# Area 82 Nova Scotia/Newfoundland and Labrador 50<sup>th</sup> Assembly of Alcoholics Anonymous October 10-12, 2014

Friday, October 10th, 2014

### Call to Order/Welcome 7:30 P.M.

# **Area Officers/DCMS Meeting**

Chairperson, Tim M. called the meeting to order at 7:30 P.M. Tim welcomed all in attendance, with a few moments of silence followed by the Serenity Prayer.

Welcome to our GSO Guest Richard B. (Eastern Canadian Regional Trustee)

### <u>Introductions Area officers and DCMS</u>

Chairperson-Tim M., GSD- Marilyn R., Alt. GSD- Boyd B., Treasurer- Tony D., Sec/Registrar- Jocelyn I. (not in attendance)

DCMS: District 1- Tom R., District 2- Barry H., District 3- Susan C.,

District 4- Lynn B., District 5- Robert C. (Alt. DCM), District 6- Anne B., District 7- Kirk S., District 8- George B., District 9- Albert B., District 10- Bonnie A., District 11 (regrets), District 12- Ken B., District 13- Elton C., District 14- Gerry M., District 15- Jim P., District 16- N/A, District 17- Gary O., Taking minutes for the weekend- Trudy D. (Alt. DCM District 2).

Observers: Dave A., Fred D., Cathy M., Mary W.

Area Chairperson Tim M. read a letter from Jocelyn I. stating that she has stepped down as the Secretary/Registrar. The letter is enclosed with these minutes. Thank you to Jocelyn for all her hard work and dedication to the Area and A.A. as a whole over the years, she will be greatly missed by all at the Area table.

12 Traditions read by Elton C.

### Treasurer Report: enclosed

Tony D. - Opening Bank Balance: \$25,357.05 (January 2014)

Total Revenue: \$20,042.93, Total Expenses: \$17,663.92, Closing Balance: \$28,459.08, Uncleared Cheques:

\$723.02, Total Operating Fund: \$27,736.06, Prudent Reserve: \$10,015.87

Tony has 3 cheques and some revenue from this weekend not yet deposited into the bank account. 1- Mid-Summer Round Up in Truro, 2- Districts 1 & 2 Central Service, 3- N.S. Provincial Round Up (Archivist expenses paid back).

A question was asked concerning whether Jocelyn had been budgeted enough to cover mail out costs. Tony stated that Jocelyn had not sent in her year to date expenses so we are not sure what is left in her budgeted amount for Secretarial expenses.

A question was asked if any Round Up could ask the Archivist to come to it or is it only certain specific ones. Tony explained that any Round Up in the Province can request to have the Archivist bring the Archives and will have the cost shared 50-50 between the Round Up and the Area.

A motion was made by Ken B. and seconded by Susan C. Motion passed unanimously.

# Roll Call: Active Groups

District 1- (28), District 2- (15), District 3- (12), District 4- (7), District 5- (7), District 6- (10), District 7- (14), District 8- (14), District 9- (22), District 10- (8), District 11- (6), District 12- (11), District 13- (4), District 14- (12), District 15- (34), District 16- (6), District 17- (6). Total Active Groups: (216).

Tim M. Chairperson reviewed Assembly Weekend agenda. There was discussion around a few of the new business items.

#4- Video Conference (report/presentation/vote) - Tom R. stated that there has been no more activity surrounding that topic by the Adhoc Committee since the initial presentation done at the Service Weekends. No cost analysis or research of location availability has been done. Some DCMs believed we have spent enough time on this matter and do not wish to proceed any further. Some DCMs believe that we have come too far to turn back and there is enough interest in this topic to allow the Adhoc Committee more time to gather the needed information. After much discussion on how to proceed at this time it was decided to allow the Adhoc Committee more time to get the research done. They will present this information again with more detail at the next Service Weekends for Area 82. This will go to the floor tomorrow to see how the Groups of Area 82 feel and get a general consciences with how to proceed.

#6- Eastern Canadian Regional Forum- Boyd B. stated that an attempt was made a few years ago to determine what was needed to bid to host a Regional Forum. They did not get the required information in time to put in a bid then. St. John's is interested in hosting a Regional Forum in 2017. Marilyn R. stated there are forms to be filled out and submitted. Richard B. the G.S.O. guest gave Boyd B. the contact name and information so they can get the process started.

#8- 2017 C.E.R.A.A.S.A. (co-host with Area 81) - Dave A., the Delegate from Area 81 spoke on this item. He stated that Area 81 is looking at bidding for the 2017 C.E.R.A.A.S.A. They are wondering if Area 82 would like to help with facilitating this event. They are not looking for any financial assistance but would like us to help plan and lead some of the workshops and other meetings that would take place during the weekend. They feel the event may be better supported, have more interest from a wider cross section of the general and service membership in both Areas and foster Unity between our Areas if we co-host the event.

There were some questions about where it might be held, dates and what the program might include. There was discussion around costs in Montreal and the wonderful job the committee did around hosting that event last year. Richard B. said he could get the cost analysis information and send it to us if we liked.

The consensus of the DCMs and area Officers was that it would be a positive experience and we would like to support it any way we can. It will be discussed tomorrow to get the consensus of the groups. Dave thanked us for allowing him to bring this to us for discussion. He will have more details after Area 81s Assembly next weekend.

Tim M. let us know that because this is the 50<sup>th</sup> Area 82 NS/NL Assembly weekend there is going to be a social tomorrow night at the Cambridge Inn & Suites. There will be a room set up with cake and refreshments so everyone can get together and celebrate with some food and musical entertainment!!

Resumes for tomorrows elections must be posted on the board in the morning before the start of business at 9:00 am.

Tim M. Chairperson closed the meeting with the Responsibility Pledge.

Next Assembly DCM'S and Area Officers meeting will be October 9<sup>th</sup>, 2014. Area 82 Nova Scotia/Newfoundland and Labrador 51<sup>st</sup> Assembly of Alcoholics Anonymous, Corner Brook, N.L. Location TBA.

Yours in service

Trudy Dunphy
Alt. DCM District 2

# Saturday October 11th 2014

9:00 am Tim M. Chairperson opened the meeting with a few minutes of silence followed by the Serenity Prayer.

# <u>Introductions of Area 82 DCMS & Area Officers</u>:

Chairperson-Tim M., GSD- Marilyn R., Alt. GSD- Boyd B., Treasurer- Tony D., Sec/Registrar- Jocelyn I. (not in attendance)

DCMS: District 1- Tom R., District 2- Barry H., District 3- Susan C.,

District 4- Lynn B., District 5- Robert C. (Alt. DCM), District 6- Anne B., District 7- Kirk S., District 8- George B., District 9- Albert B., District 10- Bonnie A., District 11 (regrets), District 12- Ken B., District 13- Elton C., District 14- Gerry M., District 15- Jim P., District 16- N/A, District 17- Gary O., Taking minutes for the weekend- Trudy D. (Alt. DCM District 2).

Area Chairperson Tim M. explained that Jocelyn I. has stepped down as the Secretary but will continue with the Registrar duties until the end of the year. See enclosed letter from Jocelyn. Trudy has graciously accepted the role of Secretary for this weekend only.

12 Traditions read by Linda W.

Sympathies: Members spoke the names of the AA members we have lost over this past year from our Area. A few moments of silence was observed to remember the members who passed away.

Mission Statement was read by GSD Marilyn R. Marilyn R. also read from page S20 of the service manual. (Enclosed)

Minutes from the 2013 Area 82 Assembly were read by Tim M.

Errors or omissions- there were no reports with the online minutes for 2013. All reports were given to the DCMs for distribution. Tim said he will ask Jocelyn to send the reports, with last names blacked out as per GSO website guidelines, to the Area Webmaster for the website. A motion was made to approve the minutes by Gary H, seconded by Fred D. Motion passed unanimously.

<u>Review of Agenda</u>- Lunch was changed from 12:00pm- 1:30pm to 12:00pm- 1:00 pm. Motion to approve the Agenda made by Tom R. and seconded by Tony D. Motion passed unanimously.

Reminder to all groups to be present for roll call. If you are not present when your groups name is called then your group loses their vote for the business matters.

D.C.M. Reports are attached (1,2,3,4,5,6,7,8,9,10,12,13,14,15, & 17). Regrets 11 and 16.

# Past Delegates Address:

Sonny S. past Delegate Panel 47 stated that Service Sponsorship is very important. If the long timers hadn't taken the time to teach him about Service he would not have had the experiences he has had to date. Today he enjoys the Fellowship and helping the still suffering Alcoholic.

Past Delegate Murdo M. Panel 57 stated every service position from group to Delegate was only possible because of the experience others shared with him. Our voice at the Conference is important. Working together at GSO helps the Delegate bring back AA wisdom from all over North America.

Don F. as Past Delegate Panel 33 stated, that he loved the upside down triangle. His journey into Service started with making coffee and cleaning the ashtrays at his homegroup. He worked his way up the Service ladder from different group positions to Delegate with the help of his Sponsors and other people who shared their Service experience with him over time. His Sponsor started in the beginning teaching him about responsibility in A.A., if you make a commitment then keep it!

# Greetings from GSO Guest Richard B.

Richard B. brought greetings from GSO. Richard stated that his service work at GSO is Eastern Canadian Regional Trustee. See full report enclosed with other reports at end of the minutes.

<u>Treasurer Report</u>: Tony D. see report attached Opening Bank Balance: \$25,357.05 (January 2014)

Total Revenue: \$20,042.93
Total Expenses: \$17,663.92
Closing Balance: \$28,459.08
Uncleared Cheques: \$723.02
Total Operating Fund: \$27,736.06

Prudent Reserve:

Tony has 3 cheques and some revenue from this weekend not yet deposited into the bank account. 1- Mid-Summer Round Up in Truro, 2- Districts 1 & 2 Central Service, 3- N.S. Provincial Round Up (Archivist expenses paid back).

Questions were asked on the following financial matters:

\$10,015.87

Do we get any accounting for the advances given out to the Area Officers- At the end of the year the Treasurer sends out a final financial report with the totals spent by each of the Area Officers and the returned amounts from the advances?

The Birthday envelopes sent from GSO to the groups- the envelopes are sent out to all the groups and on anniversaries individual members can send them back to GSO with \$1 for each year of Sobriety celebrated (suggested).

What is the \$40.00 cheque for under Remote Communities Workgroup- Remote Communities participates in a Conference call with other Remote Communities Committees throughout Canada every 6 weeks. This pays for our share of the cost of the conference call per year.

Why did we pay \$345.00 for the printing of the Area Guidelines when we haven't approved them yet? Tim explained that we got a discounted rate for the printing. It would have cost us more to go to Staples or any other place and do them ourselves. We needed to have them printed for the groups to have a hard copy of them to review for voting this weekend.

Someone asked why the Remote Communities Committee did not spend anything this budget year? We had approved expenditures for someone to go up to Labrador- Tony explained that Bill P. did go to Labrador to carry out our mandate as voted on at the last Assembly. He went up there in November of last year and so the expenses came off last year's budget and does not show on this year's expense report.

Gary O. from District 17 wanted it reflected in the minutes that the Provincial Round Up paid back the Area costs for the Archivist attending their Round Up with a cheque for \$125.00 (not yet deposited revenue).

A motion to accept the Treasurers report was made by Samaira G. and seconded by Dave. Approved unanimously.

# Alt. Delegate Report: See report attached

The Highlights noted by Boyd B. Alt. General Service Delegate were:

Boyd B. service responsibilities are: Grapevine (Literature),

Cooperation with the Professional Community, Corrections, and Treatment Facilities, Bridging the Gap, as well as Public Information, Remote Communities and the Area 82 Website. Boyd's report touches on what is going on with those committees.

# General Service Delegate Report: See report attached

The Highlights noted by Marilyn R. General Service Delegate Panel 63 were: Fighting isolation is key to ongoing sobriety. These Weekends and Assemblies are a spiritual adventure, a transforming process, hard work, but inviting and uplifting as we seek to reach an informed group conscience for Alcoholics Anonymous in Area 82. No matter where we are service makes us better.

#### Lunch

Active Committee reports: See report attached.

- 1. Remote Committee report: There was much discussion on Remote Communities. He is still doing conference calls with Mike or Abner usually calling people beforehand to make sure people will be ready. They took July/August off and will be starting again soon. More discussion and some ideas around maybe groups sponsoring a group to help them with literature or any 12 step work they may want to do. Maybe some individual members can get some contact numbers up there and do some long distance sponsorship. The idea is to help the groups and people up there realize they are not alone and we care about them.
- 2. M.C.Y.P.A.A. report: Tim M. said that the M.C.Y.P.A.A. committee returned the seed money to Area 82.
- 3. A.A.C.Y.P.A.A: The dates for it are April 25<sup>th</sup>-27<sup>th</sup>, 2015. The committee already has the seed money for start-up.

Motion made by Terry H. and seconded by Dwayne MacD. To accept all reports. Passed unanimously.

### Roll Call:

Marilyn R. GSD conducted the Roll Call of the group's attendance with the following results.

District 1-8 out of 28 District 7- 11 out of 14 District 13-1 out of 4 District 2-3 out of 15 District 8-4 out of 14 District 14-2 out of 12 District 9- 10 out of 22 District 15-7 out of 34 District 3-7 out of 12 District 4-3 out of 7 District 10-8 out of 8 District 16-0 out of 6 District 5- 1 out of 7 District 11-0 out of 6 District 17-4 out of 6 District 6-3 out of 10 District 12-3 out of 11

Total 216 Groups, 75 GSRS present, 4 Area Officers, 15 DCMS = 94 Votes

# **New Business:**

Tim M. explained the Election Process. Area 82 runs all elections following the  $3^{rd}$  Legacy Procedure. There are 94 votes and to be elected to each position requires 2/3 majority which is 63 votes. If after the  $4^{th}$  ballot there is no winner then we will ask the floor if they wish to go to a  $5^{th}$  ballot or go to the hat. If we go to the hat then the names remaining will be entered and 1 name drawn from the hat to be the successful candidate. If we choose a  $5^{th}$  ballot and the result does not produce a winner it then goes to the hat.

Richard B. our Eastern Canadian Regional Trustee is running the election for us.

# Delegate-

|         | First Ballot | Second Ballot |
|---------|--------------|---------------|
| Kirk S. | 17           | 11            |
| Tony D. | 6            | 0             |
| Boyd B. | 47           | 66            |
| Tim M.  | 24           | 15            |

**Boyd B. was elected after the 2**<sup>nd</sup> **ballot**. Motion to destroy the ballots made by Terry and seconded by Fred. All in favor. Ballots destroyed.

# Alternate Delegate-

|         | First Ballot | Second Ballot |
|---------|--------------|---------------|
| Kirk S. | 23           | 17            |
| Tony D. | 6            | 0             |
| Tom R.  | 9            | 4             |
| Tim M.  | 55           | 67            |

**Tim M. was elected after the 2<sup>nd</sup> ballot**. Motion to destroy the ballots made by Samaira and seconded by Fred. All in favor. Ballots destroyed.

# Area Chairperson-

|           | First Ballot | Second Ballot | Third Ballot | Fourth Ballo | t <b>Hat</b> |
|-----------|--------------|---------------|--------------|--------------|--------------|
| Kirk S.   | 23           | 39            | 35           | 44           | Kirk was     |
| Tony D.   | 13           | 5             | removed      | removed      | picked from  |
| Tom R.    | 18           | 8             | removed      | removed      | the hat      |
| George B. | 4            | 0             | removed      | removed      |              |
| Marilyn R | . 32         | 39            | 54           | 47           |              |

**Kirk S. name was drawn from the Hat**. Motion to go to the Hat made by Alan J. and seconded by Bob B. All in favor. Motion to destroy the ballots made by Mary and seconded by Jane. All in favor. Ballots destroyed.

Secretary- Tony D. was elected by acclamation.

Treasurer- Tom R. was elected by acclamation.

Webmaster- Hal M. was elected by acclamation.

Trustee At Large Candidate- Murdo M. was elected by acclamation.

#4- <u>Video Conferencing</u>- The committee asked to table this item until next year. It is the consensus of the group to table it until the Service Weekends.

#5- <u>Area 82 Guidelines</u>- Background of this item was explained by Tim M. Mary W. who is the Chair of the Ad Hoc committee gave a report concerning what had been done since the Service Weekend in Truro. She had not received and corrections from groups but the Ad Hoc committee did get together and make some changes as to some missing content.

Motion- To accept the Area 82 Guidelines as working Guidelines with amendments, if needed, to be done at a later date. Made by Robert and seconded by Tony. The floor was opened for discussion.

Jane, Bob M., Samaira G., Gary O., Dwayne MacD., Cathy M., David C., Jamie Q., Bonnie A., Fred D.,

Barry H. called the question. 47-17-5 was the vote. Question was called and vote on motion taken.

Vote on Motion- 36-37-7. Minority voice was heard. Murdo M., Boyd B., Barry H., Stewart, Susan, David, Jane, Tony spoke. Carol changed her vote and so the motion was again voted on. Vote on Motion- 52-16-6. Motion passed.

When we make a change affecting the Guidelines at a Service Weekend or an Assembly that change will come into effect immediately and the Guidelines will be updated immediately.

#6- Eastern Canadian Regional Forum- Boyd B. stated that an attempt was made a few years ago to determine what was needed to bid to host a Regional Forum. They did not get the required information in time to put in a bid then. St. John's is interested in hosting a Regional Forum in 2017. Marilyn R. stated there are forms to be filled out and submitted. Richard B. the G.S.O. guest gave Boyd B. the contact name and information so they can get the process started. The consensus of the floor was that it was a great idea and will get support from Area 82.

# **Supper Break**

#7- <u>Budget 2015</u>- Tony presented the enclosed budget. There was discussion on line item 1. Line item 9 was changed to \$0.00. Line item 18 was changed to \$0.00. All other line items were voted in without change.

#8- 2017 C.E.R.A.A.S.A. (co-host with Area 81) - Dave A., the Delegate from Area 81 spoke on this item. He stated that Area 81 is looking at bidding for the 2017 C.E.R.A.A.S.A. They are wondering if Area 82 would like to help with facilitating this event. They are not looking for any financial assistance but would like us to help plan and lead some of the workshops and other meetings that would take place during the weekend. They feel the event may be better supported, have more interest from a wider cross section of the general and service membership in both Areas and foster Unity between our Areas if we co-host the event.

The consensus of the floor was that it would be a positive experience and we would like to support it any way we can. Dave thanked us for allowing him to bring this to us for discussion. He will have more details after Area 81s Assembly next weekend.

**Sunday October 12, 2014**: Richard B. (G.S.O. Guest) shared his Experience, Strength and Hope with us.

The 50<sup>th</sup> Area 82 Assembly is concluded. The next Assembly is October 9, 10, 11, 2015 in Corner Brook NL.

October 11, 2014

Good morning Friends,

My name is Tom, sober alcoholic, member of the West End Step Group, Halifax. Good to be here, great to be sober. I have the honour and privilege of serving as District 1 DCM. District 1 covers Halifax, Sackville, Bedford, Hubbards and St. Margaret's Bay. We have a total of **26** Groups which would be 14 active and a total of 40 meetings weekly. District 1 & 2 together share 4 committees, Corrections, Treatment, PI (Public Information) and CPC (Cooperation with Professional Communities). I will speak on two of these this morning which will be very brief as we really only have one of the four positions filled at the present time. The one I will share on is our Corrections. I will mention that we are presently looking into unifying the four committees into two, ie: Corrections & Treatment as one and PI and CPC as one. That has gone back to the groups for discussions.

Our Corrections Chair, Maria R, has done a fantastic volunteered service in the last two years with our Correctional Facility. Meetings take place every Wednesday from 7:30 pm to 8:30 pm. Literature has been and continues to be supplied to the facility as well for the inmates. Volunteer list for both males and females has been increased within the last two years and now is sufficient. I believe there is one female security check presently outstanding. I want to say thanks to all the members who continue to donate all the literature to Corrections. We wish Maria the very best as she rotates out of her volunteered service position and continues to extend her hand in serving Alcoholics Anonymous and its members making sure that the doors of AA remain opened for the still suffering Alcoholic reaching out for help.

In closing I would like to welcome all old and regular friends and of course, the new ones here that we have no yet met to the Area 82, Nova Scotia, Newfoundlands 2014 Service Assembly. Being an elections year I would like to say a heartfelt thanks to all who are rotating out of their service positions. Thank you for your service and if you have decided to move forward in any other area of serving I wish you nothing but the ultimate blessings from the God or higher power that continues to serve each of you. A huge thank you to each and every member here today and gone before us in serving Alcoholics Anonymous and a great deal of thanks to the 2014 Service Assembly Committee for their great service in helping make this weekend possible.

Your humble, DCM District 1, Teamplayer, In Service,

Tom R

\* 5 × 5

#### District 2 Report, Saturday October 11/2014

Good Morning Area Members,

My name is Barry H and I have the privilege to serve as DCM for District 2. Our District currently has 16 groups listed and 8 of them are active at our monthly GSR meeting. We meet the third Sunday of every month to go over District business with our GSR'S.

I am happy to report that we have implemented the nomination process at our elections. We held our elections last month and Trudy has accepted the position as DCM and we also elected Cathy as our new Alt DCM. We are still looking for a Treasurer and Secretary. I would like to congratulate both Trudy and Cathy on their new positions and we all are grateful for them stepping up and they will bring a huge amount of enthusiasm and experience to District 2.

We have 4 Committees in District 1 & 2 and today I will be reporting on CPC and Treatment. It has been a tough year for us regarding these positions as both Chairs had to step down as well as their Co Chairs. With that said I can report that Treatment has filled all necessary Detox meeting's with members and Colin (Treatment) is still helping out as much as time permits with Treatment. I would also like to thank Pat and Colin (Treatment Chair and Co Chair) along with Dave and Carol (CPC Chair and Co Chair ) for the hard work they did while in their positions, we all appreciate the effort.

In regards to the 4 Committees both Districts brought up an idea to amalgamate Treatment and Corrections and also amalgamate CPC and PI so we have 2 committees moving forward. Research has shown that other districts in both countries already do this as both are so closely related. We have asked all GSR'S to bring this back to their groups and get feedback so we can vote on making this happen. With that said, both districts will have to be on board to bring this to life.

In closing, I would like to thank Trudy, Garth, Sandy and all our GSR'S for all the hard work they do in making our District run smoothly. It has been a great experience as DCM and a huge thanks to all of you both at the Area executive and GSR'S on the floor for your support.

I wish all of you the best!!

Barry H

DCM/District 2

# D.C.M. report Nova Scotia Assembly, Oct.10th-12<sup>th</sup> 2014

Hi friends,

My name is Susan C & I'm an alcoholic. I am DCM of District 3 which runs through Annapolis and Kings Counties, which the exception of the town of Wolfville. My home group is Fundy which meets Sunday mornings at 11 am and is the best group in the world

We have active 13 groups in District 3 and 3 meetings, including a monthly women's breakfast meeting.

We hold our monthly District meeting the 3<sup>rd</sup> Sunday of each month and preceding that we have a monthly workshop. For most of this year, we have been working on a district inventory workshop. District 3 is committed to reaching out to still suffering alcoholic, active in institutions Bridging the Gap and CPC/PI. We are responsible for putting on one meeting a week at Crosbie House and one at Soldiers' Memorial Hospital, partnering in these institutional meetings with our neighbouring District 17.

District 3 has a committee in place to work on a set of guidelines for our district.

Every holiday season most of the groups in District 3 take part in the annual Alkathon, which hosts meeting sat the MAC centre in Kingston on Christmas Eve, and Christmas day as well as Boxing Day, New Year's Eve and New Year's Day.

District 3 maintains an up to date website and monthly newsletter and district phone line, which again is shared between the various groups on a monthly basis.

We have been inspired by Districts 1 and 2 and so currently we are working with our neighbouring districts 4 and 17 to carry the message with a poster on the Kings Transit System

My District 3 groups and their GSR's have been awesome in supporting and encouraging me in my position as DCM. It has been my pleasure to serve as District 3 DCM for this term

Thank you all for my sobriety Yours in recovery & service Susan C.

DCM District 3

# **District 4 Report**

#### Good morning,

My name is Lynn and I am an alcoholic. I have the great pleasure of serving District 4 as DCM. It has been a most rewarding experience to have served this District. I am grateful for the opportunity, the learning and the personal growth that has taken place during this term. I will always look upon these past two years with gratitude. Thank you to the terrific GSR's, Alternates, Secretary/Treasurer, Newsletter Editor, Literature and Detox coordinators. These service members are members who work hard at keeping the doors of AA open and the meetings going for the newcomers and those who keep coming back. I thank all those who have helped show me the way, not only in District 4 but throughout the Area, from the man who still opens the door at age 84, to the member who keeps a phone line dedicated just to AA, just in case someone needs to reach out. I am amazed at the sheer kindness and willingness of every member who goes out of their way to keep the circle of AA alive and well.

District 4 has seven groups covering the area from Digby to Clare, Meteghan, Yarmouth and Amirault's Hill near Tusket. Six of our seven groups have completed their elections. Please see attached for incoming member names. We hope to elect our new Service committee at our next District meeting.

District 4 has two milestone anniversaries approaching this year. The Clare Group is celebrating a 40 year anniversary the last Monday of October and the Acadian Group is celebrating 35 years the last Friday of November. Both groups still have a founding member within their group. A big congratulation's to both groups.

District 4 was unsuccessful in setting up a workable 1-800 number. We currently rely upon our meeting cards, the Area 82 website, and the 211 help number in getting the AA message out. We are working with District 3 & 17 in having PI posters installed in the Kings Transit buses, similar to what District 1 & 2 were able to do. We are about ¾ of the way through this joint project. We thank District 1 & 2 for the great job they did and for the great idea.

We are working on a second joint workshop project with District 3 on what to do when you receive a 12 step call. We are hoping to meet with intergroup in the near future for their input and assistance.

The 36<sup>th</sup> annual Yarmouth Lighthouse Roundup is coming along nicely and the committee is excited about our speakers and the Three Legacy workshop. If you are able to join us please come out for some great fellowship, speakers, a banquet, a dance and a song or two.

I am excited for District 4 and its new line up of Service members. I know that there will be exciting days ahead.

In grateful service, Lynn B.

October 11,2014

Good morning friends, I am an alcoholic my name is Garth. I have had the privilege to represent District 5 as their DCM for the past 2 years.

Our district includes all of Cumberland County and consists of 7 groups and 4 meetings, with a total of 15 to 17 meetings held each week. We also put on 2 meetings per week at the Springhill Detox.

Our District meetings are held the 3<sup>rd</sup> week of each month, with different groups hosting the meeting at their location. The meetings are usually well attended.

We held our annual one day roundup on September 6 this year, which was once again success with shared fellowship and approximately 100 people in attendance.

I would like to pass on my regrets for not attending this weekend.

In closing I would like to thank all AA members from my District and Area 82 for their patience and support for the past 2 years. It has been a pleasure and a great learning experience to serve as the District 5 DCM.

Yours in service

Garth T

October 11, 2014

Good morning friends, my name is Robert and I am an alcoholic. Having been the alternate DCM for District #5 I am here today to present this year report on behalf of Garth T. who unfortunately could not be present this weekend.

It was my intend to be here this weekend never the less in the position of observer, but due to Garth absence it is my pleasure to participate and answer any questions you may have in respect to our District and it's progress.

I will proceed in reading Garth's report and will close with a few words.

....

I would like to also add to this report that our District also is involved with 1 Federal prison, Springhill and a few of our members do also participate in AA meetings held in the Dorchester/Westmorland Penitentiary.

I am looking forward to be of service for the following 2 years in the position of DCM for District #5 and thank you all for being here today, as your presence today keeps me sober.

Respectfully, in Service,

Robert C Amherst Nova Scotia

#### DCM Report District 6 October-2014

My name is Anne B

It has been my honour to serve District 6 for the past two years as their DCM. Our District has ten groups in an area running from Shubenacadie to Tatamagouche encompassing Hants East and Colchester Counties. We have 10 active groups and all, even though small in stature, continue to carry the message of Alcoholics Anonymous.

We had a very successful Mid Summer Round Up this year and a big thank-you goes to Darlene S and her wonderful Committee for all the hard work that it entails.

Continued meetings take place every Saturday night at Nova Institution for Women and I'm told the response from the in-house residents has been very positive.

The district had a quiet summer as the committee did not meet in July and August to allow for much needed vacations but remained in contact with one another and if a meeting was necessary it would have taken place.

Our PI Committee is continuing to meet and is looking for a new Chairperson this year

Elections are upon us-some Groups have begun the process and have elected new GSRs and alternates and others have yet to do so. At the District level so far we have a Round Up Chair and Groups have been encouraged to talk about the elections and the importance of members taking action in the role of Service

I want to especially thank the District GSR's for attending workshops and our monthly meetings-your participation and Service has been greatly appreciated. Special thanks to Wayne D my alternate who has gone far beyond what his duties are and has filled in for every position that became vacant on more than one occasion.

Service has taught me many things especially about myself especially humility. As I go off into the sunset of Retirement I want to thank you again for the last 2 years of love, experience and Service. I will carry this with me forever.

Thank You

linne L

Anne B

DCM District 6

#### **DISTRICT 7**

Good morning friends, my name is Kirk S. and I am an alcoholic and I am honoured to be the DCM of District 7. District 7 consists of 14 groups, and is geographically a large area, covering Pictou, Antigonish, Guysborough counties and Port Hawksbury, on the western tip of Cape Breton.

The groups cover two Detox units, conducting weekly information meetings.

Our PI/CPC is co-chaired also due to the distance. They are carrying the message with radio ads on the local radio station in Antigonish. They have supplied literature and meeting cards to tourist bureaus, motels, hospitals and local Doctors offices. District 7 also has a Correctional Institutions Chair and there is a weekly meeting being brought into the local jail, which is due to close this fall. In the near future Pictou County is going to open a new one, our incoming Chair for that committee will be the new liaison for this facility.

The District Monthly meetings are held on the third Sunday of the month. I am happy to report the attendance of GSR's is about 75%, also good attendance by the Alternate DCM and observers. We hold workshops after our meetings if time permits, they are conducted by the groups on a rotation schedule. We have seen very good representation of District 7 at the Service and Assembly weekends. I was privileged to have been able to attend the Forum in Quebec, which was very informative and enriched my knowledge of service in A.A.

In June, the New Glasgow group celebrated their 70<sup>th</sup> Anniversary of carrying the message in Nova Scotia. On a sadder note the Lakevale Big Book group closed on August 27<sup>th</sup>, after 21 years.

In closing I would like to thank you for the privilege of letting me serve as District 7 DCM and to thank our outgoing committee members for the enriching, experience of service and fellowship in A.A,.

Yours in Service

Kirk S.

# DISTRICT 8 AREA 82 201**4**

I am George B from the Isle Madame Group, Cape Breton, Nova Scotia, and District Committee Member for District 8.

Our District has 55 registered groups and runs from Lardoise across to Cheticamp. It runs from the Canso Causeway northeast to Baddeck, then turns north to Ingonish, on to Cheticamp then down Route 19 to the Canso Causeway again. It is a huge area to cover.

We have 19 meetings per week, consisting of 8 speaker meetings, 3 closed discussions, and 8 open discussions. Those groups who are able to, let their names stand on a rotating schedule to run an institutional meeting at the Strait Regional Hospital on Monday evenings at 7:30.

We will hold an AA day in July, hosted by the Margaree Group, where each group across the district chairs meetings. An AA Family day will be held in August at Glendale, which is the most central spot. It will be hosted by the District Committee, and involve Alanon as well as activities for kids and families.

We have 9 groups out of 15, which consist of 5 or fewer members, but although we are few, there is a great deal of travel by the members from group to group - surprising, when given our vast area!

We have a Public Information chair and an active P.I. committee operating at this time. This committee meets every 2<sup>nd</sup> month at 1:00 for an hour before the regular monthly District meeting.

We conduct our district meeting the third Sunday of every month at 2:00 pm in the Glendale Rooms. As part of our district meeting, we run an hour long workshop EACH time we meet on either, a step, a tradition, or a service concept, and we take turns presenting the workshop. We have a very committed and active District Committee. Our attendance is consistently around 90%. All of our District positions are filled.

AA is reaching out and helping others in District 8.

Respectfully submitted,

George B

DICTICT 9 MI FRIENDS My NAME IS Albert D DCM FOR DISTRICT 9. I would Like To Werome Everyone To THE Soth ASSEMBLY. Iwould LIKE THANK THE COMM FOR All THERE MARD WORK. OUR DISTRICT MEETENG ON 3 SUNDAY OF EVERY mowers. THIS HAS DISTRICT HAS 10 GROUPS WHO ATTEND all the meetines. This torrests A CREAT I have PEARURE OF WORKING WITH a GREAT EGROUP GSRS and GROUPS CHE Who are Basy CARRING THE MESSAGE. Yours IN SCRUTCE Albort D.

Hiltoy

#### District 10

Hi – my name is Bonnie A., and it is my privilege to serve as the DCM for Dist 10 for the past 2 years.

Dist 10 covers a wide area from Chester to Barrington. We are fortunate enough to have 8 active groups and 3 meetings in our Dist. The meetings include a regular meeting, a Monday night Women's Step study meeting, which has been going strong for the past year, and a Men's Step study meeting which has been going strong now for several years. All of our groups and meetings are well attended and growing stronger as newcomers decided to come and receive the gift of sobriety offered here in Dist. 10 and anywhere else in the fellowship of Alcoholics Anonymous.

This past May we were proud to put on our yearly event called May Day – most of you are familiar with our event, as it is well attended by other Dist. and we do so appreciate the support. This past year marked the 33 rd. consecutive year we have been holding our May Day and we look forward to another successful year next year – we hope to see you all there.

Unity is a big part of Dist. 10 and we try to hold different events to celebrate sobriety and include all members, both new and old, their families and their friends. We hold a Christmas party every Dec., which is always well attended and we usually have a visit from Santa's elf to wish us all well. This past Sept. a baseball/picnic/barbeque was held and those who were able to attend had a terrific time of laughter and fellowship – this event we hope will become a yearly event. We have also had skating parties and a bowling party is planned for the near future.

Our Dist. meetings are held the last Sunday of every month, excluding July. Our meetings are well attended with GSR's and alt GSR'S from 7 out of 8 groups usually in attendance. Every month Kathy SC., our alt DCM has been putting on workshops on the traditions. We are currently establishing a PI committee and will hopefully soon have that up and running and Dist . 10 is also a strong supporter of Bridging the Gap. We also have been contributing any none sold Grapevines to a Northern community that one of our members teaches at during the winter months , we have also provided her with books and literature from time to time and look forward to helping support her and their meeting in anyway we can.

We are also pleased that the N.S. Archives are housed in Dist 10 for the present time. This gives us the opportunity to learn more about our A.A. history and just how this fellowship began. At the LaHave Group the second Thurs. of every month they hold a history night which is well attuned and a great deal of interest is shown in this meeting.

This is my last report as DCM for Dist. 10 and I would like to thank the members of Dist. 10 for giving me the privilege and the opportunity to serve the fellowship of Alcoholics Anonymous and my Dist.

Yours in Service

#### **Bonnie A**

DISTRICT # 13, AREA #82 50th Assembly of Alcoholics Anonymous October 10th, 11th, & 12th, 2014

My name is Eldon and I am an Alcoholic.

I am District Committee Member for District 13, Area 82.

Our district comprises the communities in Central Newfoundland.

I was elected Alternate DCM in 2012 and moved into the position of DCM when our elected DCM stepped down due to medical reasons in 2013. I was reelected to the position of DCM for the coming two year term at elections held in September of this year. The past year has been a learning experience of getting to know the people and groups in our District.

We have been unable to elect a full slate of persons to fill the positions on our District organization for the coming term due to a lack of members willing to serve. We need to work on this, and would appreciate helpful ideas.

I see challenges in helping struggling alcoholics in the smaller communities of our District area, where group are not established.

The larger communities fro Glovertown in the east through Gambo and Gander to Grand Falls-Windsor in the west, in our District have regular meetings and are healthy and active.

Financially we are okay.

District meetings are held four times per year.

Yours in service

Eldon C

# Area 82 Fall Assembly, October 11, 2014

### Gerard M., DCM - District 14

Good Morning everyone. My name is Gerard and I'm an Alcoholic, DCM District 14.

Our District has 12 Groups and holds 17 meetings a week.

Since my last report, a new Group was started. The Carbonear Lunch Time Group meets at noon and is doing well with attendance.

We held our Annual AA Day in July and a good time with Fun, Food, and Fellowship was had by all.

Next Springs, NL Service weekend will be held in District 14. Final arrangements are yet to be made, but it is a strong possibility it will be held in Clarenville.

The District conducts regular Bi-Monthly meetings that are rotated to different groups. This is to try to get better attendance. However we still have only the regular members attending. All in all the District is holding its own.

I would like to take this time to thank the Area and the District for allowing me once again to be a trusted servant.

Yours in Service,

Gerard M.

DCM District 14

### District 15:

Hello my name is Jim P. and I am an alcoholic. I am the DCM for District 15 of Area 82. District 15 consists of 34 groups, 28 of which are in the St. Johns - Mount Pearl area where members have the privilege of going to a meeting every night if they wish. Then we have six groups which are outside the city consisting mostly of long timers who keeping the doors open for the alcoholic who still suffers. On occasion these groups have very low attendance. We cannot forget about these groups and it is vital that we involve them in our District functions, and attend their meetings when it is possible to do so. After all we are still responsible for the alcoholic who still suffers.

District 15 is in the process of putting off a sharing session in November (Are we the problem or the solution?) is the topic. Also, there may be a workshop on service sometime before Christmas as well. Workshops and sharing sessions are vital in educating ourselves on aspects of the program that should be so important to us all.

Our archives are slowly becoming digitized. We have had some issues come up with respect to anonymity. We will have some discussion on this issue at our next District meeting.

We have our support committees CPC-PI, Institutions and Bridging the Gap. These committees do some wonderful work in the community. They meet with Doctors, Nurses and have luncheons with professional people. They put off drunk driving speakers meetings at Howard House. They also have meetings at the Recovery Center and at Her Majesties Penitentiary and I can go on.

Finally, unity is such a major part of our program. It is great to be here with all of you this weekend. To be able to share in each other's sobriety.

Thank you, Jim P. DCM District 15

#### District 17:

Good morning friends. I am an Alcoholic, my name is Gary O. and I am the DCM for District 17 located in West Hants County and Wolfville. We have 6 registered groups in the following areas: Brooklyn, St. Croix, Three Mile Plains, Windsor, Hantsport and Wolfville. There are also non registered meetings in Windsor, Hantsport and Wolfville. At present there is a total of 13 Meetings per week in our District and approximately 80 members. It takes no more than 25 minutes to drive to any meeting within the District.

We continue to work with District 3 in putting meeting on at Crosbie House New Minas on Tuesday evening and Addiction Services Middleton Detox on Wednesday evenings. I am very pleased to say that the Unity between District 3 and 17 is on the constant rise. We were very successful in joining together this year in putting on 49<sup>th</sup> Provincial Roundup with great attendance by you the members which made it happen. Right now District 3, 4, and 17 are working together on signage for the Valley Transit Bus Service running from Brooklyn District 17 all the way through District 3 and into Weymouth District 4. We are following District 1/2 lead on their approach with Metro Transit. We are still in planning stages but it's coming together getting prices and contact numbers figured out. The 3 Districts are also discussing the possibility of joining for a Liability Insurance package.

John B. Is serving as Alt.DCM and Melanie F. Is our Treasure and was instrumental in getting our AA Posters together. Peter C. Is our Secretary/ Web Master (district 17.area82aa.org) and keeps the information on our Meeting Cards up to date. Paul B. Is our Institutions Rep and keeps in contact with Crosbie House and Middleton Detox and District 3. Jeannette G does a fine job as our News Letter editor. John S. Heads our TAS committee taking over the work that Pete L. Had in motion. Our Phone Answering Service number is listed in the Canada 411 and Yellow Pages under "Alcoholics Anonymous Windsor 902-799-6066. Pete L. Heads our PI/CPC and sits on various Committees in the Valley area getting the AA Message out there along with other members of our District. Pamphlets and the AA Posters have been placed at Professional Offices, Schools, and Businesses. On November 6<sup>th</sup> Pete L. and I along with members from District 3 will be attending a Conference named The Uncommon Law set up by the Nova Scotia Barristers Society at the Louis Millet Complex in New Minas. Members present will be Lawyers, Judges, Local Justice, Mental Health and Members of the Community. The Barristers' Society is hosting and facilitating four one hour presentations along with Group break off discussions. Topic is: How do we build effective legal advocacy for people who have substance and/or mental health challenges in Nova Scotia. I think it's great that they want our input.

I would like to thank Peter C. and Terri BC. For again opening up their back yard (The Healing Gardens) on Sunday morning during July and August to put on an open meeting. The topics were taken from the Grapevine book Happy, Joyous and Free along with other topics.

This year also marked the 50<sup>th</sup> Anniversary of the Windsor/Brooklyn Group which was very well attended along with some history of the Group and A.A. In the Area. Wes B. also celebrated 50yrs that night.

It was also a 50 year mile stone for The Windsor and Area Mini Round-up which was also a huge success. Again thanks to those who attended as that makes for the success. Terri BC took orders on T Shirts with a logo "I am Responsible "and the 50<sup>th</sup> Anniversary date on them she sold 100 of these shirts at cost. As for me I would like to say thank you for all the Knowledge, Growth and Support I received in my term as DCM a very rewarding adventure.

Yours in the Love of Service

Gary O., DCM, a Trusted Servant of District 17

# ALTERNATE GENERAL SERVICE DELEGATE'S REPORT $50^{TH}$ AREA 82 ASSEMBLY – SYDNEY GARRISON, VICTORY PARK, SYDNEY NS OCTOBER $10^{TH}$ – $12^{TH}$ , 2014

Good morning friends, my name is Boyd B., and I'm an alcoholic. My term serving you as Alternate General Service Delegate for Area 82 is rapidly coming to an end. This will be my final report to you in this capacity. I have to tell you, it's been a real pleasure, meeting many of you on a personal basis. You have all enhanced my sobriety tremendously. I really appreciate the opportunity to get to know you all.

As you know, the Alternate's job involves looking after many areas of our service structure including Remote Communities, Public Information, Cooperation with the Professional Community, Corrections, Treatment Facilities, Bridging the Gap, the Area Website and of course, the Grapevine.

# **GRAPEVINE:**

There's a new publication just out last month called "Sober and Out". Sober & Out is a collection of stories by AA members who are lesbian, gay, bisexual, and transgendered (and a few friends) from the pages of AA Grapevine. They share their experience, strength and hope with alcoholism as well as their personal struggles and hard-fought triumphs. The stories in this book show that, like most alcoholics, LGBT AAs struggle to fit in, stay sober and find peace in their lives.

The Grapevine "Quote of the Day "is growing rapidly in popularity and now has subscriptions of 28,583 as of Sept. 10<sup>th</sup>, 2014.

I would like to read you a quote from one of my recent favourites:

"In our Twelve Traditions we have set our faces against nearly every trend in the outside world.

We have denied ourselves personal government, professionalism and the right to say who our members shall be. We have abandoned do-goodism, reform and paternalism. We refuse charitable money and prefer to pay our own way. We will cooperate with practically everybody, yet we decline to marry our Society to anyone. We abstain from public controversy and will not quarrel among ourselves about those things that so rip society asunder -- religion, politics and reform. We have but one purpose: to carry the AA message to the sick alcoholic who wants it.

We take these attitudes not at all because we claim special virtue or wisdom; we do these things because hard experience has told us that we must -- if AA is to survive in the distraught world of today."

# TREATMENT/SPECIAL NEEDS-ACCESSIBILITIES:

I received an update from Steve S., last year's GSO Guest, who serves in this department.

Steve says: The purpose of this report is to share activity from the Conference, G.S.O. and local committees in this important A.A. service area.

Two considerations from the Conference Committee on Treatment/Special Needs-Accessibilities were:

1) The committee thoroughly considered a proposal to revise the pamphlet "Bridging the Gap" to expand its scope to include information on related corrections service activity and took no action. The committee acknowledged the desire in some areas for a generic Conference-approved pamphlet about bridging the gap. While some areas have combined corrections and treatment bridging the gap activities, they remain separate in many others. The sense of the committee was that revising the current pamphlet to include both treatment and corrections might not adequately address the variety of bridging the gap programs that areas throughout the U.S. and Canada have developed to address their specific needs. Some of these areas have developed service material tailored specifically to explain their local programs.

2) The committee requested that the General Service Board consider whether there is a need to develop a Conference-approved pamphlet addressing bridging the gap activities for corrections.

Also, "Hope: Alcoholics Anonymous," was recently added to G.S.O.'s website, aa.org. You can find it by typing in "Hope DVD" in the search box or going to the Treatment Committees section of the website. Below is a URL/link to the Web page which features the DVD:

http://www.aa.org/assets/en\_US/literature-committees/p-16-the-aa-group#search-video-player
The International Convention is fast approaching and, as staff coordinator for the event, Eva Sanchez, has plans in high gear. You can review important Convention information at aa.org by clicking on the "2015 International Convention" banner headline on the home page or by using the following URL/link:

http://www.aa.org/pages/en US/2015-international-convention-of-alcoholics-anonymous.

Steve goes on to say; many treatment professionals and clients request A.A. literature and meeting information from G.S.O. Contact information is passed along to the local Area Treatment Chair for attempts to establish ongoing cooperation. The enthusiasm and reports back from these chairpersons is a real highlight of working this assignment. Thanks Steve!!!

# WEBSITE:

This is an election year for the webmaster as well as the other Area Officers and to date no has come forward to fill this position. Aaron W. is rotating out and deserves our complete gratitude for a job well done. Thank you very much Aaron.

# **REMOTE COMMUNITIES:**

I understand from Murdo that there will be a report later today. Bill P. was recently back from Labrador and Murdo told me he was going to pick his brains.

# COOPERATION WITH THE PROFESSIONAL COMMUNITY/PUBLIC INFORMATION:

Bert F. is rotating out as chair of CPC/PI in District 15 and I'd like to take this opportunity to thank him for the hours of dedication he has given to this committee.

I just received a copy of District 17's PI/CPC Committee Report from Pete L. His committee is always busy and together with Districts 3 and 4, are looking at a joint project to place posters in the Kings Transit buses.

I understand from Districts 1 and 2 that Elaine B. had to step down as PI/CPC chair in August as she was moving out of the country. Elaine and I shared quite a bit and I'm sure we all wish her well.

I'd like to take this opportunity to thank all of you who work behind the scenes on various committees to help carry the message, and for me, I have to say, I find this area of service most rewarding.

Service is the key. And to any of you who are just starting out, I strongly encourage you to give it an honest effort and see how it can help you stay sober as you trudge the Road of Happy Destiny.

Respectfully submitted, Boyd B., Alt. GSD, Area 82

# General Service Delegates Report Area 82 NS/NL Assembly Sydney, Cape Breton

#### Good Morning Friends!

My name is Marilyn R., an alcoholic, and it has been a real honor and privilege to serve Area 82 as your General Service Delegate Panel 63.

To District Nine and the Assembly Committee we thank you for the warm Cape Breton hospitality, and all the service work you have put into making this weekend a spiritual experience for us all.

A warm welcome to all of you, and especially our GSO Guest Richard B., our Eastern Canada Regional Trustee and those who are attending for the first time.

To all of you here this weekend your presence demonstrates your commitment to service and to growth along spiritual lines. Dr. Bob said it all comes down to love and service and we all feel that love here this weekend.

This year we come together to conduct our Assembly under the theme of the 64<sup>th</sup> General Service Conference "Communicating Our Legacies-Vital In A Changing World".

Fighting isolation is key to ongoing sobriety. It is easy in today's world to sit with a television, a laptop, or smart phone instead of communicating with a real person. This can be a challenge for all of us, just as we are challenged to effectively utilize new technology. I hope we will continue to focus on our core-the indefinable magic of one alcoholic talking with another alcoholic.

Yes, we are here to do the "business of AA", improve communication, and carry this AA message of recovery from alcoholism through the twelve steps. However, these Weekends and Assemblies are a spiritual adventure, a transforming process, hard work, but inviting and uplifting as we seek to reach an informed group conscience for Alcoholics Anonymous in Area 82. No matter where we are service makes us better.

For sure, serving as your General Service Delegate, and after attending the General Service Conferences, my experience has been a whole new dimension of Alcoholics Anonymous, a transforming process with a change of attitude, growth and new outlook on life.

As your General Service Delegate, after the Service Weekends in June, I had the privilege of sharing in both individual and Group Anniversaries, attending District and Central Service Meetings, putting on Workshops for Districts, Committee Meetings, attending the Nova Scotia Provincial Roundup in New Minas, District 6 and Amherst Roundups, Glendale Family Day, Bedford Sackville Day, planning Meeting for the Provincial Roundup 2015, conducted GSO Surveys in the Area, "Meet and Greet" Sessions, sharing and helping others, putting on AA Meetings at the Nova Institute and attended the Eastern Canada Regional Forum in Laval. (Please see attached report)

Also, throughout the year I have had the opportunity and privilege to connect with you through District Minutes, Committee Meetings, email or telephone.

This is not only an honour, but communication keeps us more informed of what is going on around and thus, allows us to be helpful to those in need, serve others and carry this message of recovery.

Later on in the coming months I will be attending the Yarmouth Roundup and other Anniversaries and events in various Districts.

Throughout my time as your General Service Delegate, there are memories that will always be remembered and close to my heart, and one of them is that, whenever I attended or visited your Meetings, Districts, Roundups, Planning Committees, Service Weekends, Assemblies, or communicated with you on the telephone and email, you were always so hospitable, supportive and loving.

Thank you for this wonderful memory and many, many more of Alcoholics Anonymous in Area 82! In closing, thank you for the opportunity to serve as your General Service Delegate, and to love and serve you. I especially want to thank each and every one of you who is loving and serving others in Area 82.

Yours in love and service,

Marilyn R. GSD Area 82 Panel 63

# Eastern Canada Regional Forum, Laval, Quebec August 15,-17, 2014

The Eastern Canada Regional Forum was held in Laval, Quebec on the weekend of August 15-17, 2014. This report is a summary of the events that took place throughout the weekend.

First of all, there were seven hundred twenty six people registered and this included four hundred and nineteen members attending their very first Forum.

Many of these new members were welcomed at the Forum Orientation on Friday evening. Sunday morning included a session for sharing from the first-time forum attendees, followed by sharing from Past Trustees. We were all warmly welcomed on Friday evening and the hospitality, warmth and love that we experienced was just out of this world. Everyone expressed gratitude and affection to our newly elected Eastern Canada Trustee, Richard B., for Chairing the Forum all weekend with his characteristic humor and great love for Alcoholics Anonymous. Richard, you did a great job and thank you!

The Eastern Canada Regional Forum included:

Friday Evening: Presentations by the Class A and B Trustees, and the General Service Staff Assignments. This was followed by a DVD on: Markings on the Journey which was recently updated and closed with a General Sharing Session.

Saturday: Presentations were given by the Grapevine Director, on the AA Grapevine, La Vina and followed by a General Sharing Session, Eastern Canada Delegate's, Finance, GSO Office and the AAWS Board. This was followed by Ask It Basket and the General Sharing Session. Also, an excellent Presentation on: AA Around the World and closed with a 2015 International Convention Skit.

Later that evening we had excellent Workshops on "What is a GSR? Archives, Change in AA, needed or not? And the French Workshops consisted of La Vigne, Bridging the Gap, and the The Twelve Steps: Using the Twelve Steps in Our Lives. Grapevine: The Grapevine Rep and More – Bringing the Message of Hope to Alcoholics, Problems Other Than Alcohol at Meetings, and Keeping Our Rooms Safe.

The French Workshops consisted of: Keeping Our Rooms Safe, CPC: How to be Friendly with Our Friends and How to be an Effective Sponsor.

These were excellent, excellent Workshops with wonderful participation, sharing experiences and new learning with one another.

If we want to learn anything about Alcoholics Anonymous the best place to be is at a Regional Forum. Sunday: Sharing Session/Ask it Basket Session, Sharing from First Time Forum Attendees, Eastern Canada Region Past Trustees, and Closing remarks from the Chairperson of the General Service Board.

This was a wonderful, and just a terrific Regional Forum! The participation and planning by the two hundred volunteers was very present and the organization and hospitality we were granted by Area 90 was superb!!! Thank you to the General Service Board and all the Eastern Canada Regional Forum participants: Phyllis H., Terry B., Richard B., David M., Bob W., Ami B., David K., Ed M., Lynda B., Mary Clare L., Clay R. and Ivy R. You have to be there to see how hard those people worked. For example: One morning I was passing this Conference Room going down to get ready for the Serenity Meeting at 7:00 a.m. and all these people were in a room having a Business Meeting and probably didn't even have a rest before that Meeting.

It was an outstanding Forum!!! Thank you!

Last, but certainly not the least, thank you to Area 82 for allowing me to attend this Regional Forum!! Yours in love and service, Marilyn GSD Panel 63

Remote Communities Report Area 82 Assembly 2014

As a member of the Remote Communities Committee I am pleased to give you an update on the activities of the committee to date since the Service Weekends.

The conference calls conducted by Mike Y. and Abner T. with the participation of AA members in both remote areas of Labrador and the Newfoundland & Nova Scotia region were ongoing through the spring with a hiatus in June thru September. We had approx. 8 to10 participants on these calls on a regular basis and was most welcome by all.

These calls will be resumed in the coming months and we hope the word gets around that this service is available.

Another matter that seems to be of concern in Labrador area, according to my contact Bill P. is that these communities are getting more affluent with the strong work economy in the Labrador area some communities are able to afford to send those requesting help with their addictions to detox and treatment centres on the mainland and in the US. There is little or no guidance to AA for those returning to their home communities. Maybe we need to look at alternative methods to carry our message.

On the issue of having a contact in the region I believe this is an important step for us to move forward, I know we have faced this problem in the past with little success. Those contacted to take on this role have considered the cost involved and the travel concerns.

I am proposing the amount considered for the next budget be used to defray the cost of bringing an elected member to the next assembly in St. John's NL.

As a member also of the national or international (if you wish, as we now have a member from Arizona) Remote Communities committee we continue to have conference calls every six weeks or so. There are always new ideas brought forward and the sharing gives us all perspective on what else is going on and ideas for carrying our message in remote communities across the northern landscape.

I have been asked to chair this committee for the next two years.

If you have any suggestions or concerns on how we carry the AA message in to remote areas please contact myself or the Alternate Delegate.

Murdo M.

Remote Community Committee member.

### GSO Guest Richard B.:

How can I be responsible for AA's future if it is to begin with me? Our First Tradition says: "Our common welfare should come first; personal recovery depends upon A.A. unity." In my group, my district, my area, at the Conference, do I use love and tolerance towards people? I often say that when I talk to a newcomer, I never have any problem because God lives inside me. It really is the language of the heart in action. But in a service meeting, God can leave very quickly if I don't have love, tolerance and unity. Because of my responsibility and the privilege of serving the Fellowship, I must try to make people following me. If I can stand in front of you today, it is because some people have been responsible for AA's future and made me following them. As you all count on the support of your group to recover, AA groups in Canada and United States count on the General Service Conference to maintain the unity and Strength of our association. It is our duty for all of today's and tomorrow's alcoholics.

I would like to quote page 338 of Dr Bob and the Good Old Timers: «Let us also remember to guard that erring member the tongue, and if we must use it, let's use it with Kindness and consideration and tolerance. «And one more things: None of us would be here today if somebody hadn't taken the time to Explain things to us, to give us a little pat on the back, to take us to a meeting or two, to do Numerous little kind and thoughtful acts in our behalf. So let us never get such a degree of smug complacency that we're not willing to extend, or attempt to extend, to our less fortunate Brother that helps which has been so beneficial to us. Thank you very much." Unquote.

Today I have the privilege of serving as Eastern Canada Regional trustee and believe me I would never thought even in my wildest dreams that it could be possible. I was eligible and available and I owe so much to the fellowship that save my life that I decided to send my resume. After doing that the rest was in my HP'hands. At this point I will talk to you about the role of a Regional Trustee.

It is by way of our conference structure that we carry out our general service work. This is a triangular structure, intentionally inverted with groups at the top and the Conference committees and trustees at the lower end.

Communication at every level, keeping fully informed, expressing our group conscience and matching delegated responsibility with ultimate authority make it work. The triangle also signifies that the Conference structure begins with the A.A. group and its group conscience.

Each member's voice is heard and expressed by their vote, in their home group. This forms the group conscience which is carried by the elected G.S.R. of the home group. Every two years, the G.S.R. elects the District Committee Member to serve the groups of their district and an Area Delegate to represent their Area at the annual General Service Conference meeting in New York.

And, it is through the election of our delegates, our groups have delegated to the General Service Conference the principle responsibility for the maintenance of A.A.'s world services.

Delegates who represent the 93 areas in our structure are entrusted with the responsibility of acting on matters affecting A.A. as a whole; participating in elections of our trustees and directors, and reviewing our literature and Grapevine publications.

Delegates make up 2/3 of the 135 voting members of the Conference and are joined by A.A.W.S and Grapevine Board Directors, staff and Trustees in the Conference meetings, all acting as custodians of our Twelve Steps and Twelve Traditions...

Through the work of Conference Committees and floor discussions the collective voice of our fellowship is heard and documented in the form of Advisory Actions.

The Trustees of the General Service Board, through its 13 Trustees' committees and two wholly-owned service corporations, A.A. World Services and A.A Grapevine, Inc. carry out the work of the Conference actions.

With this structure it's easy to understand that the Conference is a year- round process.

shows us A quick review the General Service Board has 21 member trustees, seven are non-alcoholic (Class A) and 14 are alcoholic (Class B). Of the Class B Trustees, four are General Service Trustees, selected for their diversity of professional skills and talents, and two are Trustees at Large, one from the U.S and one from Canada.

The remaining eight are regional trustees (like myself), representing six regions in the U.S. and two in Canada each serving four years on the Board.

While no Trustee can be said to "represent" a geographical section, as Trustees represent A.A. as a whole, regional trustees bring a regional point of view and experience to board discussions.

Regions within our Conference structure:

Western Canada, Eastern Canada,

And in the U.S:

Northeast, Southeast, East Central, West Central, Southwest and Pacific.

Our Eastern Canada Region includes:

- Area 81 New Brunswick/PEI
- Area 82 Nova Scotia-NFLD-Labrador
- Area 83 Eastern Ontario International
- Area 84 Northeast Ontario
- Area 85 Northwest Ontario
- Area 86 Western Ontario
- Area 87 Southwest Quebec
- Area 88 Southeast Quebec
- Area 89 Northeast Quebec
- Area 90 Northwest Quebec

We are truly enriched by our vast diversity and unity that seems to bring continual light and strength to our A.A. membership.

The responsibilities of the Regional Trustee are to:

- Serve on the General Service Board trustees' Committees
- Attend all quarterly Board weekends (held in NY)
- Serve as trustee director on one of the corporate boards either AAWS or AA Grapevine
- Visit regional and area assemblies throughout the region
- Attend and participate at Regional Forums (held every two years in each Region).
- Participate in the annual General Service Conference
- Communicate regularly with area delegates within my Region
- Travel to other service functions when possible

In closing, I hope that our vision for the future will be focused on the AA groups as the fundamental recovery tool. I hope that our vision will encompass an AA movement where the groups will still have the right to make mistakes. I hope that our vision will encompass an AA movement where the bond between service and the recovering alcoholics will remain important. I hope that our vision will encompass an AA movement where words like "speed" and "convenience" will not replace the basic service structure and the language of the heart, which often require much time and efforts in order to be expressed and heard.

Thank you so much for your attention

Richard B.

Eastern Canada Regional Trustee

**Treasurers Report:** 

|   |                         | Area 82 Budget 20       | 015                     |                 |                         |                        | APPROVED       |
|---|-------------------------|-------------------------|-------------------------|-----------------|-------------------------|------------------------|----------------|
|   | Approved Budget<br>2011 | Approved Budget<br>2012 | Approved Budget<br>2013 | Actuals<br>2013 | Approved Budget<br>2014 | Actuals<br>2014        | Budget<br>2015 |
| Gen Service Conf.                               | \$3,000.00              | \$3,000.00              | \$3,000.00              | \$3,000.00      | \$3,000.00              | To OCT 2<br>\$3,000.00 | \$3,000.00     |
| GSD's Expenses                                  | \$2,000.00              | \$2,000.00              | \$2,000.00              | \$1,937.55      | \$2,000.00              | \$2,000.00             | \$ 2,000.00    |
| GSD Office Supplies                             | \$0.00                  | \$500.00                | \$500.00                | \$426.32        | \$500.00                | \$500.00               | \$500.00       |
| Alt. GSD's Expenses                             | \$2,000.00              | \$2,000.00              | \$2,000.00              | \$1,991.69      | \$2,000.00              | \$2,000.00             | \$2,000:00     |
| Area Chair Expenses                             | \$2,000.00              | \$2,000.00              | \$2,000.00              | \$1,394.52      | \$2,000.00              | \$2,000.00             | #2,000.00      |
| Secretary Expenses                              | \$2,000.00              | \$2,000.00              | \$2,000.00              | \$1,976.96      | \$2,000.00              | \$2,000.00             | \$2p00:00      |
| Sec. Office Supplies                            | \$600.00                | \$600.00                | \$600.00                | 562.81          | \$600.00                | \$600.00               | \$600.00       |
| Treasurer Expenses                              | \$2,000.00              | \$2,000.00              | \$2,000.00              | \$1,411.61      | \$2,000.00              | \$2,000.00             | \$ 2,000.00    |
| Treasurer Office Exp                            | \$200.00                | \$200.00                | \$200.00                | 0               | \$200.00                | \$0.00                 | NIL            |
| NL Archives<br>Upkeep & Storage                 | \$1,200.00              | \$1,200.00              | \$1,200.00              | 1042.52         | \$1,200.00              | \$0.00                 | \$1,200.00     |
| NL Archives<br>Travel Expenses                  | \$500.00                | \$500.00                | \$500.00                | 0               | \$1,000.00              | \$0.00                 | \$1,000.00     |
| NS Archives<br>Upkeep & Storage                 | \$1,000.00              | \$1,000.00              | \$1,000.00              | \$1,000.00      | \$1,000.00              | \$0.00                 | \$1,000.00     |
| NS Archives<br>Travel Expenses                  | \$300.00                | \$300.00                | \$300.00                | \$255.72        | \$1,300.00              | \$341.74               | \$1,300.00     |
| Web Assembly Travel                             |                         |                         |                         | 0               | \$1,000.00              | \$0.00                 | \$1,000.00     |
| NS & NL<br>Active Area Comm.                    | \$3,000.00              | \$3,000.00              | \$4,500.00              | \$5,087.40      | \$6,500.00              | \$385.00               | \$ 3,500.00    |
| GSO Guest                                       | \$2,000.00              | \$2,000.00              | \$2,000.00              | \$1,125.60      | \$2,000.00              | \$723.02               | \$2,000.00     |
| Regional Forums/<br>CERAASA                     | \$0.00                  | \$1,500.00              | \$1,500.00              | \$1,184.75      | \$1,500.00              | \$1,000.02             | \$1,500.00     |
| Additional GSO<br>Contribution<br>IF AFFORDABLE | \$0.00                  | \$0.00                  | \$2,500.00              | \$2,500.00      | \$2,500.00              | \$0.00                 | N/11           |
| Bank Charges                                    | \$0.00                  | \$0.00                  | \$0.00                  | \$88.02         | \$100.00                | \$75.68                | \$70.00        |
| TOTALS  | \$21,800.00             | \$23,800.00             | \$27,800.00             | \$24,985.47     | \$32,400.00             | \$16,625.46            | \$26,670.00    |
| PRUDENT RESERVE                                 | \$10,000.00             | \$10,000.00             | \$10,000.00             |                 | 5 7                     | 25 072                 | /              |
| . NODEN RESERVE                                 | 710,000.00              | \$10,000.00             | 210,000.00              | \$10,007.54     | \$10,000.00             | \$10,005.87            | \$10,000.00    |

# Area 82 Finances Financial Statement------Jan.1 to Oct. 2 , 2014

| Opening Balance   |   | \$25,357.05   |  |  |  |  |
|---|---|---------------|--|--|--|--|
| Deposits Contributions Jan 1 to Oct.2 Return of unused budget advances from 2013 Return of unused budget advance from 2014 Return of MCYPAA seed money Proceeds from N.S. service weekend Total   | \$ 1470.00<br>\$ 715.33   | + \$ 20042.93 |  |  |  |  |
| Expenses Check 308 AAWS - GSO Guest Assembly 2013 Check 314 GSO Annual Conference Contribution Check 315 Marilyn R. Delegate Advance Check 316 Tim M. Chair Advance Check 317 Boyd B. Alt.Delegate Advance Check 318 Jocelyn I. Sec. Advance Check 319 Anthony D. Treas. Advance Check 320 Marilyn R. Del. office expenses Check 321 Jocelyn I. Sec. office expenses Check 322 Marilyn R. Regional Forum Advance Check 323 Remote communities Workgroup Check 324 N.S.Archivest to Mid winter Rdup. Check 325 Cansel Re.guidelines Printing Check 326 N.S. Archivest to Prov. Rdup Check 327 Richard B. Re. Assembly Guest Flight Bank charges  Total | \$ 538.48<br>\$ 3000.00<br>\$ 2000.00<br>\$ 2000.00<br>\$ 2000.00<br>\$ 2000.00<br>\$ 500.00<br>\$ 600.00<br>\$ 1500.00<br>\$ 40.00<br>\$ 226.00<br>\$ 345.00<br>\$ 115.74<br>\$ 723.02<br>\$ 75.68 | \$17,663.92   |  |  |  |  |
| Closing Balance   |   | \$28,459.08   |  |  |  |  |
| Less uncleared checks   | \$ 723.02   |               |  |  |  |  |
| Total operating funds   | \$27,736.06   |               |  |  |  |  |
| Prudent Reserve   | \$10,005.87   |               |  |  |  |  |
| Please Note: Contributions to area 82 should include the following 1] group name and service number 2] District numbervery important if you want a receipt 3] Payable to Area 82 NS/NL 4] Sent to Anthony D ,Halifax NS.  |   |               |  |  |  |  |
| Books are available for audit at any time   |   |               |  |  |  |  |
| The Area Committee would like to thank all for their co   | ontributions and  | support       |  |  |  |  |

Yours in fellowship and service----Anthony D.----Area 82 Treasurer ardan26@hotmail.com Tel.