



District 4 Newsletter

August, 2021

Digby / Yarmouth Counties

The following meetings have restarted in-person meetings:

Digby Nor'easter Group - Wesleyan Church (basement door), Digby.

Thursday night - Big Book Study, Meeting at 8:00 PM.

12 Step Group – Beacon Church, Beacon Street, Yarmouth.

Monday and Wednesday night. Meeting starts at 7:00 PM

Meteghan - 24 Hour-A-Day Group - Meteghan Library (basement door)

Acadian Group - Amiraaults Hill Fire Hall

Please note this is ONLY the Sunday morning meeting at 10:15

Friday night is still closed.

The Nova Group – Temple Church Rectory, Yarmouth.

Tuesday and Thursday night. Meeting starts at 7:00 PM

One day at a Time Group - Digby Hospital is still COVID suspended.

District 4 Zoom Meetings:

Digby – One Day at a Time every night at 7:00 PM. Website below:

<https://us04web.zoom.us/j/646368284?pwd=L3VWb1hzOTNCODdmM1d3NUFXWUZPUT09>

Meeting ID: 646 368 284

Password: 841895

Yarmouth – Nova Group

Tuesday, Thursday and Sunday (Step and Tradition) evenings... **Meeting starts at 7:00 PM.**

Web site:

<https://us02web.zoom.us/j/82262737350?pwd=UEkwNkxiWVQ5Y3VsU0lhd0s3Yk5LUT09>

Meeting ID: 822 6273 7350

Password: 784073

You can phone into the meeting as well. **There is a long distant charge for the phone usage and also it counts towards your data, so check before using Zoom on your phones.**

Dial by your location

+1 647 374 4685 Canada (Toronto)

+1 438 809 7799 Canada (Montreal)

District Meetings:

The last District Meeting before summer was held Sunday, Jun 28th at 1:00 PM at the Meteghan Library. The next District meeting will be held Sunday, Sep 21 at 1:00 PM. The location is to be announced later.

District 4 committee members:

DCM:	Pete N.	Alt DCM:	Elie D.	Secretary:	Shannon C.
Treasurer:	Daniel P.	Literature:	Shawn M.	Wellness:	Daniel P.
Institutions:	Barrie M.	Newsletter:	Al G.		

Group GSR's:

12 Step Group - Yarmouth: Sonya S. 24 Hr a Day Group - Meteghan: Shannon C.

Acadian Group - Amiraaults Hill: Barrie M. Nova Group - Yarmouth: Vacant.

Digby Nor'easter Group - Digby: Graham G. One Day at a Time Group-Digby: Murdoch G.

Nova Group has no GSR at this time but a contact person is Raymond C. – 902-742-5250.

The Twelve Step message is the primary reason for our deliberations.

The General Service Representatives, District Committee Members and Area Officers have the opportunity to share, discuss and receive valuable insight that will be of assistance to local groups.

2021 District 4 Round Up (Covid Suspended)

Group's Birthdays for August, 2021

People are still staying sober one day at a time. I want to acknowledge these achievements in sobriety. So, if you are thinking of these people...what a great time to call them or text them.

Acadian Group – Amiraults Hill: Last Sunday of the month, Aug 29th. Open speaker meeting.

Paul T. – 40 yrs.

Paul S. – 31 yrs.

Wayne M. – 10 yrs.

Digby Group -One Day at a Time: Last Friday of the month, Aug 28th. Open speaker meeting. (Covid Suspended)

Al G. – 37 yrs.

Jim B. - 35 yrs.

24 Hour A Day Group - Meteghan: Last Thursday of the month, Aug. 27th. Open speaker meeting.

No birthdays to report.

Digby Nor'easter Group -Digby: Thursday BB Study Group

No birthdays to report.

Nova Group - Yarmouth: Last Saturday of the month, Aug 28th. Open speaker meeting.

No birthdays to report.

12 Step Group - Yarmouth: Second Monday of the month, Aug 9th. Open speaker meeting.

Louis S. – 6 yrs.

Wayne D. – 3 yrs.

Upcoming Events

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Crosbie House is wanting connections for their clients with someone in AA. If you are interested in leaving your name and number contact your GSR or myself and I will pass along to our DCM Pete N.

Stay in touch with Area 82 (NS and NF) and Area 81 (PEI and NB). The area website has links to all the Zoom meeting in the Maritimes as well.

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<http://www.area82aa.org/events> (Look under the Events tab)

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## **Letters or emails sent for inclusion for this newsletter**

As things open up in Nova Scotia there may be 1 day events or round ups that we have not heard about. If anyone has this type of information, please forward to me so I can include in the newsletter.

Have a safe and sober summer everyone.

Yours in service

Al G.