

## I AM RESPONSIBLE...

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there.

And for that: I am responsible.



### TWELVE TRADITIONS

1. Our common welfare should come first; personal recovery depends upon AA unity.
2. For our group purpose there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for AA membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or AA as a whole.
5. Each group has but one primary purpose – to carry its message to the alcoholic who still suffers.
6. An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every AA group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.
9. AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.



## PREAMBLE

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

### TWELVE STEPS

1. We admitted we were powerless over alcohol - that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked him to remove our shortcomings.
8. Made a list of all people we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

# ALCOHOLICS ANONYMOUS



## DISTRICT 15

## MEETING SCHEDULE



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**ST. JOHN'S INTERGROUP**  
117 - 183 Kenmount Road  
St. John's, NL A1B 3P9

Help Line: 709.579.5215  
Toll Free: 1.888.579.5215  
Meeting Information Line: 709.579.6091  
E-mail: [sjintergroup@nl.rogers.com](mailto:sjintergroup@nl.rogers.com)  
[www.aastjohns.com](http://www.aastjohns.com)

**SUNDAY**

11:00am Sunday Morning Action Group  
OS Rm: 2018A, Education Building  
Memorial University

4:30pm Trepassey Group  
CD Abernathy Medical Clinic  
Trepassey

8:00pm Better Life Group  
CD Triangle Social Centre  
51 Liverpool Avenue

8:00pm Acorn Group  
OD St. Paul's School, Rear Door  
Newfoundland Drive

8:00pm One Day At A Time Group  
CD St. Peter's Church Basement  
Ashford Drive, Mount Pearl

8:00pm I Am Responsible Group  
CD Kiwanis Club  
Kelligrews

**MONDAY**

Noon High Noon Group  
OD Triangle Social Centre  
51 Liverpool Avenue

7:30pm Back to Basics Group  
CD 12&12 Study  
The Lantern, Barnes Road

8:00pm Unity Group  
CD Mary Queen of the World  
Church Basement, Topsail Road

8:00pm Women for Recovery (*Women*)  
CD Canonwood Hall  
8 Military Road

8:00pm Waterford Health Science Group  
CD Theatre D  
Health Science Centre

8:00pm Gratitude Clean Air Group  
CD Triangle Social Centre  
51 Liverpool Avenue

**TUESDAY**

Noon Reason to Believe Group  
CD St. Patrick's Church Rectory  
Patrick Street

**TUESDAY CONT'D**

8:00pm Sobriety Beyond Group  
CD St. Peter's Church Basement  
Ashford Drive, Mount Pearl

8:00pm East End Group  
CD Canonwood Hall  
8 Military Road

8:00pm Better Life Group  
CD Triangle Social Centre  
51 Liverpool Avenue

8:00pm Twelve Step Group  
CD Theatre D  
Health Science Centre

**WEDNESDAY**

Noon Reason to Believe Group - 12&12 Study  
CD Triangle Social Centre  
51 Liverpool Avenue

7:00pm Step Sisters Book Study (Women's Mtg)  
CD Salvation Army Citadel  
25 Adams Ave.

8:00pm West End Group  
CD St. Theresa's Church Basement  
Mundy Pond Road

8:00pm New Hope Group  
CD Recreational Building  
Southside Track, Witless Bay

8:00pm Miracles in Sobriety Group  
CD First United Church, 221 Park Ave  
Mount Pearl

8:00pm Second Chance Group  
CD Dept. of Transportation  
Incinerator Road, CBS

8:30pm Pleasantville Group (OS 1st Wed)  
CD Mary Queen of Peace Church  
135 Torbay Road, Main Entrance

**THURSDAY**

Noon Living in Recovery Group  
CD Triangle Social Centre  
51 Liverpool Avenue

7:30pm Back to Basics Group - 12 Steps  
CD The Lantern  
Barnes Road

**THURSDAY CONT'D**

8:00pm Serenity Group  
CD West End Baptist Church,  
314 Topsail Road

8:00pm Recovery Group  
CD First United Church, 221 Park Ave  
Mount Pearl

8:30pm Third Tradition Group  
CD Holy Trinity Elementary School  
Torbay

**FRIDAY**

Noon Plain & Simple Group  
CD First United Church  
221 Park Ave, Mount Pearl

5:30pm Cocktail Hour Group  
CD Triangle Social Centre  
51 Liverpool Avenue

8:00pm Winners in Sobriety  
CD Holy Innocence Church  
297 Paradise Road, Paradise

8:02pm Young & Free Group  
CD St. Augustine's Church  
Elizabeth Avenue West

8:00pm Waterford Alone No More  
OD Group, Chapel, Waterford  
Hospital

8:00pm Happy Hour Group  
CD Pius X Library  
Smithville Crescent

**SATURDAY**

11:00am First Step Group  
CD Triangle Social Centre  
51 Liverpool Ave

8:00pm Beaconsfield Group  
CD Hazelwood School,  
391 Topsail Road

8:00pm Courage to Change Group  
CD Town Council Office  
Cape Broyle

8:00pm Freedom of Choice Group  
CD St. James Church  
330 Elizabeth Ave