500.00. XMAS dinner and dance going ahead on Dec. 21st at the Legion in Pleasantville

<u>Treasurer</u> - Current balance of \$3,898.75 9not including above \$2,500.00. Invoice of \$33.91 for office supplies due to Boyd.

Institutions Report:

Current meeting Coordinators as follows:

- HMP Mondays 6-7PM, coordinated a couple members have now completed screening and once approved will go on to the roster to facilitate meetings; recently two members didn't show and member will be looking into this; Generally 6 or 7 inmates at each meeting; HMP now has a new full time social worker, Jen Smith.
- Recovery Centre Saturday 6-7PM
- Recovery Centre Tuesday, 8-9PM
- Recovery Centre Wednesday, 8-9PM
- Eastern Health Drunk Driving Program As required; no recent contact; Chair will make contact

Volunteers needed for all meetings.

<u>Area 82 Committee</u> unable to attend last meeting

ATSA (Addiction Treatment Services Assoc)

Nov. 16/21 conference; Someone from Recovery Centre will be speaking about recovery; Al-Anon and AA speakers will speak about support during recovery during addiction. Will be via zoom from 12:00 to 1:15 p.m. It appears there has been an increase in drug and alcohol use since the beginning of the co-vid pandemic

School presentations

No current activity due to co-vid restrictions, but hope to get back into schools in the near future.

Next Meeting

Tuesday, December 14, 2021, 6PM, via Zoom. Greg H. will make the necessary arrangements.

• Paul W (District 6) Chair; Pl

I'm Paul, District Six Pl.

I went back to the Rath Eastlink Community Center to make sure that our little card was our 24 hour number and our web address on it was still displayed on the bulletin board.

I went to the library in Truro and asked the lady there if I can put a put one up on their bulletin board. She said it would have to be approved by the person who looked after them. I left her one and my phone number. She will call me if there was a problem.

I went to the Stewiake library and there was no problem there. She let me put up a card and she allowed me to leave the few pamphlets on the shelf in the library there.

I also stopped into the Dan Henderson rink in Brookfield. They allowed me to put a card on the bulletin board by the end of the rink. They don't have anywhere to put pamphlets up anymore, but he let me put a few on a table by the door at the entrance.

A member called offering to help me out. He mentioned a couple of places to approach. Both already had cards displayed.

I approached the Truro police station and they agreed to put AA contact information alongside other Twelve Step material on their bulletin board.

I plan to get some copies of the "Message to Teenagers" for some of the hockey rinks around here.

• Angela W (District 6) (Observer)

• Darlene H. (District 6) Corrections

Hi I'm Darlene and I'm alcoholic. I am looking after meetings at the Nova Institution for Women.

We have been waiting since March of last year (before they shut down for Covid) for permission for a couple of us to go back into the prison. Committee members had gone and done the fingerprinting and security briefing prior to the COVID shutdown. I emailed Tammy a couple of months ago. I asked that if there was still interest in AA meetings to let us know. She emailed me the other day saying that we have till Friday, December 3, 2021, to get our forms filled out and the process will be started. I've got nine people on the list that are interested in going in and they're from all over Nova Scotia. We have a couple from Halifax way, Sackville, of course a few from over the mountain here, some from Truro, a couple of men. That's all good. We'll have to do some training. Because of the distances some of the members will be travelling, she's going to try to schedule all the training for one day. Most volunteer training can be done online. Our volunteers will have to be double vaccinated, and we will have to show that of course.

•	General	Discus	ssion

- The meeting adjourned at 6:30 NS time with the Responsibility Statement
- Next meeting is scheduled for 6:00 pm NS time, 6:30 NL time on the 27th of December, 2021 at the link below (*Note* ... This meeting date was pushed to January 3rd, 2022)

https://us02web.zoom.us/j/88688093457

Roughly transcribed by

Gerry W.